

Unlocking the brain for better learning



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Exploring the Brain**

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Our ability to learn changes with age

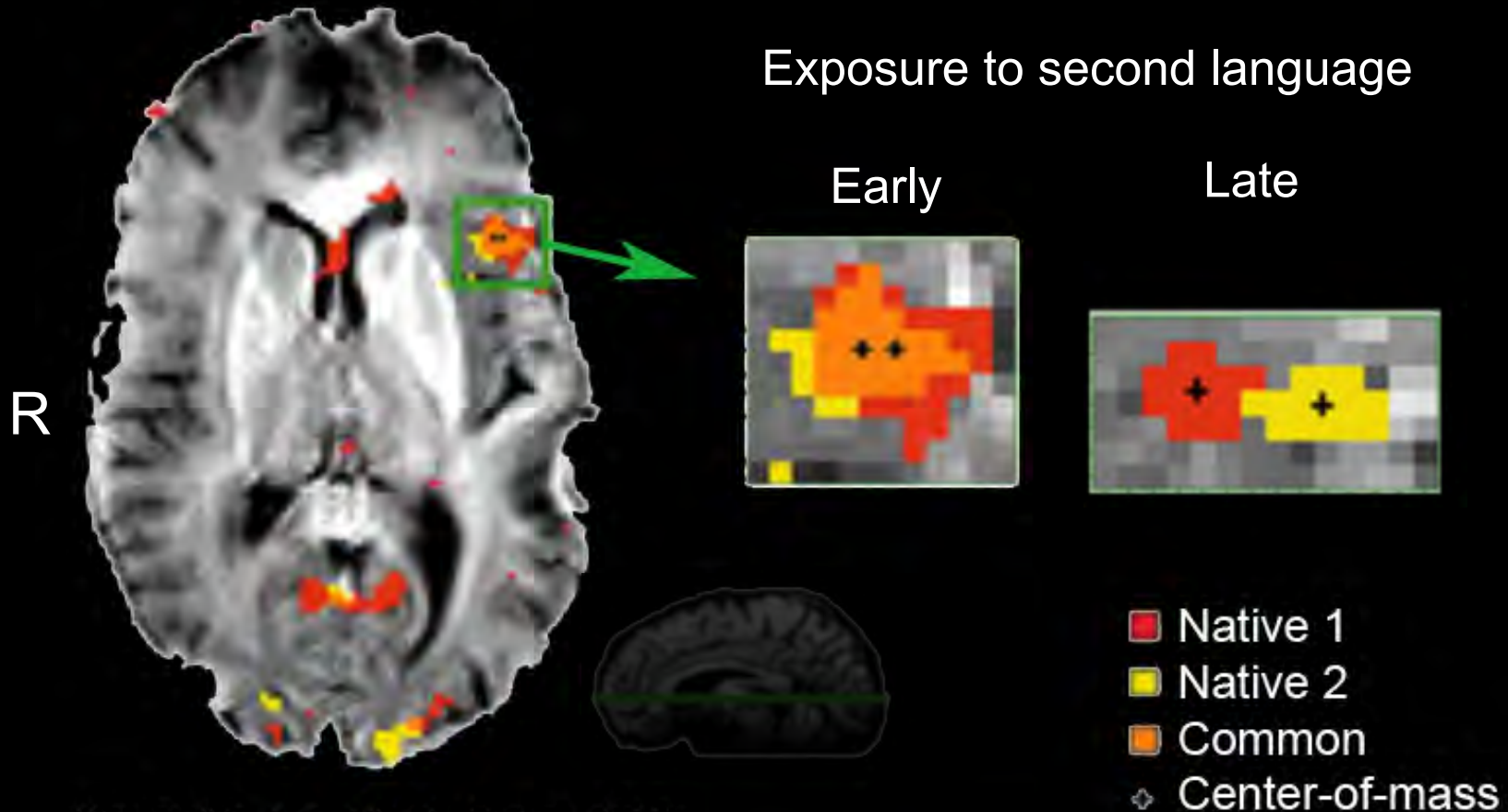
Example: language

Later in life we can learn language, but it is harder and we might retain an accent

The brain changes as it ages

Younger brains are more adaptable to new information- they have greater plasticity

Language Center “Broca’s area” activity in bilingual people



Kim, Relkin, Lee, Hirsch, Nature, 1997

Cortical Reorganization

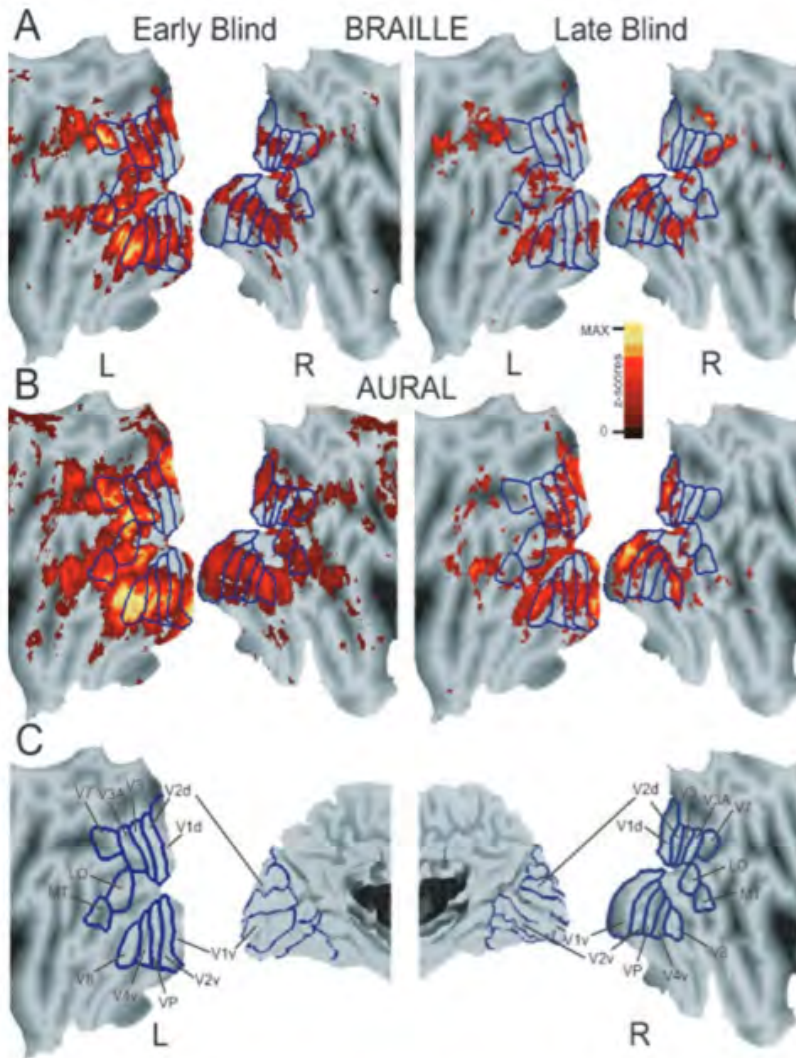


Figure 1. Two-dimensional, flattened views of z-score statistical parameter maps for visual cortex BOLD responses in early and late blind subjects. Maps in A and B were obtained, respectively, when subjects generated verbs to Braille read or heard nouns. A minimum z-score threshold for all maps was 4.5 ($p < 0.05$). Maximum z-score maps for results from multiple blind subjects were 30 and 25.

