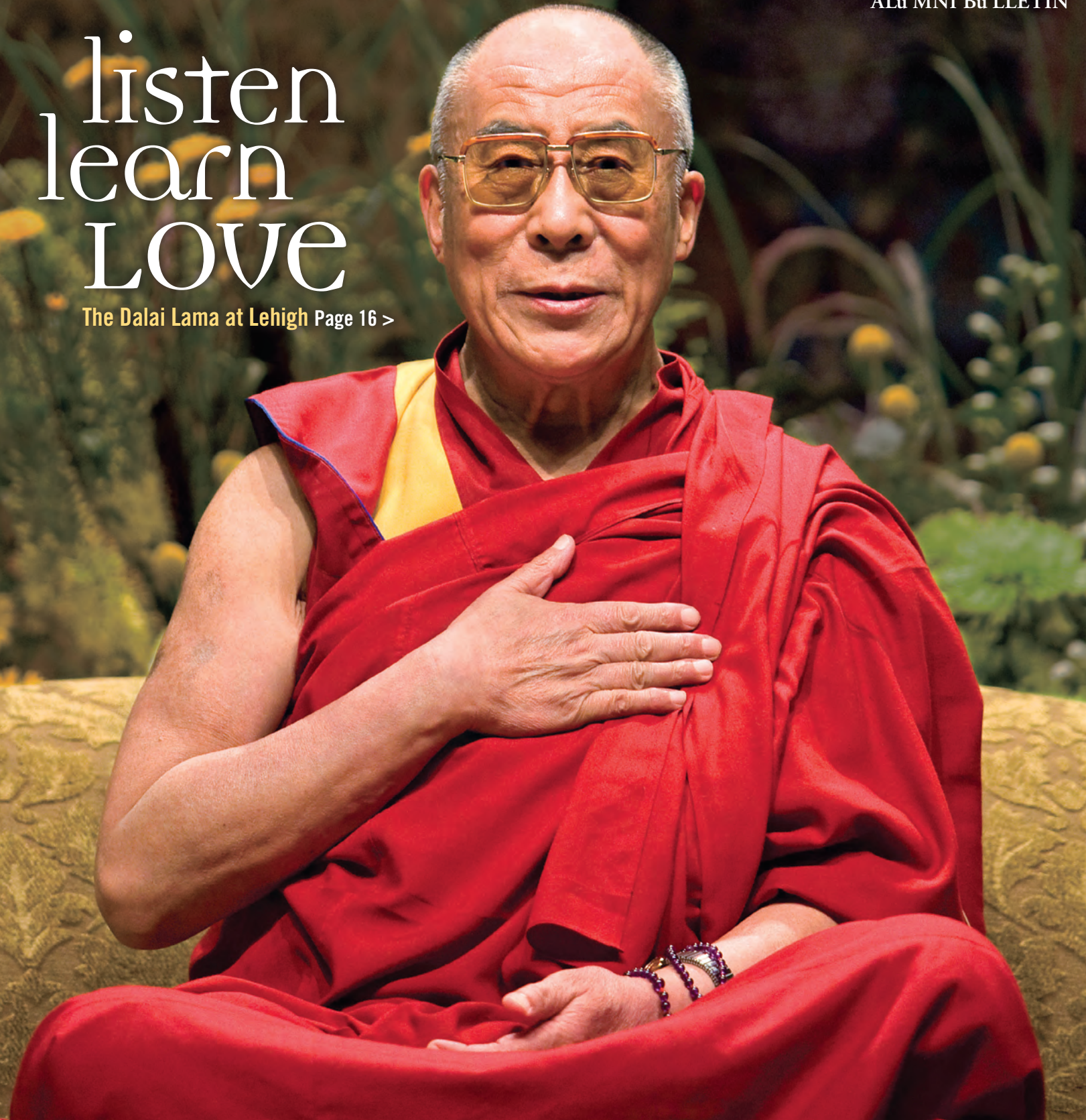


LEHIGH

ALU MNI BU LLETIN

listen
learn
Love

The Dalai Lama at Lehigh Page 16 >





Caruso over Kinnisley
2.2.4.



Arguably the finest wrestler in Lehigh history, Mike Caruso '67, now a member of Lehigh's board of trustees, won three consecutive NCAA wrestling titles and finished his career with a collegiate record of 57-1. To commemorate Lehigh's 100th season of wrestling this winter, we've included a timeline of Lehigh's most memorable moments on the mat in this issue of the Alumni Bulletin. See page 31.

PHOTO COURTESY OF LEHIGH UNIVERSITY SPECIAL COLLECTIONS

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ENHANCING LEHIGH'S INTELLECTUAL FOOTPRINT

As we celebrated the graduation of the Class of 2008 in a steady rain, I reflected on what an accomplished group they are and what a challenging world they are entering...

That world came to Lehigh's doorstep in the past year as our community expanded its intellectual boundaries to learn about the culture of Tibet and the teachings of Tibetan Buddhism. The culmination of this exploration occurred with the visit and teachings of the Dalai Lama that are documented so beautifully in this issue.

The Class of 2008, like those that preceded them, benefited from Lehigh's important integration of teaching, research, and residential life that the study of Tibet exemplified. Research and residential education do not end at the campus boundary; they span the world as Lehigh students, faculty, and staff embark on studies, internships, field work, and collaborations abroad. International learning also occurs in our classrooms and residences through connections with our international students. International undergraduates represent almost 6 percent of the class of 2012—a record for the university.

Looking to the future, we must ask ourselves how we can best continue providing the intellectual challenges and experiences needed for our students to excel in an increasingly interconnected world full of complex problems. We believe that the answer lies in our close integration of research, teaching, and residential education. Leading scholars bring the latest knowledge into the classroom and invite students to explore open-ended problems.

We strengthened this integration of research, teaching, and residential education in August with the creation of two important leadership positions and the start of construction of an important new facility—all aimed at enhancing the university's intellectual footprint.

We announced the formation of the position of Vice President for International Affairs, a key step toward making international experiences a signature of a Lehigh education and preparing our students to work with diverse groups of people in a global economy. This important post will be filled by current Provost Mohamed El-Aasser, whose expertise in international affairs and understanding of the global aspirations of our students, faculty, and staff make him ideally suited to lead this important initiative. A search will be conducted to fill the position of provost.

We also created the position of Vice President and Associate Provost for Research and Graduate Studies, who will champion research, scholarly and creative work, and graduate studies across the university. The vice president will support faculty and staff as they pursue their research, mobilize interdisciplinary teams to take on new collaborative projects,



and distribute seed and ignition funds for innovative research ideas.

Research and teaching will come together in our Science, Technology, Environment, Policy & Society building, or STEPS as it is known on campus, when it is completed in 2010. This \$62 million facility will bring faculty, staff, and students from the sciences, engineering, humanities, and social sciences together to focus on pressing global environmental and energy issues. STEPS will also be the place where introductory chemistry, biology, and environmental science laboratories will bring our residential undergraduate students into

the research and graduate education environment.

The STEPS facility builds on our core institutional strengths and is among our highest priorities. I would like to thank those who have come forward with leadership gifts for this project. Like any program of this size and scope, we are counting on the continued strong support from our alumni, parents, and friends to make the STEPS initiative a cornerstone of the Lehigh experience.

