

STAFF AND ATHLETIC TRAINING ROOM SCHEDULE

	<u>Office #</u>	<u>Home #</u>
Jack Foley - Director of Sports Medicine	84332	610-694-9589
Tim Doane - Head Athletics Trainer	86301	610-954-7953
Jamie Engel – Assistant Athletics Trainer	84335	
Jason Jarinko - Assistant Athletics Trainer	86303	610-351-6246
Andrea Legg – Assistant Athletics Trainer	85649	
TBA – Assistant Athletics Trainer	TBA	

TAYLOR GYM ATHLETIC TRAINING ROOM SCHEDULE

MONDAY-FRIDAY 9:00 AM-12:30 PM

SATURDAY AND SUNDAY BY APPOINTMENT ONLY

Only three appointments per time slot may be made by student-athletes. Priority will be given (time and space pending) to in-season student-athletes.

Appointments for rehabilitation are to be scheduled in advance. Walk-ins will not be seen after 2:00 p.m. unless on an EMERGENCY basis.

Sports Medicine closes daily at 12:30 p.m. for office hour and lunch. The Taylor Gym and Varsity House Athletic training rooms will reopen for pre-practice/event preparation year round at 2:00 p.m. All injury rehabilitation should take place during the morning hours of operation unless scheduled in advance due to extenuating circumstances.

Please be advised that after 2:00 p.m., Staff Athletic Trainers may be covering team practices and may not be available for treatments, unless special arrangements are made!

Athletic Injury and Illness Policy

Intercollegiate Athletics Medical Eligibility

1. **All first year** (freshmen, new transfer, and walk-on student-athletes) and **third year** student-athletes must pass a brief physical exam, conducted by the Lehigh University Health Center Physicians, before the athlete will be allowed to participate in any team activity. The physical examination is effective for the duration of two years. Therefore, each student-athlete will have two exams in a four-year career.
2. All student-athletes must have a completed PPQ (pre-participation questionnaire) and Insurance Information Form on file with Sports Medicine before they are cleared to participate on a team. The insurance form must be completed even if the student has purchased the student accident and sickness insurance policy.
3. Following any injury or illness, the medical staff or the team physician may reexamine any athlete and change the athlete's status at any time.

4. **All first year**, (freshmen, new or transfer), and any upperclass student athlete with orthopedic injuries incurred in the previous year must get an orthopedic exam performed by a member of the Sports Medicine staff prior to participation. **Walk-on** athletes will receive their orthopedic exam after they have made the team and before the team's first competition.
5. A participant with special conditions may be examined by the appropriate specialist when referred by the medical staff. All pertinent information/paperwork should be submitted to the Sports Medicine office as soon as possible.
6. Any failure to report special conditions listed above releases Lehigh University from any liability in the event of another injury caused by the unreported condition.
7. Loss of one of the paired organs (kidney, eye, etc.) may disqualify a student athlete from participation in intercollegiate athletics. You will be required to sign, along with your parents, a waiver form written by Lehigh Counsel.

Medical Treatment

1. The athlete should report all injuries or illnesses to the Sports Medicine Office as soon as possible, during championship, other, or outside of playing segment.
2. The athletic trainers will evaluate and provide treatment or refer the athlete to the team physician or the Health Center.
3. Any appointment with the physicians, dentists, or specialists other than university physicians will be made through the Sports Medicine or Health Center staff, except in emergency cases.
4. Treatments will be given by an athletic trainer in one of the following three facilities: (a) Taylor Gym, (b) Varsity House, (c) Goodman Stadium.

Athletic Training Room Policies

1. Athletic training room hours will be posted.
2. Treatments are available to all intercollegiate athletes. However, temporary conditions may require in-season athletes to have priority.
3. Proper attire is mandatory, as all athletic training rooms are co-ed facilities.
4. Treatments and taping must be applied by an athletic trainer.
5. All equipment and supplies must remain in the athletic training room unless permission is given to remove by an athletic trainer.
6. Failure of athletes to attend treatments will be acknowledged as a lack of desire to return to full participation. Athletes must notify the Sports Medicine Staff if they are unable to keep a scheduled appointment.
7. Cleats, spikes, bags or other personal belongings are not permitted in the athletic training room.
8. Equipment or supplies loaned by Sports Medicine and not returned will be billed through the Bursar's Office.
9. No food or drink is to be allowed in the Taylor Gym, Varsity House, or stadium athletic training rooms.
10. Appointments for rehabilitation are to be scheduled in advance. Walk-ins will not be seen during the afternoon hours unless on an emergency basis.

Insurance Information

All student-athletes must be covered under their parent's insurance plan, or have purchased their own insurance policy. Lehigh University recommends the Student Accident and Sickness Insurance Policy for those individuals. Details of this plan and instructions for enrollment will be included in the Fall tuition mailing from the Bursar's Office.

The first \$2,000 of any claim is the responsibility of the student-athlete or his/her parents. The Lehigh Athletics Department does not directly pay for any insurance claims. If bills exceed \$2,000, University Health Plan's Athletic Excess Policy will pay 100% of the covered expenses up to \$50,000. If you have any questions about any of this information, please feel free to call University Health Plans at 1-800-437-6448. (www.universityhealthplans.com)

Practice or Game Participation

Decisions concerning the availability of an athlete for practice or game competition shall be the sole responsibility of the Sports Medicine Staff.

Out of Season Injury or Illness

1. The Athletic Department will not be responsible for injuries or illnesses where the student-athlete is not actively engaged in a formal official game or practice during the "other" or "outside of playing season" segments.
2. **Absolutely no charges** can be made at Muhlenberg or St. Luke's Hospitals and billed to the Athletic Department without the authorization of the Director of Sports Medicine.

Injury Evaluations

Those athletes requiring an injury evaluation need to make an appointment in the Athletic Training Room according to the posted schedule. This will provide adequate time for the Sports Medicine Staff to perform a thorough evaluation. If for some reason a student-athlete cannot make his/her scheduled appointment, a phone call is requested. Special arrangements can be made for those student-athletes with a class schedule conflict. Walk-in appointments will be accommodated when possible (space and time pending) during our morning hours, however, **in-season student-athletes with regularly scheduled appointments will be given first priority. Walk-ins will not be seen during the afternoon hours unless on an emergency basis.**