Visual Cortex Activity in Early and Late Blind People

The Journal of Neuroscience, May 15, 2003, 23(10):4005–4011 -4005

fMRI

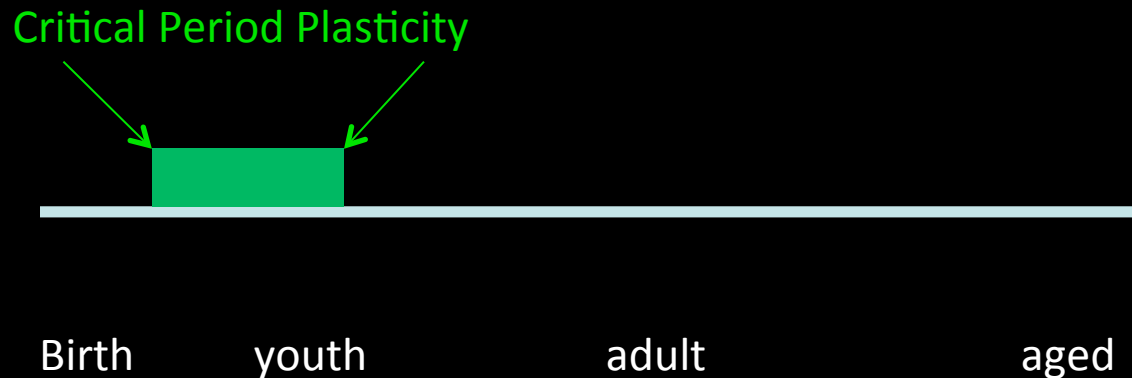
Physical changes occur in our brain as we age

The brain gets wired by early experiences

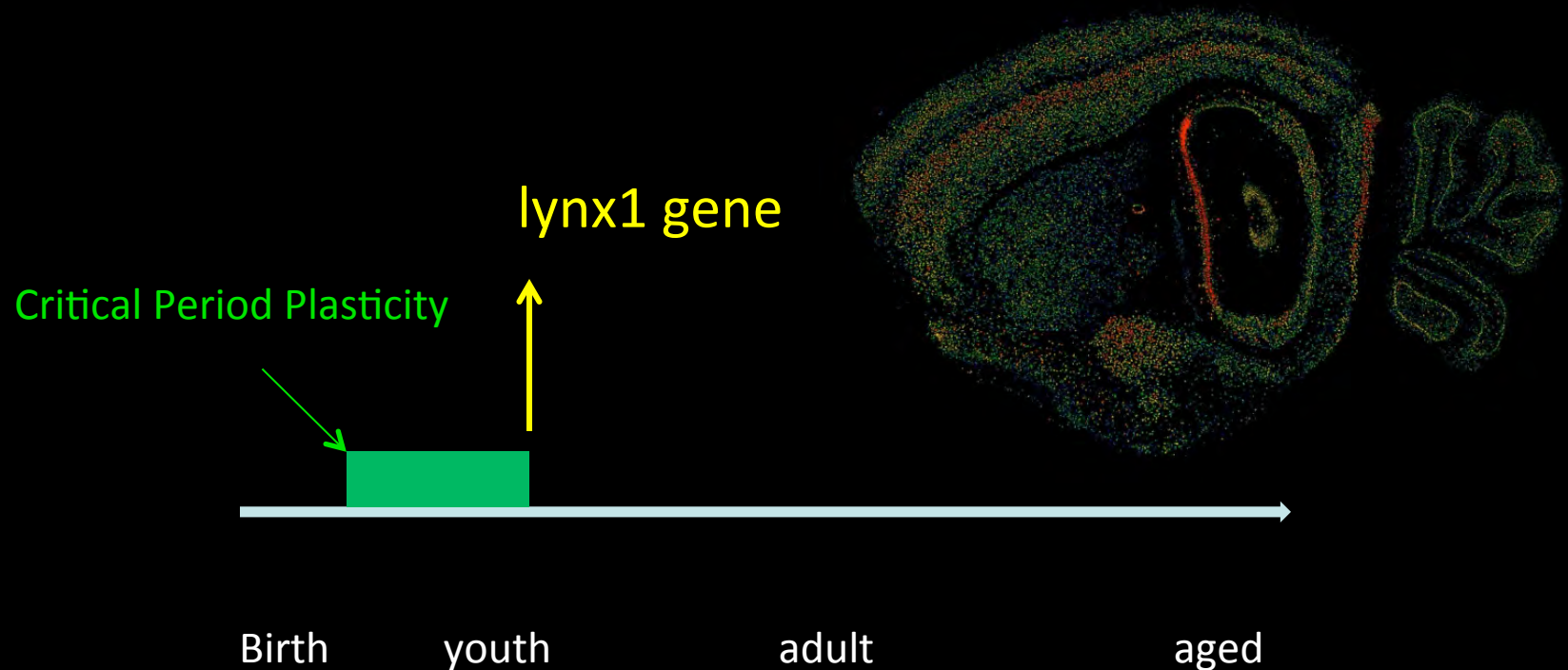
Different regions/functions have different sensitive periods

How does this happen?

It has been known that the sensitive period for robust plasticity – the “critical period closes”, but the mechanism for this is unknown

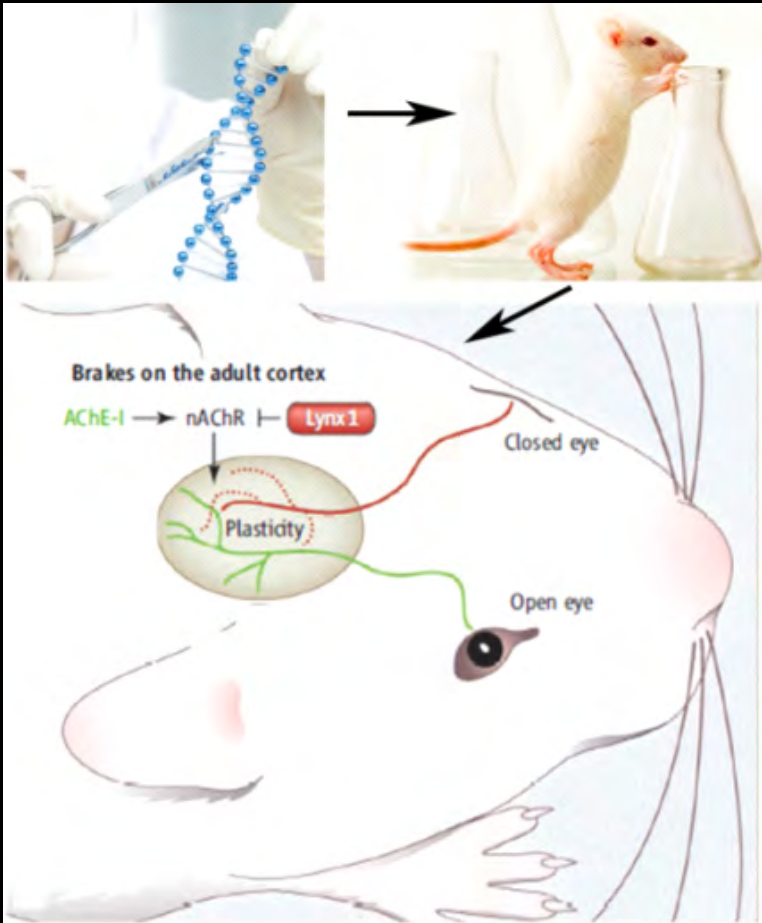


The lynx1 gene, discovered as a graduate student, up-regulates at the closing of the Critical Period in the visual cortex of mice