We will hold the ceremonial groundbreaking for the STEPS building on Founders Day, Oct. 16. This will also be a day to recognize our new assistant vice president for alumni relations, Robert W. Wolfenden. Bob has been part of the Lehigh family since 1995 and worked with Chris Marshall and the LUAA Board to shape our terrific alumni program. Bob will continue to blend the best of our traditions with progressive programming to bring world-class opportunities to our alumni community.

Setting high standards for teaching, research, and residential education is an evolving process fueled by a changing world. We are fulfilling this responsibility to strengthen these features by enhancing the university's intellectual footprint so that we continue to educate future leaders and create the knowledge needed to address increasingly complex world problems.

The actions we are taking now to prepare for tomorrow will help Lehigh continue to inspire future leaders like our new alums, Victoria Berenholz, Dev Chanchani, and Ahmed Salim, who are featured in this *Alumni Bulletin*, to apply their knowledge to better the world.

Alice P. Gast, *President*

LEHIGH

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LETTERS TO THE EDITOR

We want to hear from you. Please keep your letters to 200 words or less, and send them to: Letters to the Editor, Lehigh Alumni Bulletin, 125 Goodman Drive, Bethlehem, PA 18015-3754. Or e-mail your letter to: letters@lehigh.edu.



PHOTO BY DOUGLAS BENEDET

CASINO IS NOT APPROPRIATE

I just recently read about Las Vegas Sands Corp.'s plans to build a casino, hotel, and retail complex on the former Bethlehem Steel site on the South Side. It made me very unhappy. I don't think it is at all appropriate. It is too bad the city of Bethlehem didn't move to stop such a plan. The area around a university town should not include a casino. I am sure many other alumni from Lehigh and Moravian would agree with me.

Mary Jane Capozzoli Ingui '85G

EMBARRASSING ERROR

I could not believe my eyes! When reading the "Hats Off to Lehigh" caption, I realized that you misspelled the name of the man whose estate donated "the single largest gift in Lehigh history." I could spend several minutes reproving you for this, but what's the point? Once you realized, I'm sure you felt badly enough.

I will be interested to read how you recover from this very embarrassing error.
Cindy Sowinski, MBA '00

ONE "L-ISH" MISTAKE

I was somewhat dismayed when I opened to the first page of the Spring 2008 *Alumni Bulletin*. Maybe it was my fine engineering education that made me a stickler for accuracy in the details, but I was troubled to see the name of one of Lehigh's greatest benefactors misspelled in the photo caption. I do not envy the one responsible for that copyediting gaffe, but that was one "L-ish" mistake.

I believe the *Alumni Bulletin* staff has raised our expectations for perfection in your editorial skills. While I cannot recall any other typographical errors I have ever noticed, this was an unfortunate one.

(I think there is a backhanded compliment in there somewhere.)

Rev. Robert J. Rentler '79

EDITOR'S NOTE: We appreciate Rev. Rentler's compliment, backhanded or otherwise. We clearly fell well short of perfection in allowing a typographical error to appear in the item regarding Donald B. Stabler '30, '32G. We regret the error.

ON CAMPUS

giving



STABLER GIFT WILL HELP STUDENTS REALIZE THEIR DREAMS

Lehigh University wasn't the only school that helped shape the late Donald B. Stabler '30, '32G. He also attributed his success in life to the school of "hard knocks."

"As far as success itself, you have to keep things in proper perspective or else you could get a little impressed with yourself," Stabler once told Cyril C. Dunmire Jr., who succeeded Stabler as chairman, CEO, and treasurer of Stabler Companies Inc. "I came up the hard way. That's the best way. I never had a silver spoon and I like it that way. You recognize everything for what it is."

One of the things that Stabler and his wife, Dorothy L. Stabler, always recognized was the value of a Lehigh education.

"I credit Lehigh for instilling in me the ability to think, that is, to be able to set my brain to work," he said in a Lehigh Career Services newsletter in 1984. "Lehigh taught me the basics, including how and where to get the answers, then made it clear that only I could exercise the reasoning necessary to get results."

Thanks to Stabler's historic generosity, students for generations to come will be able to attend Lehigh—regardless of their financial circumstances.

In May, Lehigh President Alice P. Gast accepted a record \$34.2 million gift on behalf of the university from Stabler's estate. The bequest, which is the largest single gift in Lehigh's history, will enable the Donald B. and Dorothy L. Stabler Endowed Scholarship Fund "to give students the amazing gift of a Lehigh education," Dunmire said during the presentation ceremony, held in the Rotunda of Linderman Library.

"This gift will enable deserving young people who could only dream of studying at

Lehigh to realize these dreams," Gast said. "Most importantly, armed with what they learn at Lehigh, Stabler Scholars will make a discernible difference in the world."

As alumni, trustees, university leaders, faculty, staff, and students applauded and cheered, Dunmire presented Gast an oversized check for \$34.2 million.

The Donald B. and Dorothy L. Stabler Endowed Scholarship Fund was established by the Stablers in 1965. Through the decades, the scholarship fund has helped some 250 students attend Lehigh. Currently, there are 32 Stabler Scholars at Lehigh.

"We believe we'll be able to double or triple the number of current Stabler Scholars," Gast said during a press conference following the announcement. That means 60 to 90 current students will now benefit from the need-based scholarship, the amount of which varies depending on a student's financial circumstances.

Referring to Stabler, Dunmire said: "He believed in the power of education, and that each generation should extend a helping hand to those that followed. He and Mrs. Stabler lived this ideal through their personal giving and through the work of the Stabler Foundation."

In addition to the Stabler Endowed Scholarship Fund,

Donald Stabler and his wife, the former Dorothy L. Witwer, whom he married in 1952, funded the Stabler Teaching Award and the Dorothy L. Stabler Tower Room of Iacocca Hall on Lehigh's Mountaintop Campus. They were also the lead donors to the Stabler Athletic and Convocation Center, dedicated in December 1979. The facility, one of the largest of its kind in the East when it was built, provides a venue for athletic events, graduations, reunions, and entertainment for



Cyril Dunmire (right), former chairman, CEO, and treasurer of Stabler Companies Inc., shakes hands with Lehigh President Alice P. Gast.

PHOTOS BY DOUGLAS BENEDECT

both Lehigh University and residents of the Lehigh Valley.

“During their lifetime and through the Stabler Foundation, they have given Lehigh a total of \$42 million,” Gast said.

Dunmire recalled Stabler as someone who “dedicated his life to leadership and service, and had a powerful work ethic. Tough-minded, but willing to listen, he was demanding of others, but even more demanding of himself. He credited Lehigh with giving him the ability to learn, and to think.”

Stabler was a member of Lehigh’s board of trustees for more than 30 years, serving as a corporate member and as a chairman of the Development Committee. During his two-year term as president of Lehigh’s alumni association, he traveled almost 20,000 miles to visit 30 alumni clubs, more than any other alumni president.

And, Gast quipped in remarks at a luncheon following the announcement, “that was in the period before frequent flyer miles.”

In 1972, he received the New York Alumni Club’s prestigious “L-in-Life Award.”

Stabler’s father grew up on a Pennsylvania farm and later attended business school, becoming a circulation director for *Grit* magazine.