P19-P33 in mice

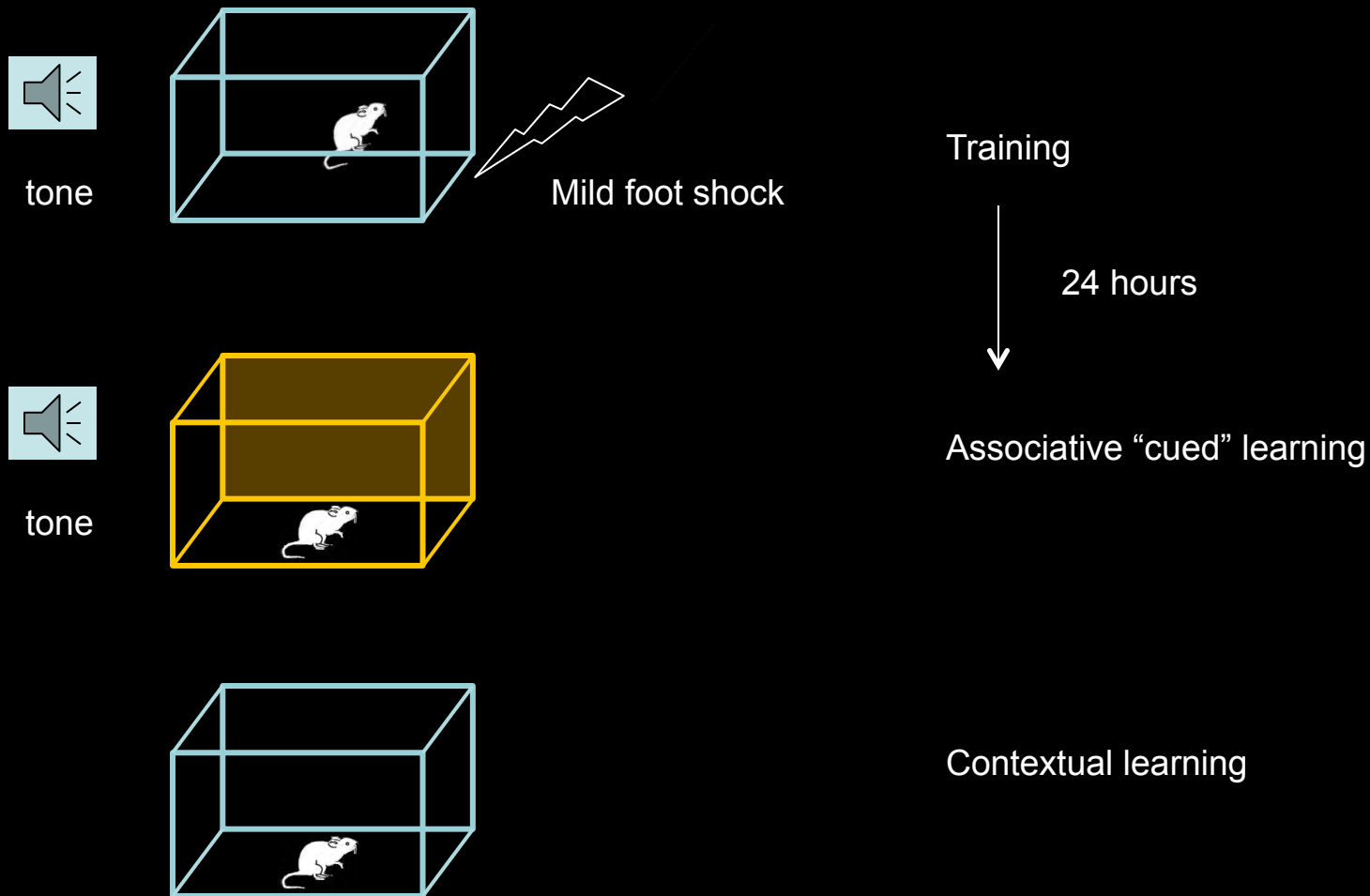
I removed the lynx1 gene through genetic engineering...



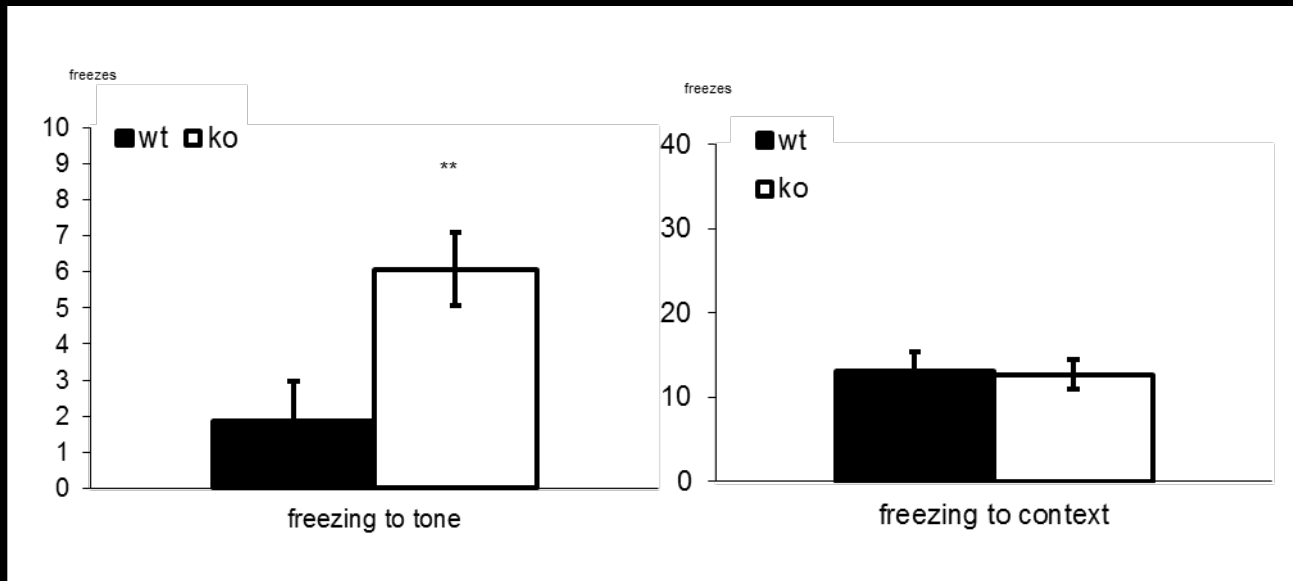
Creating lynx1KO mice

Morishita, Miwa, Heintz, Hensch, Science, 2010
Higgins, Science, (2010)

Classical Fear Conditioning (Associative Learning)

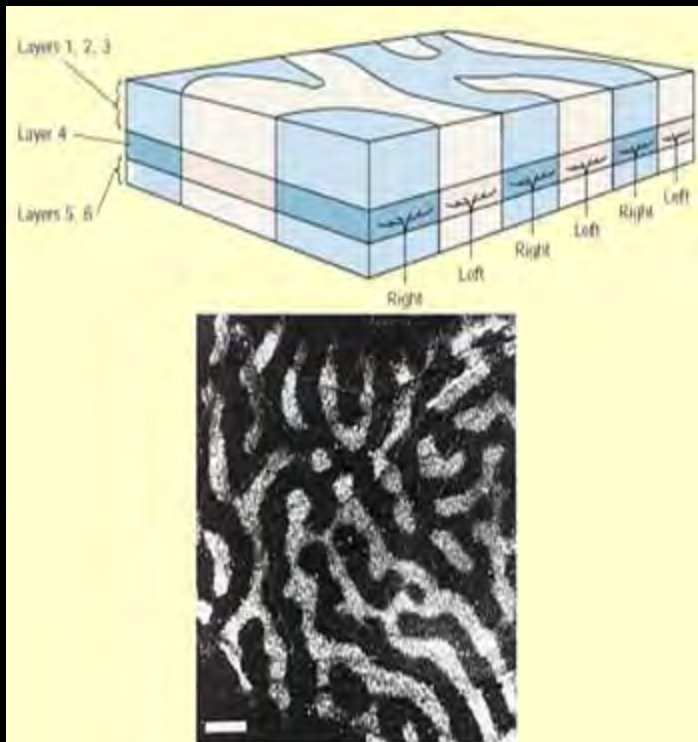


Improved Learning By Increased Cholinergic Tone



lynx1KO mice exhibit enhanced **associative** learning

Another animal study- Critical Period plasticity



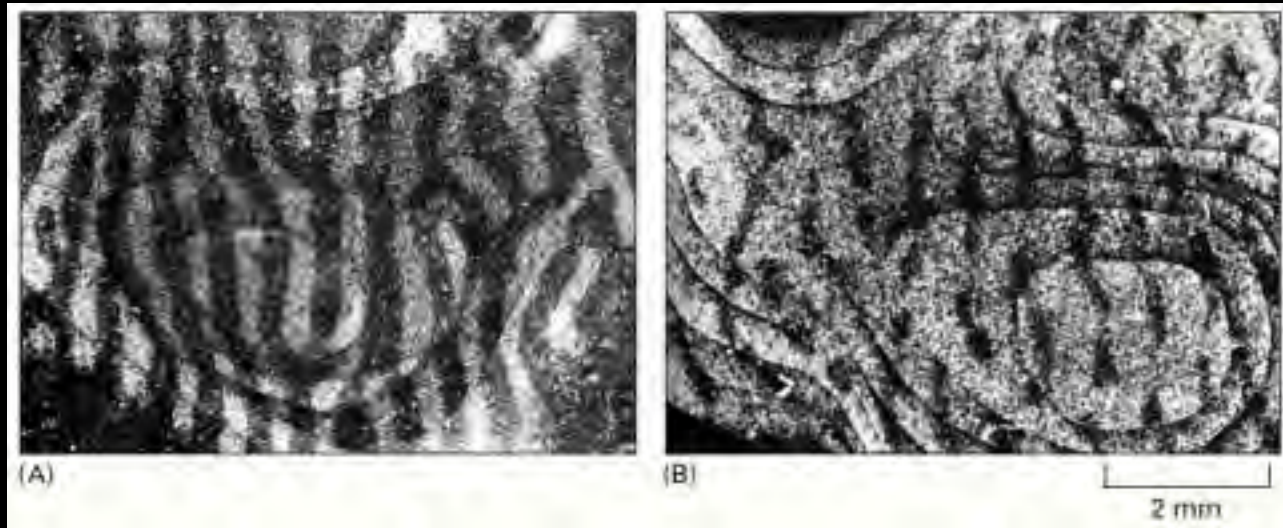
The visual cortex gets input from two eyes

Each eye goes to one column in the visual cortex, creating a banded pattern (right/left)

Input from two eyes compete for cortical territory in the visual cortex

Monkey visual cortex

Critical Period Plasticity

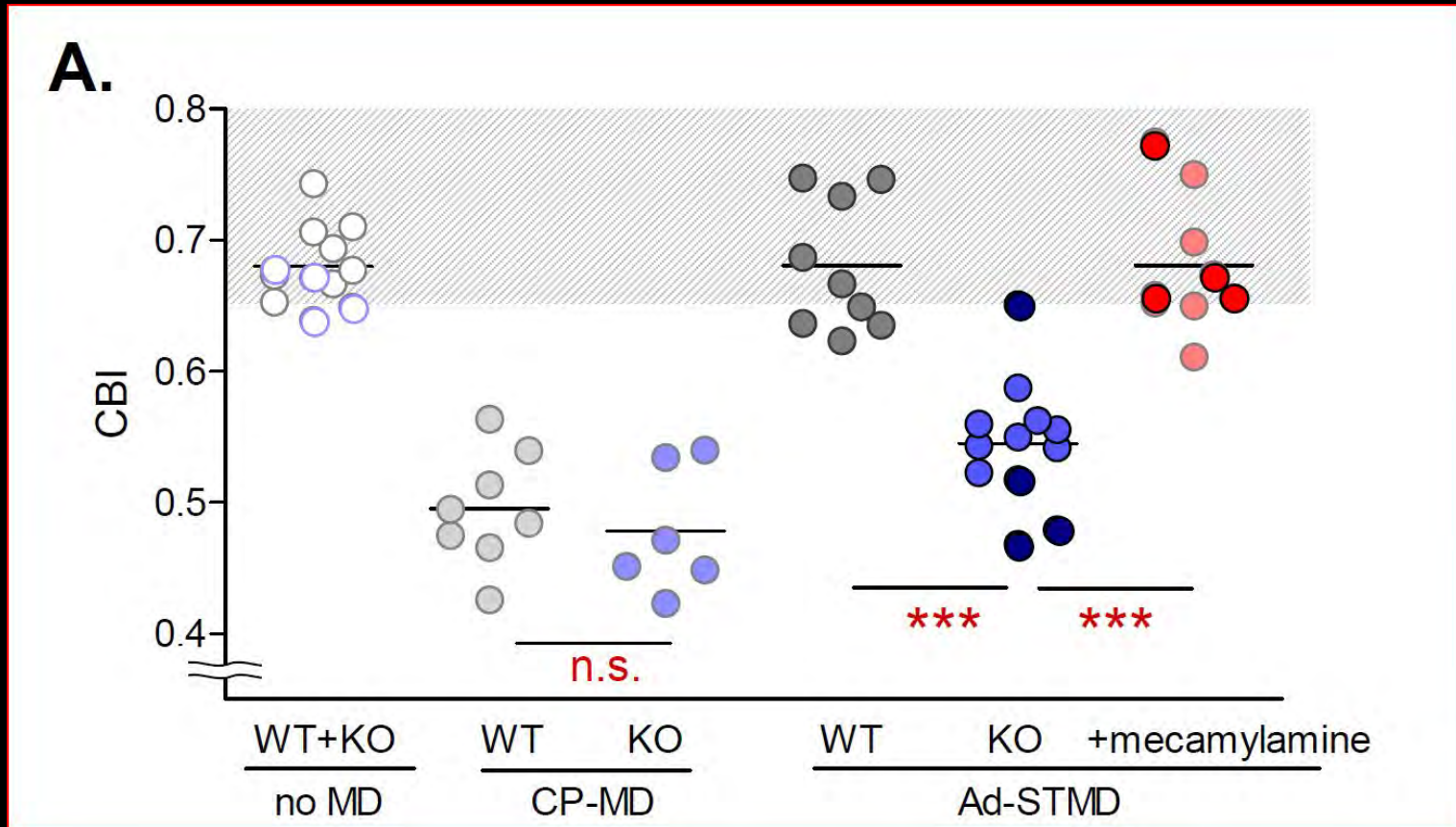


If you close one eye, monocular deprivation (MD), the cortical territory receiving more light input will expand

If you don't correct cross-eyes early in humans (one eye loses the competition), you can lose depth perception

David Hubel and Torsten Wiesel received the Nobel prize for this work in 1981

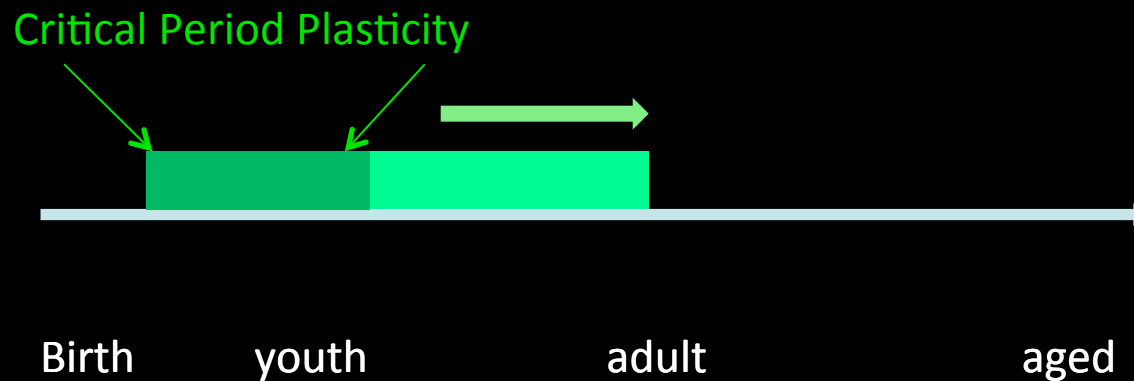
The robust plasticity of the critical period was extended past the normal time frame.