Stabler earned a bachelor’s degree in civil engineering in 1930 and a master’s in civil engineering in 1932, both from Lehigh. As a Lehigh student, he was involved in wrestling, the student branch of the American Society of Civil Engineers, honorary fraternity Pi Delta Epsilon, the Freshman Handbook, the Lehigh Review, and the Senior Cabinet.

After graduation, Stabler worked with a Harrisburg, Pa., contractor for \$15 a week. In 1940, with just \$1,300 in savings, he founded the Stabler Construction Company in Harrisburg. The company grew into Stabler Companies Inc., which included 13 subsidiaries involved in businesses such as highway construction; quarrying of stone, sand, and gravel; bituminous and Portland cement concrete manufacturing; the manufacture, sale, and servicing of highway safety equipment; and real estate development.

Stabler relied on the keen judgment and business sense of several other prominent Lehigh alumni who served on the board of directors of Stabler Companies Inc. for many years: Edward G. Uhl ’40, David H. Schaper ’43, William C. Hittinger ’44, the late



David Schaper ’43, Robert McCann ’52, William Hittinger ’44, and William Clayton ’51 attended the ceremony and reminisced about their friend and colleague Donald Stabler ’30, ’32G.

Harold S. Mohler ’48, William L. Clayton ’51, and Robert M. McCann ’52.

Schaper, Hittinger, Clayton, and McCann attended the ceremony, and shared brief anecdotes about Stabler at the luncheon.

Stabler’s work was his passion, and he continued to work six-and-a-half-days a week until he was 88 years old. Stabler served as chairman of the board of Stabler Companies Inc. until his death on Dec. 30, 1997. On his death, his wife became a vice president and director of Stabler Companies Inc. and its subsidiaries. She passed away in February 2005. Stabler Companies Inc. was sold to the New Enterprise Stone & Lime Co. Inc. in January 2008.

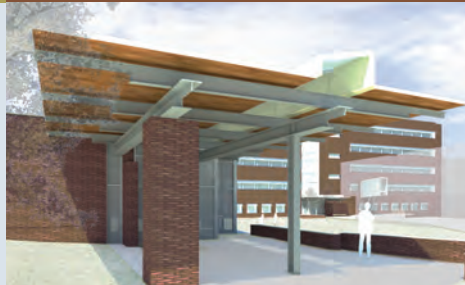
In 1965, after the Stablers’ teenage daughter Beverly suffered traumatic head injuries

in a car accident caused by a drunk driver, they founded the Donald B. and Dorothy L. Stabler Foundation to support central Pennsylvania colleges, hospitals, and numerous other charities.

Stabler received a number of honorary degrees in recognition of his business success and philanthropy. In 1974, Lehigh awarded him an honorary doctorate (LL.D.). In 1981, the Dickinson School of Law awarded him an honorary Doctorate of Laws (LL.D.). In 1995, Susquehanna University awarded both Donald and Dorothy Stabler honorary doctorates (L.H.D.).

Previously, the largest gift to Lehigh had been \$25 million from Peter C. Rossin ’48, to name the P.C. Rossin College of Engineering and Applied Science in 1998.—*Jack Croft*

LEHIGH STEPS IN THE RIGHT DIRECTION



A ceremonial groundbreaking for the new 135,000-square-foot Science, Technology, Environment, Policy & Society (STEPS) building will be held on Founder’s Day on Oct. 16.

The multidisciplinary STEPS initiative will include the new facility as well as the creation of endowed chairs for faculty; undergraduate research fellowships to provide opportunities for meaningful research in related fields; and endowed graduate fellowships for pre-doctoral students in related fields.

For the latest information, please visit the Lehigh News Center online at www.lehigh.edu/news and look for full coverage of the groundbreaking in the Winter issue of the *Alumni Bulletin*.

religion

NEWMAN CENTER, HILLEL SOCIETY FIND RENEWAL

Over the summer, two of Lehigh's enduring religious organizations—the Newman Center and the Hillel Society—were on the move.

As a result of the Diocese of Allentown's parish restructuring plan, the Newman Center, which housed Catholic Campus Ministry at Lehigh, moved to more spacious quarters at nearby Holy Ghost Parish.



Rev. Wayne E. Killian believes the move will give Lehigh students an opportunity to engage with the local community.

Meanwhile, the Hillel Society, a student-run organization that encourages and strengthens the continuity of Jewish values among the university's Jewish students, hired former attorney and ordained Rabbi Seth Goren as its first full-time director.

University chaplain Lloyd Steffen notes that the Newman Center's move, along with Goren's arrival on campus and other initiatives in the planning stages, signals that spiritual affairs at Lehigh are undergoing positive changes.

"We'll have some new invigoration in our religious life here," Steffen says. "Religious groups remain active and engaged."

The former Newman Center is now the Office of Catholic Campus Ministry of Lehigh University at Holy Ghost Parish, located on the western edge of the university's campus. The shift means more space for student activities as well as greater worshipping options.

The Holy Ghost complex includes four buildings; Lehigh students will use a facility to be called Newman Hall.

"It's to our advantage," says Newman Center director Rev. Wayne E. Killian, who is now Holy Ghost's pastor. "It's a large building, so the students will have plenty of space, and it will be open to their convenience, whenever they want to use it, all day, every day."

The Newman Association and Newman Foundation will continue in their current forms.

"These new quarters will allow us to expand our programming to fit the needs of the students and the community parishioners," says Scott Wojciechowski '09, the Newman Council's vice president for activities and membership. "I love the duality of the

parish—serving Bethlehemites and Lehigh students. This partnership between the university and the diocese will be in perfect lockstep with the continual improvement of community relations."

Goren will also expand programming at Hillel, which was led for 20 years by part-time directors hired by the foundation that owns the Jewish Student Center on Summit Street.

"The fact that the university really seemed to be making a push to take Jewish student life to the next level was incredibly attractive," says Goren, who was ordained a rabbi in May 2007.

After years as an associate practicing consumer protection and human rights law—what he calls "good guy law"—Goren was intellectually stimulated. But his participation in his local Jewish community got him truly excited.

"I loved it," he says. "I felt passionate about the work I was doing, and at some point I re-

alized, hey, I could be doing this for my job."

Goren left his firm and went to rabbinical school, the first step in a journey that brought him to Lehigh University.

Michael Butensky '11, Hillel's president and a member of the search committee, believes Goren's leadership will enliven the group and increase Jewish participation in on-campus activities.

"There are 500 students we're not reaching," Butensky says. "With this full-time director, we'll be able to reach out to them and get them down there to increase our attendance at events."

Lehigh trustee Nancy Berman, director of the Philip and Muriel Berman Foundation, a longtime university benefactor, praises Butensky and other Hillel students for "doing a wonderful job of programming and creating a very viable organization," adding that a full-time director will give the society "someone who could be called upon and could integrate into the university on a deep level of meaning and could really think through what's the best Hillel could do for the university."—*Tom Durso*



Seth Goren became the first full-time director of the Hillel Society in June.

PHOTOS BY DOUGLAS BENEDETT

political science

FACES OF THE FALLEN

As you turn down the hallway on the second floor of Maginnes Hall, the corridor walls quickly capture your attention. From floor to ceiling, secured behind Plexiglas, are photos of the now more than 4,000 U.S. soldiers killed in Iraq.

Some fresh-faced men and women are beaming with huge smiles. Others, with a more serious pose, brandish their weapons. Each photo is accompanied by the age, unit, and hometown of the fallen soldier as well as the details surrounding his or her death. Many of the soldiers—a 20-year-old from Hamilton, N.J.; a 19-year-old from Andover, N.H.; or a 21-year-old from Levittown, Pa.—are of college age and could just as easily have been attending Lehigh rather than conducting combat operations or working security duty.

The wall is a personal project for Lehigh political science professor Ted Morgan, who first discovered the pictorial tally on CNN.com.

Morgan spent many evenings and Sundays printing and carefully securing hundreds of pages to the corridor walls in sequential order. Today, much of the wall space in two Maginnes corridors is covered with the faces.

“4,000 is just a number, but these are all the faces,” says Morgan. “This is a war and these are some of the human beings who’ve died in it.”

Despite any personal sentiments, Morgan says his intention for the project is not anti-war. “I am clearly against the war. But my aim wasn’t that you should be against the war, but

that you should think about it, be aware of it,” he says. “Whether people agree or disagree, not thinking about the war’s human costs allows the government a lot more leeway and keeps the war out of public discussion.”

As a college freshman during the Vietnam era, Morgan not only noticed the earliest on-campus war protests, he initially ridiculed them. But those protests quickly brought a growing awareness of what the Vietnam War was like. “This started an educational process for me that led me to a very different opinion about the war. This awareness is a critical part of a student’s political education,” he says, noting that the classroom can easily become detached from war.

Today, Morgan’s research focuses on political sociology, democratic theory, and propaganda and mass communications. His undergraduate class “Movements and Legacies of the 1960s” provides Lehigh students with the opportunity to draw coming-of-age comparisons between their generation and that of their parents.

As Morgan noted while constructing the wall, faces or hometowns often jump out to visitors to the Maginnes corridors. Occasionally, students will find a name or face from their own hometown. “They’re all little connections,” Morgan says of these individuals. “This is a way to connect with the war. If you don’t see the human cost of the war in both Iraq and our own country, to say nothing of the economic cost, it’s much easier to be pulled into political rhetoric that says we’re there and we need to see this through.” —*Tricia Long*



Ted Morgan wants Lehigh students to be aware of the human cost of the Iraqi war.

PHOTO BY DOUGLAS BENEDICT

LEHIGH RANKS AMONG NATION'S BEST

U.S. News & World Report has once again recognized Lehigh as one of the nation’s outstanding research universities. Lehigh was ranked 35th in the magazine’s 2009 “Guide to America’s Best Colleges.”

Lehigh achieved distinction in several key categories, including alumni giving (18th), student selectivity (25th), and graduation and retention rate (32nd). In addition, Lehigh was ranked 27th in the nation for “best value.”

Among the best undergraduate engineering programs whose highest degree is a Ph.D., Lehigh’s P.C. Rossin College of Engineering and Applied Science ranked 38th in the country.

“Lehigh University has tremendous momentum, built upon outstanding faculty and researchers who engage students both inside and outside the classroom,” says Lehigh President Alice P. Gast. “We understand these rankings can offer a starting point for students as they consider various colleges and universities, but we certainly encourage them to visit our campus and learn more about us so they can discover what makes Lehigh such a compelling and exciting place to learn and grow.”

Upon graduation, Lehigh students excel. In 2007, within six months of graduation, 99 percent of Lehigh students were employed; enrolled in graduate school; pursuing military careers; traveling; or pursuing other career-related opportunities.

“We offer a rich learning environment that inspires our students,” says Carl O. Moses, deputy provost for academic affairs. “Students use technology in the classroom, gain hands-on experience in state-of-the-art teaching and laboratory spaces, and explore the world through unique study abroad and travel experiences.” —*Tricia Long*



COMMENCEMENT 2008

Lehigh's May commencement ceremony was held under a mixed bag of weather, including 40-mile-per-hour wind gusts, ominous storm clouds, some sun, and then a soaking shower. That day, 1,091 bachelor's degrees were conferred, along with 519 master's degrees, 98 doctoral degrees, and three education specialist (Ed.S.) degrees.

Honorary degrees were bestowed on 2008 commencement speaker Bill Amelio '79, president and CEO of computer giant Lenovo Group Ltd.; baccalaureate speaker Robert A.F. Thurman, a renowned Buddhist scholar; mathematician Michael P. Mortell, professor emeritus of University College in Cork, Ireland; and the Kenyan women's rights advocate Phoebe Asiyo.



PHOTOS BY THEO ANDERSON



university relations

MCGRAIL NAMED COMMUNICATIONS VP

Frederick J. McGrail became Lehigh University's vice president for communications on July 28. Previously, McGrail was the director of communications and public relations at Northeastern University.

"Fred is a great addition to the university's senior leadership team," said President Alice P. Gast. "He brings a strategic approach to communications and broad insights about higher education. He has a very successful record as a leader in the field of communications and marketing."

In his new role, McGrail serves as Lehigh's senior communications officer, responsible for leading efforts in developing communications that advance the university's reputation, key initiatives, and academic mission.

"In meeting with President Gast, the search committee, and others in the Lehigh community, I was tremendously impressed by their energy, passion, and commitment to the university and its mission," McGrail said. "I am excited about leading the effort to showcase the outstanding work of Lehigh faculty and students and build upon the university's already strong reputation."



PHOTO BY DOUGLAS BENEDEC

At Northeastern, he developed and executed a marketing and communications strategy that enhanced the university's national reputation and provided greater visibility to its academic achievements. He also oversaw improvements in Northeastern's internal and online communications.

Before Northeastern, McGrail worked at a Boston-based communications agency and at large corporations, including CVS/Caremark Inc., where he led corporate communications for 13 years.

"This is an important role for Lehigh University, and it was critical that we find the right person for it," said Joseph Sterrett, Murray H. Goodman Dean of Athletics, who chaired the search committee. "It was vital that we spent the time necessary to find a person that was a great fit for the position and a great fit for Lehigh. We believe we found that in Fred McGrail." —Tom Durso

WOLFENDEN TAKES ALUMNI REINS



Robert W. Wolfenden was recently named Lehigh's assistant vice president for alumni relations. He is responsible for managing the Lehigh University Alumni Association (LUAA) and leading programs for more than 60,000 Lehigh graduates. He also oversees annual giving programs.

"I am humbled to lead LUAA and the Lehigh Fund—who engage and support a tremendously devoted volunteer population," Wolfenden said. "Through them, I am confident our combined talents and visions will propel Lehigh and its ideals for decades to come."

Wolfenden served as an Army officer for more than 20 years. He came to Lehigh in 1995 when the U.S. Army assigned him to command the ROTC detachment. After retiring, Wolfenden worked in the admissions office and, since December 2001, as LUAA's director of alumni benefits and services. He earned his undergraduate degree from Norwich University and a master's of education from Providence College.

"I am confident Bob will carry on the mission of encouraging Lehigh alumni to stay connected, engaged, and involved with their alma mater and with each other," said Joseph P. Kender Jr. '87, '93, vice president for advancement. "His exceptional leadership ability will serve Lehigh University, LUAA, and the Advancement Office extremely well." —Duffy Ross

RESEARCH

biological sciences

BETTER MENTAL HEALTH WITH FEWER SIDE EFFECTS

The blues. The dumps. Melancholy. Moodiness. Depression wears many names and approximately 15 million faces in the United States, according to the National Institute of Mental Health. An additional 20 million American adults live with anxiety disorders, such as post-traumatic stress disorder, generalized anxiety disorder, and various phobias.