P19-P33 in mice

Morishita, Miwa, Heintz, Hensch, Science, (2010)

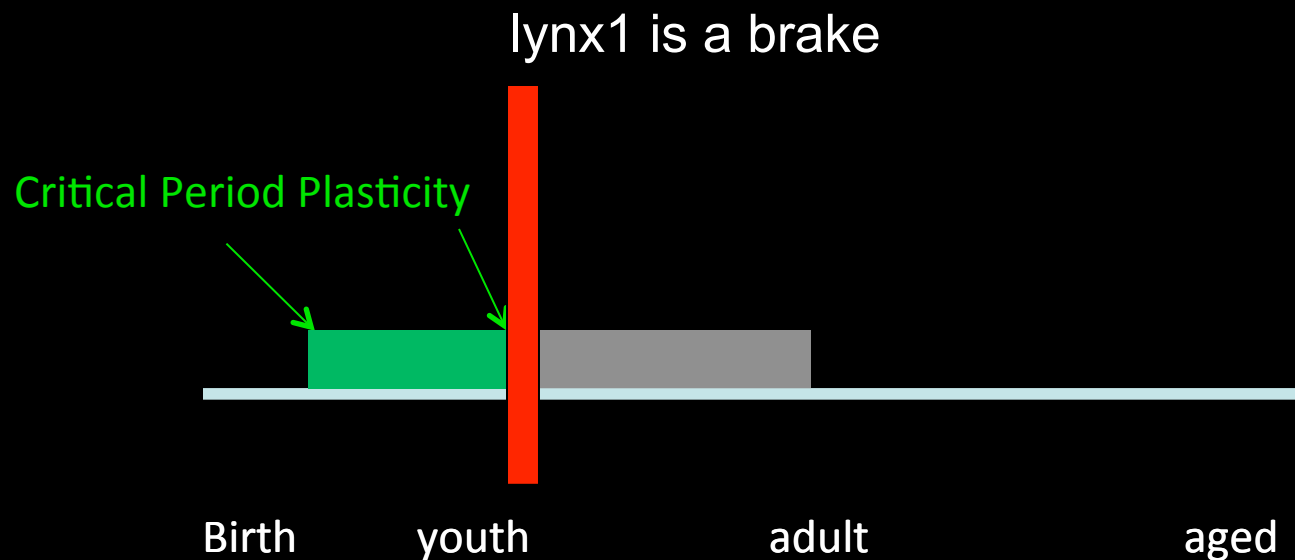
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Morishita, Miwa, Heintz, Hensch, Science, (2010)

P19-P33 in mice

This showed that the lynx1 gene acts as a molecular brake on Critical Period plasticity

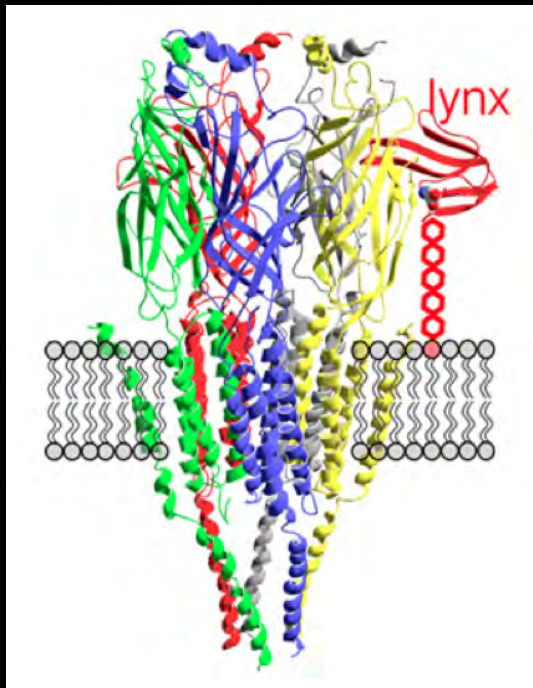


P19-P33 in mice

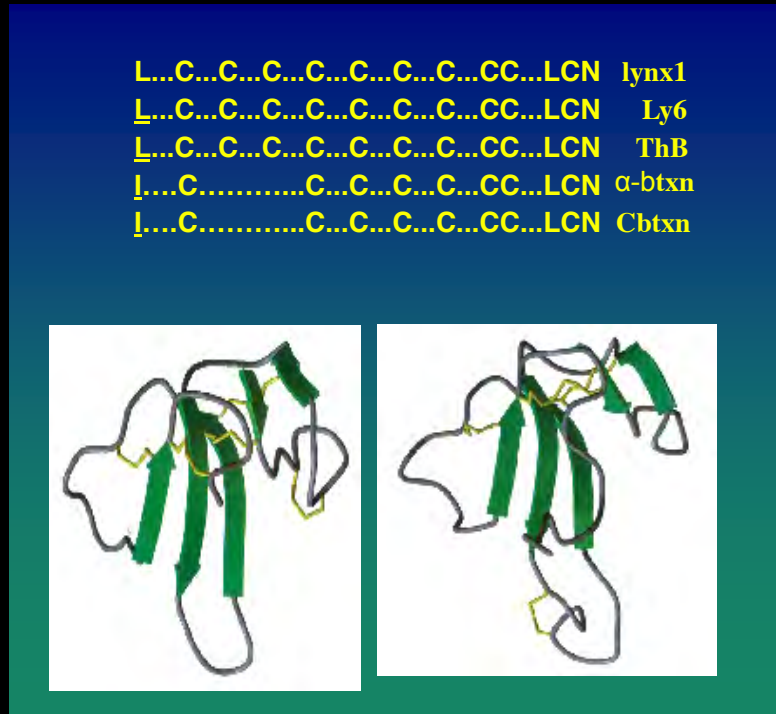
How does lynx suppress learning?

Lynx1 binds nicotinic receptors of the cholinergic system

Lynx1 is similar to snake toxin proteins, which bind on muscle and inhibit



Miwa et al., 70, Neuron 2011



Miwa et al., 23, Neuron 1999

Lynx1 modulates the cholinergic system

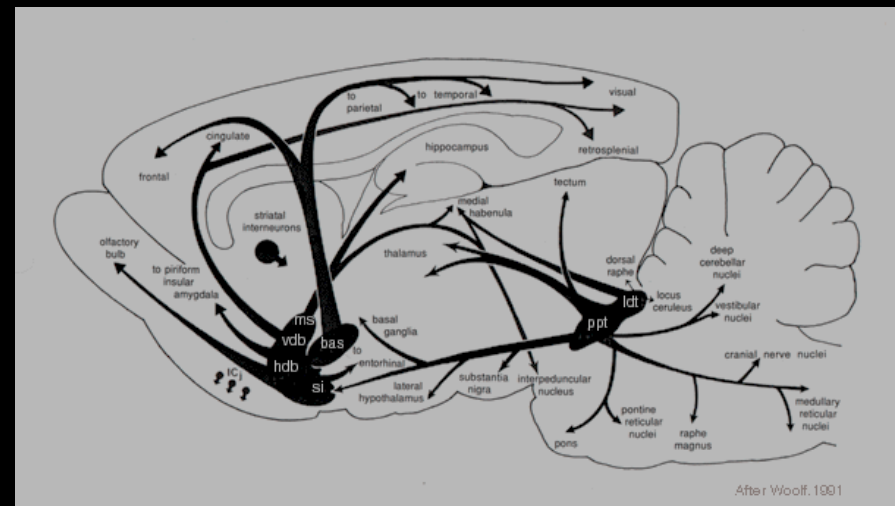
cholinergic neurons

- localized discretely
- project widely
- release the neurotransmitter acetylcholine diffusely

• The cholinergic system can raise brain excitability

The cholinergic system contributes to learning

It operates on a gradient of activation



Optimized Cholinergic Tone

overactivation

neurodegeneration
epilepsies
addiction

optimal

learning and memory
synaptic plasticity
neurotransmitter release
enhancement of attention

learning deficits
dementias
Alzheimer's disease

underactivation

We can also raise cholinergic tone through pharmacology

overactivation

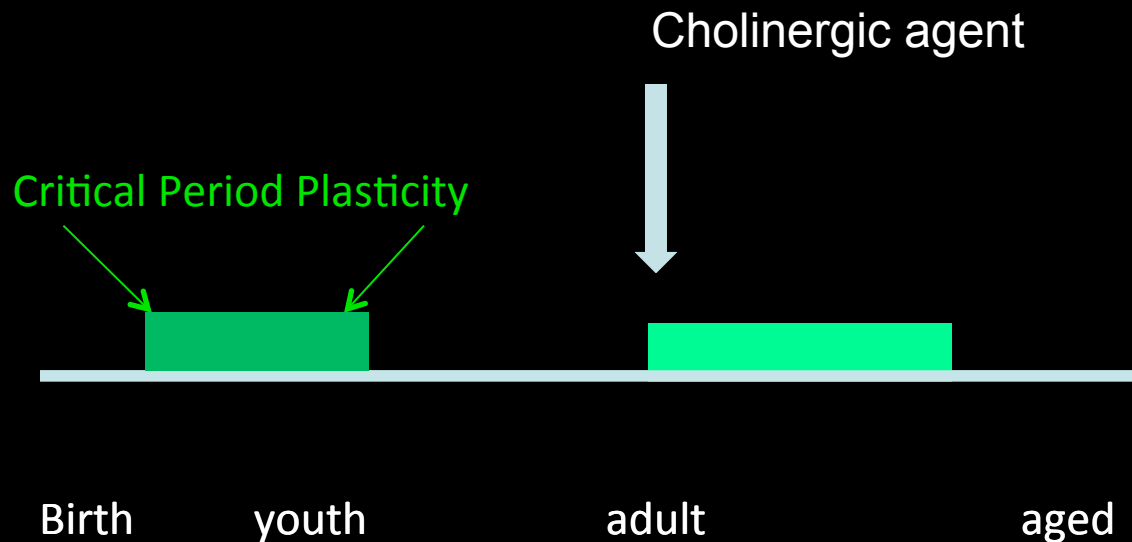
neurodegeneration
epilepsies
addiction

optimal

learning and memory
synaptic plasticity
neurotransmitter release
enhancement of attention

learning deficits
dementias
Alzheimer's disease

Cholinergic agents that raise cholinergic tone can lead to enhanced critical period plasticity in normal adult mice



P19-P33 in mice



This demonstrates that the mechanisms for robust plasticity are still present in the adult brain

Cholinergic activation mediates this plasticity

BUT, that plasticity is suppressed by the presence of lynx modulators

We can also raise cholinergic tone through lynx dosage

overactivation

neurodegeneration
epilepsies
addiction

optimal

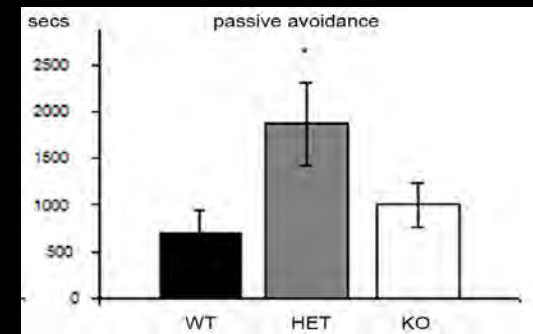
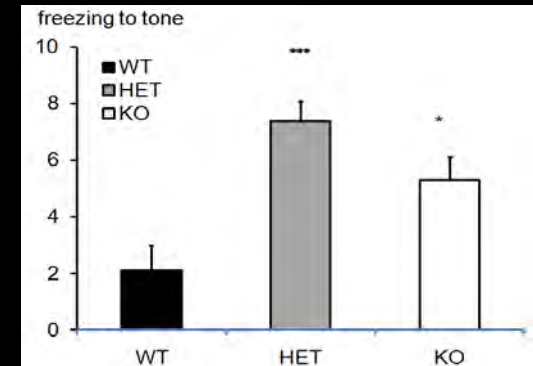
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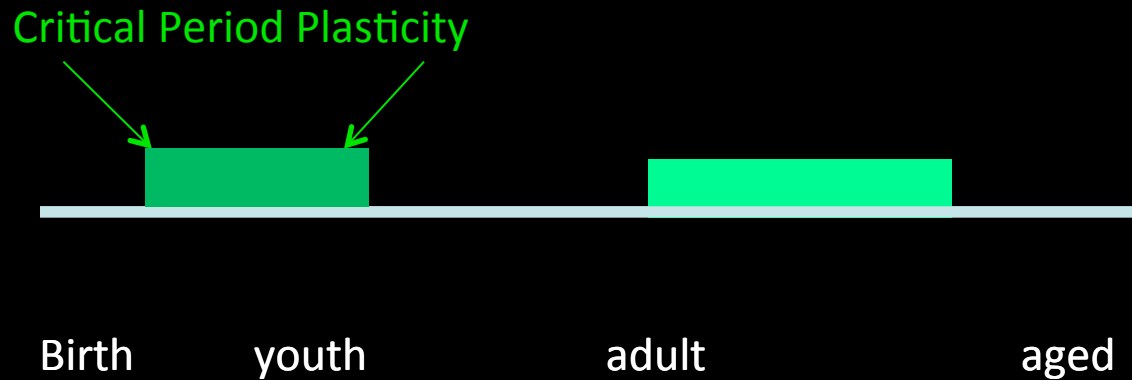
0 copies of lynx

1 copy of lynx

2 copies of lynx



Question: Can we remove the brake (lynx1) and recapture youthful plasticity in humans?



P19-P33 in mice

WHAT

What therapeutic advantages can we achieve if so?

Language learning in stroke

Learning deficits in dementias (Alzheimer's disease)

Traumatic brain injury

HOW

How could we manipulate the lynx1 gene or lynx1 protein for learning benefits?