“These are very, very serious health problems,” says Neal Simon, professor of biological sciences. “The number of people affected is large and growing. There is substantial impact on quality of life and family relationships, and productivity is lost.”

Recent studies estimate that the economic burden of these disorders exceeds \$150 billion a year, he adds.

The dominant class of pharmaceuticals for treating depressive disorders is Selective Serotonin Reuptake Inhibitors, which includes Prozac and Lexapro. These drugs, developed in the 1980s, cause several undesirable side effects such as a reduced sex drive.

“You can probably live with (the loss of libido) if the drug were effectively treating the disease,” Simon says. However, “close to half the people who are given these drugs don’t respond to them clinically.”

Those suffering from anxiety disorders receive slightly different drugs with similar mixed results.

“Given the number of people who suffer from these disorders, there really is a pressing need for new pharmaceuticals with a different mechanism of action,” he says.

Simon founded Azevan Pharmaceuticals in 1999 to develop a potentially new class of antidepressants. For his work, he recently re-

ceived a highly competitive Rapid Access to Interventional Development (RAID) award from the National Institutes of Health. RAID provides resources and experts to faculty members and small companies producing promising therapeutic drugs, such as Azevan’s.

The pharmaceutical prevents brain cells from responding to the peptide hormone vasopressin. In the kidneys, vasopressin reduces urine production, earning it the nickname antidiuretic hormone. The brain also secretes vasopressin as a response to chronic stress. This overabundance of vasopressin may lead to depression and anxiety. So, Simon’s team is testing four promising chemical compounds that prevent nerve cells from absorbing excess vasopressin.

“When we give animals these compounds, we see behaviors that are characteristic of depression and anxiety reversed,” Simon says.

One of the compounds has already passed initial safety trials, the first of three trial phases necessary for drug approval. Next, Azevan must demonstrate that the drug effectively treats anxiety or depression before it can be tested in larger numbers of patients.

“We’ve been very fortunate,” Simon says. “The fact that we are successfully in the



PHOTO BY NICK RUEGHEL

Simon is developing a new class of antidepressants.

clinic with a candidate molecule and that there are other clinical candidates in the pipeline means that our hit rate for producing potential therapeutics has been quite high—it’s very promising.”

Aside from his interest in vasopressin, Simon is also studying dehydroepiandrosterone (DHEA), a major hormone produced by the adrenal gland. People taking supplemental DHEA for its reputed anti-aging properties noticed that the hormone also has mild antidepressant effects.

Simon has found that DHEA influences the expression of orexin, a peptide associated with improved appetite, energy use, sleep quality, and libido.

“You can see how people might have an improved sense of well-being,” he says. “To the best of our knowledge, it’s the first identification of a molecular basis for some of the claimed therapeutic benefits of DHEA.”

Simon hopes that this discovery may also lead to more antidepressant treatments.

—Becky Straw



ILLUSTRATION FROM GREATSPRINGSTOCK

education



PHOTO BY THEO ANDERSON

OVERCOMING BEHAVIORAL DISORDERS AMONG HIGH SCHOOLERS

Lee Kern, program coordinator and professor of special education at Lehigh's College of Education, will lead researchers at seven universities in establishing the National Research and Development Center on Serious Behavior Disorders at the Secondary Level.

The researchers have received a highly competitive \$9.6 million grant from the U.S. Department of Education to create the center—a collaboration among special education and mental health experts. Over the course of five years, they will study a range of interventions designed specifically for high school students suffering from intensive behavioral disorders. The study will be the largest of its kind to focus exclusively on the high school population.

Lehigh's Kern is the lead author of the grant application and is its principal investigator. The grant is the largest ever awarded to a faculty member at Lehigh's College of Education and falls under the auspices of the college's Center for Promoting Research to Practice, a research center whose goal is to disseminate information and best practices to the special education community and into the nation's schools.

"Over 50 percent of high school students with severe behavioral issues never make it to graduation. It's a societal issue that, unfortunately, has never been identified as a national priority," Kern says. "These serious behavior problems are typically misunderstood. The center will be successful if our collaborative efforts can help find ways that students diagnosed with these challenges can become productive and contributing members of society."

Conservative estimates indicate that 2 to 3 percent of all school-aged children demonstrate severe behavioral disorders, and far more experience mental health problems, but it is believed that only a small number of those receive proper services to address their issues. The disorders may include aggression, delinquency, and personality concerns, as well as developmental and learning disabilities.

Steve Evans, the Alvin V. Baird Jr. Centennial Chair of Psychology at James Madison University's Alvin Baird Attention and Learn-

ing Disabilities Center, and Tim Lewis, professor and associate dean for research, development, and graduate studies at the University of Missouri, will serve as co-principal investigators on the grant.

"Developing effective school-based interventions for adolescents with emotional and behavioral disorders is a challenging task," Evans says. "The talented group of nationally recognized experts we have assembled is well-suited to make meaningful advances in work that will make an important difference in the lives of adolescents and their families."

The team of researchers involved with the grant is distinguished by its work in the fields of special education, clinical psychology, developmental psychology, racial and ethnic diversity, education and mental health policy, and statistical analysis. Along with Kern, Evans, and Lewis, they include: Mark Weist, the University of Maryland's Center for School Mental Health; Deborah Kamps, the University of Kansas' Juniper Gardens Children's Project; Terry Scott, the University of Louisville; and Carl Paternite, Miami University.

"Lee has truly made a name for herself among the country's special education community, not only for her groundbreaking research, but also for her passion and her commitment to improving the lives of these students," says Gary Sasso, dean of the College of Education. "It's an honor for Lee and for the college to have been recognized for their accomplishments and to lead such an important and timely research program."

For the first two years of the five-year grant, researchers will study the impact of a wide range of interventions on small groups of secondary-level students who have serious behavioral disorders. During years three through five, the most successful of those interventions

will then be packaged and offered to 500 students representing 40 high schools in six states.

Interventions are ways in which problems caused by a student's disorder can effectively be minimized. Traditionally, they involve reducing inappropriate behavior while reinforcing the positive and productive actions of students, both in and out of the classroom. Researchers at the center will interact not only with students, but discuss intervention techniques with their families, educators, and peers—an approach that will allow Kern and



ILLUSTRATION FROM IMAGEZOO/PUNJISTOCK

her colleagues to create a comprehensive package of interventions that could become the standard for high schools across the country.

"There has always been a piecemeal approach to addressing behavioral disorders among older students, with little attention paid to how these techniques fit with each other," Kern says. "Hopefully, we'll be able to change that through the center."—Tom Yenko

ARTS & CULTURE

performance

TELLING THE STORY OF “THE STEEL”

When Jay O’Callahan was 14, he told stories to his little brother and sister at parties to keep them occupied.

He hasn’t stopped telling tales since, becoming a world-renowned storyteller who has performed at Lincoln Center, at the Abbey Theatre in Dublin, and in theaters around the globe.