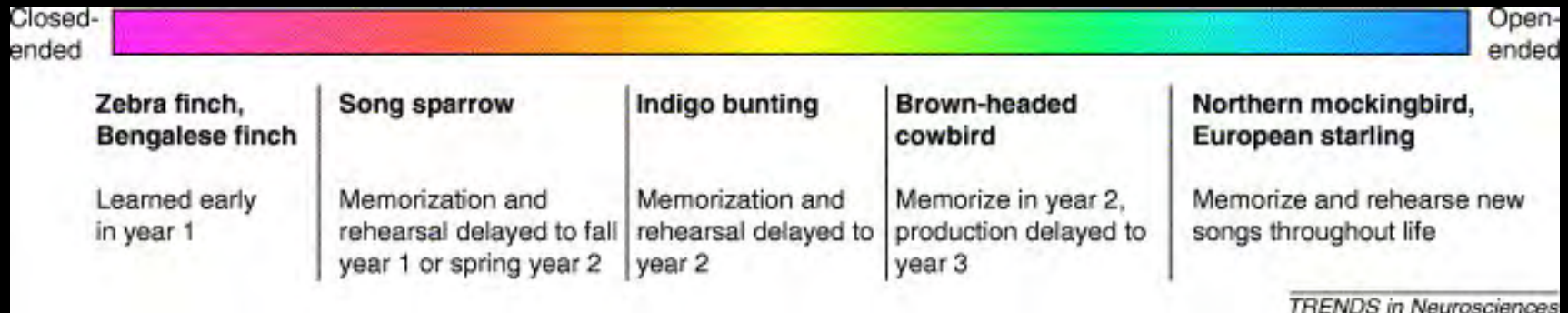
Further genetic manipulation- let animal grow up normally, and remove the lynx1 gene in adulthood

Environmental manipulations of lynx1 (Miwa et al., Physiology, 2012)

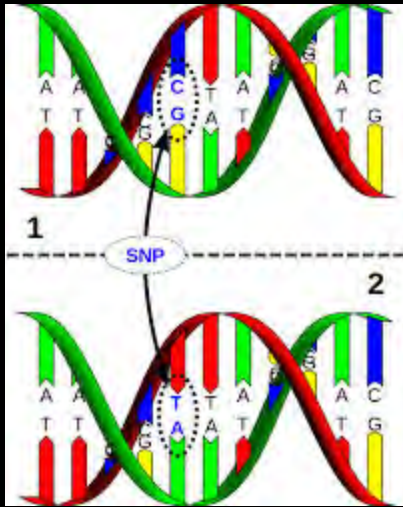
Individual variation in the lynx1 gene in the natural population

Closed ended learners

Open ended learners



What is a SNP? Single Nucleotide Polymorphism



Sequence differences at a defined place in the person's gene

Many are scattered throughout many genes (the genome)

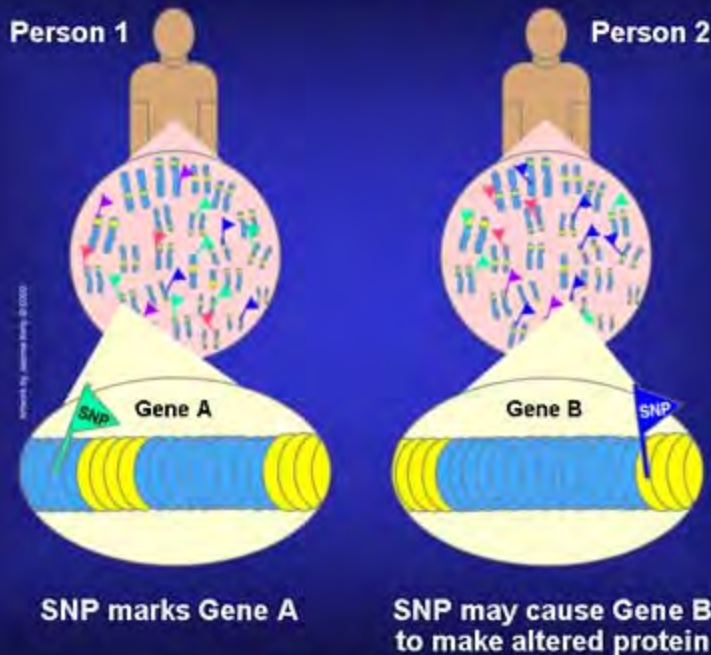
These are inherited mutations


They can exist in the population at different frequencies (1-49%)

They are used in forensic science to identify individuals (DNA fingerprinting)

expression levels (amount of protein)

Why Are SNPs Significant?



 = SNP variations in DNA

NATIONAL
CANCER
INSTITUTE

Regulation (turn the gene on/
off more readily)

the amino acid sequence (protein function)

What if one SNP sequence made the lynx protein less effective?

Have better cognitive flexibility?

GACTTA



GAGTTA



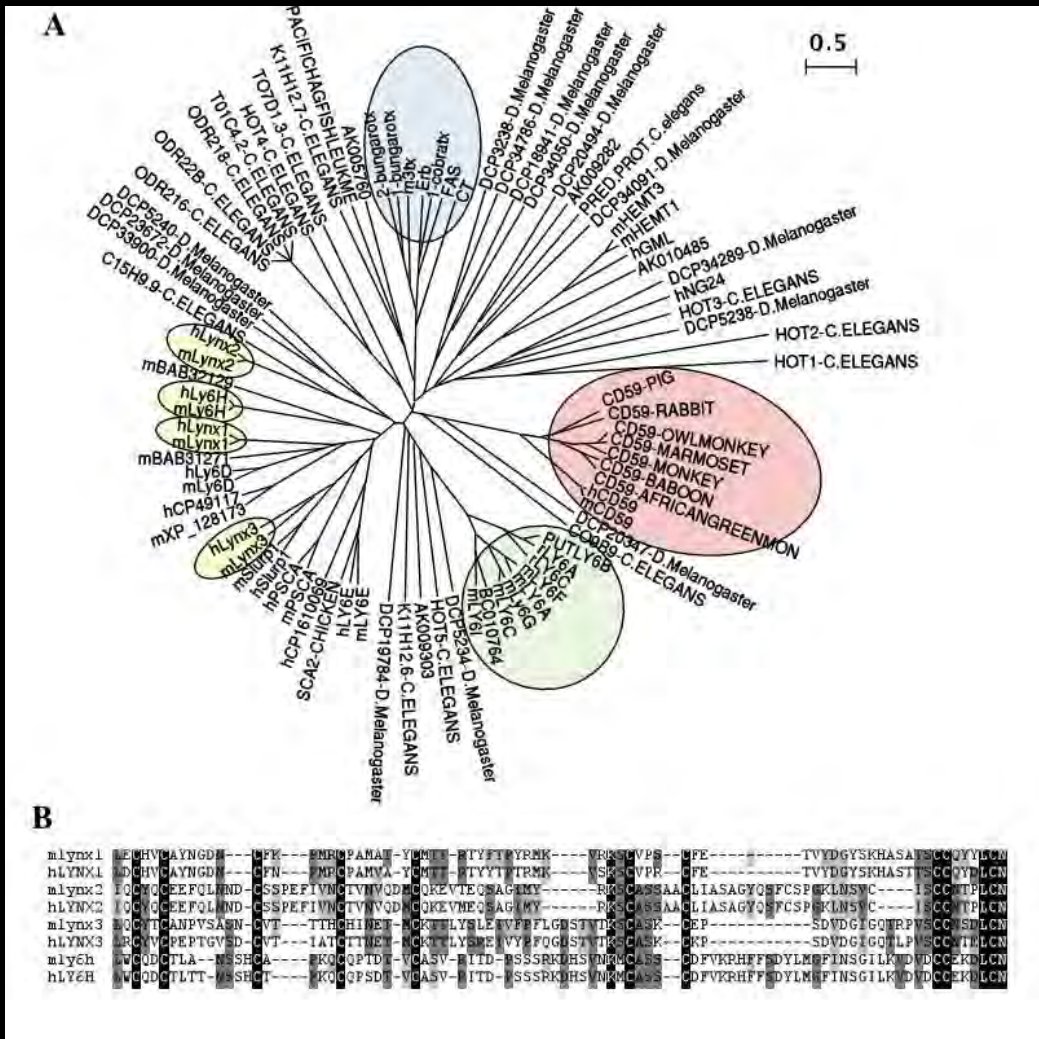
Would that person
learn better?

Be more creative?

The gene superfamily arose by gene duplication and Divergence

Gave rise to snake venom toxin protein through accelerated evolution

The lynx Family

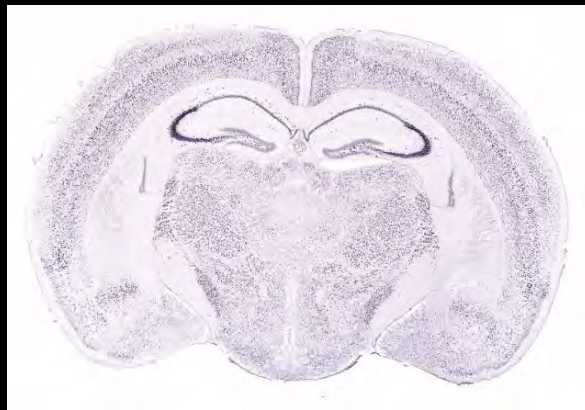
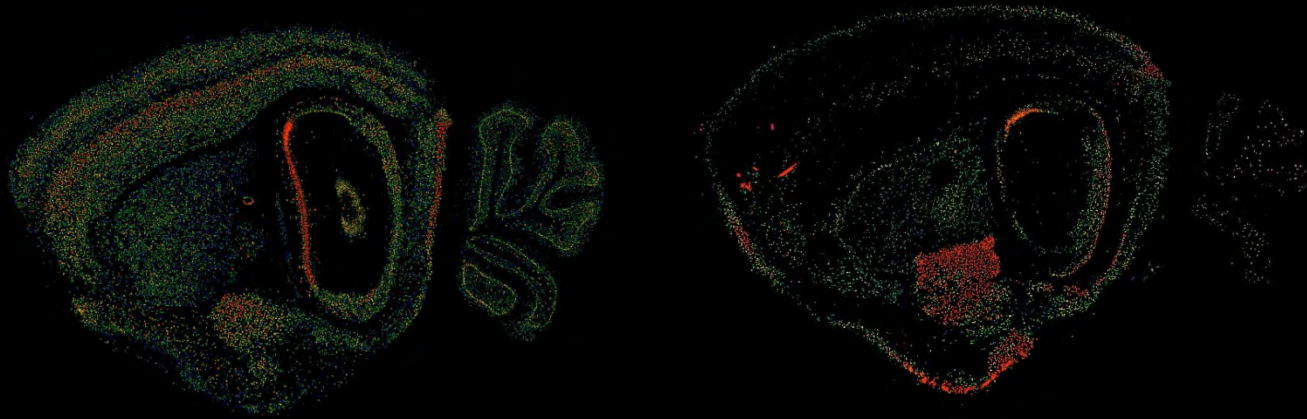


lynx genes are highly conserved

Exist in all animals from *C. elegans* to humans

Most bind to nicotinic receptors

lynx Expression Patterns



lynx1



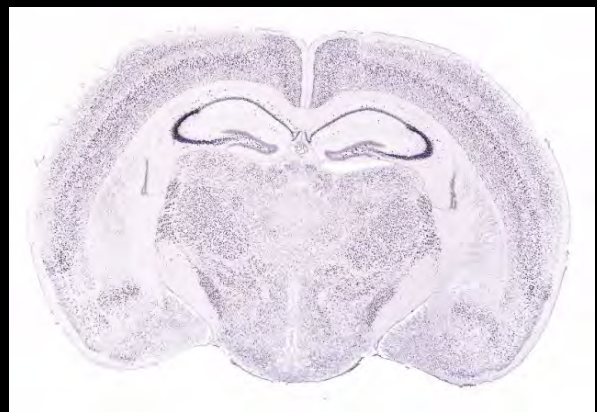
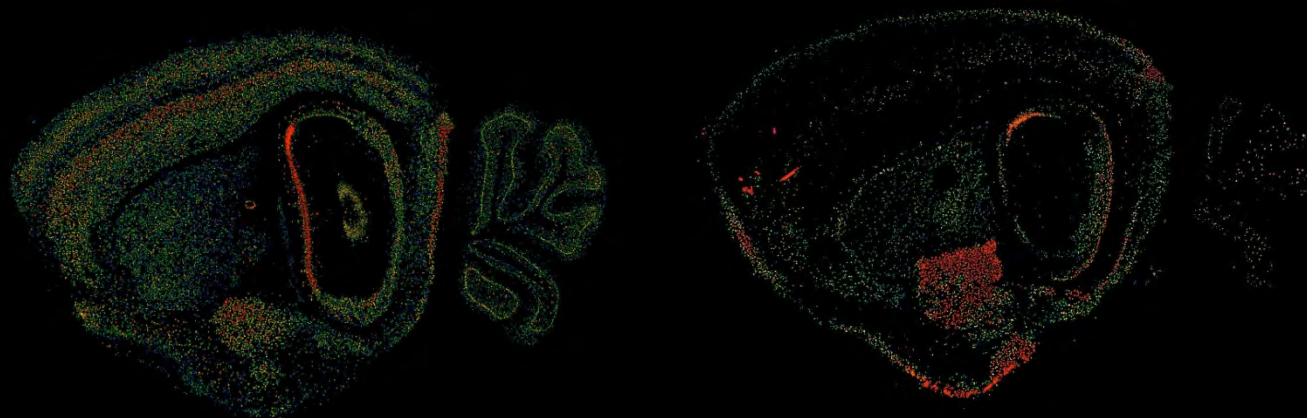
lynx2

amygdala

lynx Binding Specificity

	$\alpha 4\beta 2$	$\alpha 7$	muscle	$\alpha 4\beta 4$	$\alpha 3\beta 4$
lynx1	+++	+++	+	+++	-
lynx2	+++	+	+++	+++	-
lynx5	-	-	-	+	-

lynx Expression Patterns



lynx1

lynx2

Cognition and learning

fear and anxiety

WHY

If lynx1 suppresses cholinergic activity, why have it?

Control cholinergic tone in discrete areas

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Lynx2 electrophysiology

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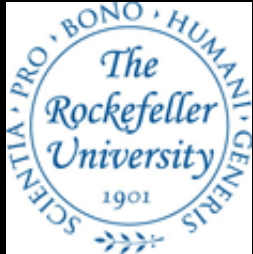
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Lehigh Students

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Former students

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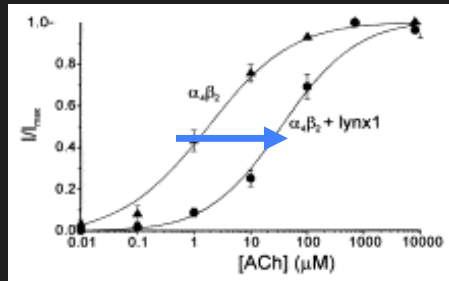
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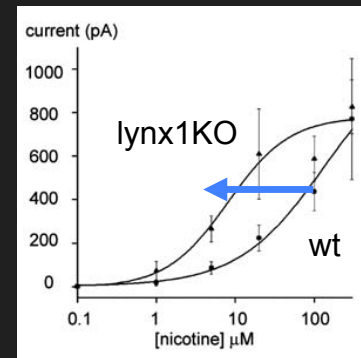
Jacquelin Botello

Julie Miwa
Biological Sciences

lynx Acts As A Molecular Brake



Addition of lynx shifts dose response curve to the right



lynx1 removal shifts dose response curve to the left

Co-expression of lynx with $\alpha 4 \beta 2$ nAChRs:

- reduces sensitive to agonist
- increases desensitization kinetics
- slows recovery from desensitization