Back in the mid-1990s, Deborah Sacarakis, director of programs and outreach at Zoellner Arts Center, commissioned O’Callahan to create a story about the city of Bethlehem and the steel industry.

O’Callahan quickly realized that the story of “The Steel” wasn’t an easy one to tell. First, he had to learn an entirely new language, so O’Callahan interviewed steelworkers, historians, engineers, a former president of Bethlehem Steel, steel salesmen, professors, waitresses, union organizers, and former superintendents and foremen to become fluent.

“After two years of interviews, I knew a lot about steel, but was beginning to think that the story was too big to tell,” says O’Callahan. He wrote to Bridget George, co-founder of Bethlehem’s Touchstone Theater, to voice that concern. “Bridget wrote back saying, ‘Trust that you’ll find the story in one moment. And if you don’t do the story, you’ll break my heart,’” O’Callahan recalls.

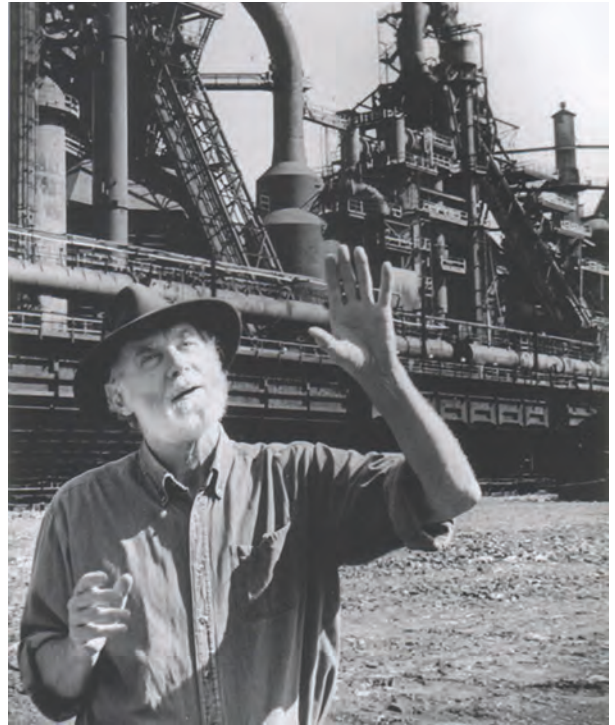
Shortly after that, the story started to come into focus when he chatted with John Waldony, a former local union president at Bethlehem Steel, who told stories about his dad, Fritz, who worked all his life for Bethlehem Steel. Then, O’Callahan spoke with Waldony’s sister, Mary Soltysiak, and learned about their mother Ludvika Moskal, who came to America alone when she was 18.

“I was struck by the image of a young woman setting out on her own with little money, little education, and no English,” O’Callahan says. “The image of that young

woman standing on a ship coming to America was alive to me. I had my moment. I could see the story being told through her.”

Back in September 1999, O’Callahan premiered the story *Pouring the Sun* at Lehigh. He’s performed it all over the country since, often to rave reviews. O’Callahan will return to Lehigh for an encore performance at 7 p.m. on Nov. 16 at Zoellner.

Pouring the Sun is a brilliant chronicle of Bethlehem’s history and particularly that of the city’s South Side,” says Sacarakis. “As the Third Street Casino and Entertainment complex moves toward completion, the face of the South Side stands to change considerably.



O’Callahan visited the Bethlehem Steel site in 1999.

Pouring the Sun is a dramatic tribute to the past on which this future is built. It is a story as relevant and valuable today as it was during its premiere.

“I hope people take the time to hear Jay tell the tale once again.”—Bill Doherty

A FINAL SPIN FOR BAKER HALL’S FLOOR



One last act was staged on Zoellner Arts Center’s original floor this summer. On June 16, Lehigh community members arrived for a little freewheeling. Attendees of the disco-skating bash scuffed up the 12-year-old floor with rollerblades, rollerskates, hula hoops, buckets, and even music stand transporters. By August 1, a new oak floor had replaced the pine floor where Garrison Keillor, Pete Yorn, and actors from the musical *Rent* stood.

artists in residence

STUDENTS WILL MARCH TO DIFFERENT DRUMS

At the annual Milwaukee Irish Fest in August 2001, Silagh White enrolled in a bodhran class taught by Stephen Matier of the group Different Drums of Ireland.



Between the class itself and ensuing conversations during the festival on topics ranging from culture to politics to relationships, White became fast friends with Matier and the rest of the band. Less

than three weeks later, in the days after the 9-11 terrorist attacks, White reached out to her new friends for advice about how they had lived with violence in Northern Ireland.

"I was on the phone with them in a matter of days to find some answers to how to live with this fear," White recalls. "We've stayed friends since, staying in touch for life milestones and to visit whenever I could catch

them at another performance."

That special bond continued after White came to Lehigh in 2005 as the first administrative director of ArtsLehigh. As a result, the members of Different Drums of Ireland have traveled from Northern Ireland to South Bethlehem to serve as Lehigh's artists-in-residence during the current fall semester. In addition to performing at the Celtic Classic in Bethlehem in September, the band members are working with a group of 12- and 13-year-old south Bethlehem students at Broughal Middle School and Holy Infancy School, as well as some Lehigh students—all with zero musical background—to teach them a piece called *Heartbeat*.

The schoolchildren and Lehigh students

met with the band last month and were given their first few lessons on the *Heartbeat* piece. The children are now practicing regularly with local drum circle leader Moe Jerant to prepare them to appear on the Zoellner Arts Center's stage Jan. 22 as part of the Different Drums of Ireland show.

"These students wouldn't normally interact with each other on a social level," White says. "Through the common language of music, they will come together on stage with world-renowned artists in a life-transforming event."

—Bill Doherty



Stephen Matier (above) of Different Drums of Ireland plays guitar at the home of ArtsLehigh. (inset photo) Roy Arbuckle (center), Deloris O'Hare (near piano), and Matier (foreground).

PHOTOS BY JOHN KISH IV

music

TAKING THE HARD WAY TO ZOELLNER

With understated wit, British soul sensation James Hunter refers to himself as "an overnight success that's taken 20 years to happen."

Indeed, Hunter, who headlines at Zoellner Arts Center's Baker Hall on Jan. 16, was a decade ahead of the current retro-soul revival with his 1996 release, *Believe What I Say*.

With no support from his record label at the time, Hunter wound up back where he started as a 20-year-old aspiring musician in 1982—busking on the streets.

But Hunter says he never gave up hope. "I had emergency measures, like going to do laboring jobs through an agency," he says. "But it always felt pretty temporary to me. Because, really, apart from lifting things,

there's nothing else I'm really good at. It's either this or manual labor. And when people see us play, it resembles manual labor anyway."

Hunter, who toured and recorded with Van Morrison as a backup singer in the mid '90s, is a hardworking and energetic front man, and his always-in-the-pocket band plays with the sweat and passion that come with working together through good times and lean for almost two decades.



Hunter comes to the Baker Hall stage Jan. 16th.

Hunter has followed up his breakout 2006 smash, the Grammy-nominated *People Gonna Talk*, with his latest release, *The Hard Way*, which dominated the blues charts through most of the summer.

"Not bad for somebody who's not a blues act," he jokes.—Jack Croft

basketball

IN FULL BLOOM

Perform a quick Google search of the name “Zahir,” and you’ll find that the name means “blossoming” or “flourishing.”

That certainly applies to Zahir Carrington, who is blossoming into a true leader on and off Lehigh’s campus. The 6-foot-7 Philadelphia native, a star power forward on Lehigh’s basketball team, is majoring in sociology and anthropology. Even though his day planner is jammed between a varsity sport and a full course load, Carrington always finds time to help others.

“My parents (Talada and Robert Carrington) taught me that if you’re blessed with something, then you should help other people,” Carrington says.

In addition to taking part in Lehigh’s C.O.A.C.H. (Community Outreach by Athletes who Care about Helping) program, Carrington mentors middle school to high school-aged boys in Allentown’s “Boys to Manhood” program.

“The boys in this program either have a criminal record or are not doing well in school, so I talk to them about the importance of education and try to be a positive male role model for them,” Carrington says. “I think the program works because I’m someone that they can relate to. I’m someone who dresses like them, listens to the same music, and I come from a similar inner-city background as they do, so I can understand their family situation and the everyday pressures they have to deal with.”

Earlier this year, Carrington was recognized for his community service work as a recipient of Lehigh’s Contribution to Student Life Award. Carrington is also excelling in the classroom and plans to attend law school after graduation.

Thanks to his 6’ 7” frame and legs with as much bounce as a B-52’s song (a truly rare combo in the Patriot League), Carrington has blossomed into one of the league’s brightest young stars—more than doubling his scoring average between his freshman and sophomore years from 5.4 points per game in 2006-07 to 12.5 points per game in 2007-08.

“Because we were so young last season, it was really important that somebody stepped up, and Zahir did,” says Lehigh coach Brett Reed. “We provided him with the ball in places where we thought he could score. He really welcomed the opportunity to be fea-

tured more in our offense and really capitalized on it.”

Carrington isn’t resting on his laurels. Instead, he worked tirelessly this summer to make his low-post moves as polished as those of a YMCA lunchtime lifer and to extend the range on his jump shot out to 15 feet.

“We’re hoping that Zahir’s growth and development continues across the board—increasing his range so that he’s a legitimate scoring threat from the high post on in, improving his rebounding numbers to the point that he can offset some of

the loss of Bryan White, and then finally probably improving his defense without fouling,” Reed says. “Zahir is very bright, he’s very analytical, and it’s very important to him to improve as a player. He’s really emerged as a leader



In his spare time, Carrington mentors middle school and high school boys in Allentown.

PHOTO BY DOUGLAS BENEDICT



Carrington averaged 12.5 points per game last year.

PHOTO BY SPECIALTY PHOTOGRAPHIC

our program, not only by example but as a vocal leader as well.”

In Carrington and Marquis Hall (14.1 ppg), a junior guard whose hoops’ toolbox includes a net-snapping jumper and a cat-quick first step, the sophomore and junior-laden Mountain Hawks have two legitimate first-team all-league candidates and therefore might be the Patriot League’s best bet to unseat defending champ American University.

“American University will be a formidable force for this year, but we’re an emerging team,” Reed says. “We return a lot of key players from last season. We have a group of young men who are focused, who really want to improve, want to achieve excellence. Zahir is a perfect example of that. He wants to get the most he can out of his Lehigh experience.”

Carrington agrees: “Lehigh is a terrific place. You not only get a great education at Lehigh, you have the opportunity to really blossom while you’re here.” —*Bill Doherty*

women's rowing

POST-IT NOTES AND NO EXCUSES

While watching Ashley Pritchard practice her stroke on the ergometer, the head rowing coach noticed that, in a rare moment, her pace slackened.

"No excuses," Pritchard, now a senior, remembers Liz Meltzer, the Steven J. '69 and Karen A. Lee Head Rowing Coach, telling her. Pritchard adopted the mantra. "You don't have any excuses because you have nothing else to do for eight minutes," she says.

Pritchard has used "no excuses" on or off the water. Not only does her coach say she is an indomitable force in the boat, Pritchard also received the Class of 1904 Scholarship Award and was selected as a tour guide for the board of trustees meeting last year.

To Pritchard, "no excuses" means working hard every hour of her day, from the moment the alarm sounds at 4:27 a.m. for practice until she climbs into bed at 11 o'clock that night.

In her classes, "no excuses" means spending a few extra minutes refining papers for her political science and economics majors.

"No excuses" also calls Pritchard to devote herself to the Community Service Office, where she has worked for the past three years. Her role in co-founding the Hunger and Homelessness Awareness Week in 2008 with Tiffany Searles '08 earned the program the Outstanding Educational Programming Award in 2008.

In high school, Pritchard served in a soup kitchen in Hemlock Alley, San Francisco, but she learned that many Lehigh students have not interacted with the hungry. As a result, they often assume that people without permanent residences are all drug addicts and drunkards, she says. The National Hunger and Homelessness Week, held Feb. 18-22, was designed to strip away such misconceptions about poverty and foster compassion.

Pritchard's teammates supported her efforts. The entire crew team bought T-shirts to raise money for the national program, and several members slept with her in cardboard boxes on the University Center Front Lawn during one of the week's events.

Pritchard also founded the Wonderful World of Sports, a day for middle-school

children from South Bethlehem to play kickball, tug-of-war, flag football, soccer, Frisbee, and many more sports with the university's student-athletes. Many of the middle-school children had never been on a college campus.

Pritchard's dedication to community service was recognized this year when she was awarded both the Service Above Self Leadership Award and the Vice Provost for Service Award.

In high school, Pritchard played soccer, tennis, and lacrosse, but when she walked onto Lehigh's crew team as a first-year student, the older rowers warned her: "It's the hardest sport you will ever play."

She considered that hyperbole until she actually sat in the boat. "It's not just physically tiring but mentally punishing," she says.

During her first two years at Lehigh, Pritchard rowed in the lightweight boat as the bowman, the first seat to cross the finish line. But last year, she moved to the opposite end of the boat, the seventh position, where she helps to set the stroke's rhythm.

Her seat change signifies her maturation

as an athlete, Meltzer says. "Ashley's a consistent and vocal leader."

At the beginning of the last school year, Pritchard stuck a pink Post-it Note on her wall. "Make the Head of the Charles boat," it read, referring to the regatta held near Harvard College's Weld Boathouse. That fall, she achieved her goal, being one of 18 rowers her coaches selected from the team of 50 to compete in one of the world's largest rowing competitions.

A "long-term sticky note," Pritchard says, is to visit all seven continents. She's halfway there, having journeyed with her family to Africa, Switzerland, Australia, Central America, Italy, and Spain. At Lehigh, she studied abroad in London, where she rowed with the Cambridge crew team.

This summer, Pritchard crossed another country off her list when she took a two-week trip to New Zealand as a Martindale Scholar. While there, she and 11 other Lehigh students discussed economic issues with government officials, politicians, and economists. Pritchard is writing a thesis for publication on the country's unique immigrant work program.

This year, Pritchard—never one to slacken her pace—has a Post-it Note reading "law school." Pritchard studied and interned at Georgetown University in Washington, D.C. Next year she hopes to continue rowing, with or without a team, while pursuing a degree in law.—Becky Straw



Pritchard strives to attain her personal rowing goals, which are written on Post-it Notes.

PHOTO BY DOUGLAS BENEDICT



The Dalai Lama at Lehigh University July 2008

story by Jack Croft & Bill Doherty
photos by Theo Anderson & Douglas Benedict

“A simple Buddhist monk” a simple message of peace

The question, the Dalai Lama initially responded, engendered “not much interest.”

At the start of the question and answer period following his historic July 13 public lecture at Lehigh University’s Stabler Arena, he was asked what livelihood he would pursue if he weren’t the 14th Dalai Lama.

After his initial demurral, though, the Dalai Lama gave the question further consideration, spoke briefly with his translator, and replied, “Most probably, engineer. Engineering.”

The audience roared with laughter and approval, leading Lehigh President Alice P. Gast to remark, “That warms our hearts at Lehigh University.”

For six days in July, His Holiness the 14th Dalai Lama warmed the hearts of people at Lehigh. Through five-and-a-half days of profound teachings on an ancient Buddhist text and during his sold-out public lecture, the spiritual leader of Tibetan Buddhism and exiled state leader of Tibet spread his message of compassion and love with humility and humor.

The Dalai Lama’s visit from July 10-15 attracted worldwide media attention to Lehigh’s Goodman Campus, with news organizations from as far away as Japan, Korea, and China, as well as Tibetan radio, converging on Bethlehem. People came from every continent except Antarctica to attend the teachings, and they came for many different reasons. The teachings drew Buddhists who wanted to learn from their most revered spiritual leader, as well as non-Buddhists, who were attracted by the Nobel Peace Prize winner’s universal message of love and compassion.

The public lecture on Sunday afternoon, July 13, drew a crowd representing the entire Lehigh community—faculty, staff, students, administrators, trustees, and alumni—as well as neighbors from the Lehigh Valley and beyond. To the students in the audience and the youth around the world, the Dalai Lama issued a great challenge: “All of our hopes are now on you.”



Calling the 20th century “a century of war,” he said, “The 21st century should be a century of dialogue.”

In his talk titled “Generating a Good Heart,” the Dalai Lama called on people to cultivate love and compassion in their own hearts, and to embrace nonviolence as the only way to ultimately solve problems in the world.

The Dalai Lama, who turned 73 the weekend before he came to Lehigh, said the time is fast approaching for the next generation to inherit the world that his generation is leaving.

He called on the younger generation to “achieve a happier world, a peaceful world, a compassionate world. That is very important. That is your responsibility. That is your future destiny.”

The stage was set up with a couch in the center, where the Dalai Lama sat cross-legged as he spoke. He delivered his remarks in English, occasionally consulting with his principal translator, Thupten Jinpa of Montreal, who was seated next to him.

The Dalai Lama said that war and violence may temporarily resolve conflicts, but they inevitably lead to more problems and more violence. The terrorists of the 21st century, he said, “are due to resentment cultivated in the 20th century or even before.”

Long a voice for religious harmony, the Dalai Lama said there are what he called “mischievous people” in every religion, but that “a few mischievous people cannot represent whole systems or whole traditions.

“Sometimes in the West, some [have the] impression that Islam, whole, is something militant. It’s totally wrong, unfair. Therefore, since Sept. 11, I try to reach out to Muslim brothers and sisters,” he said, noting that Tibet has a long history of Buddhists and Muslims co-existing that dates back to the 5th Dalai Lama providing land to build a mosque.

In what was termed “a moment of gathering” at the beginning of the event, Lloyd Steffen, the professor of religion studies and university chaplain who organized a year of academic events on Lehigh’s campus leading up to the Dalai Lama’s appearance, noted that the theme for the event

was “Listen, Learn, Love.”

“These words have guided us in all we have done to prepare for this event,” Steffen said. “These words guide us today.”

Daniel E. Smith Jr. ’71, chairman of the Lehigh University board of trustees, then welcomed the Dalai Lama to Lehigh.

“Your Holiness, we offer you our friendship, our thanks for your presence among us today, and our gratitude for all you do to make this world a better place. A home for us all. A home for peace,” Smith said.

After Gast introduced the Dalai Lama as “one of the most revered spiritual leaders in the world” and “the exemplar of our mission” as a university, His Holiness rose to speak. He placed his hands together and bowed, as the applause steadily grew, culminating in a standing ovation.

Following the lecture, Gast presented the Dalai Lama with an honorary doctorate of humane letters degree from Lehigh. Provost Mohamed El-Aasser read the formal citation, which lauded the Dalai Lama “for all you have done in the adventure of your life, a simple monk and global citizen, as leader of your beloved Tibetan people,” and as a champion for human rights and peace.

The Dalai Lama’s playful wit was on exhibit once again as he accepted the honorary degree, which he joked was “a high degree, without much study.”

But as he concluded, he offered an eloquent summary of his life’s work. “Until my death, until my last breath, my life is dedicated for service to humanity of this world.”

The Sunday afternoon event had a distinctly different feel—more of a traditional university event—than the other five-and-a-half days of the Dalai Lama’s visit, which were dedicated strictly to teachings on Tsong-kha-pa’s 600-year-old *The Great Treatise on the Stages of the Path to Enlightenment: Lam Rim Chen Mo*.

For example, instead of the ceremony beginning with monks chanting sutras, the Dalai Lama processed into Stabler to the strains of the New York Philharmonic’s recording of Aaron



“This kind of thing certainly puts Lehigh on the map, not just locally, but beyond. I don’t think anybody came away from this disappointed.”

—Ollie Foucek ’72, ’05P, ’09P





“I thought it was very insightful. The wonder to me is the simplicity of the message. The clarity and simplicity of the message make it easier to go out and act on it.”

—Gene Vivino '80, who, along with his wife, Ellie, flew from California to attend the public lecture



clockwise from above center: The Dalai Lama reads from his personal copy of *The Great Treatise on the Stages of the Path to Enlightenment: Lam Rim Chen Mo*; a woman attending the teachings uses a small, handheld prayer wheel; the teachings attracted a diverse crowd; the Dalai Lama's principal translator, Thupten Jinpa, translates for the crowd, as renowned Buddhist scholar Robert A.F. Thurman (behind right) listens; many in the audience for the teachings bowed as the Dalai Lama walked onstage each session; the scene from the back of Stabler Arena during the teachings.





"It (the public lecture) was great on every level. Having him here adds a different element to what the university is all about. It brings new light to the international approach the school is trying to promote. Everybody here was lucky to be here."

—Lewis Baer '72, '07P



clockwise from top left: The Dalai Lama donned a Lehigh cap during Sunday's presidential luncheon; His Holiness accepts an honorary doctorate of humane letters degree from Lehigh President Alice P. Gast; the book the Dalai Lama taught from was translated by a team of scholars led by Joshua W.C. Cutler, co-director of the Tibetan Buddhist Learning Center of New Jersey; Stabler Arena was packed for the public lecture; monks gathered onstage during the teaching sessions, as the Dalai Lama taught from an ornately painted throne.

Copeland's "Fanfare for the Common Man." Instead of the audience bowing to His Holiness in rapt silence, the crowd for the public lecture gave him five separate standing ovations.

And unlike his morning and afternoon teaching sessions, when the Dalai Lama sat on a throne surrounded by Tibetan scholars in monks' and nuns' robes, the Dalai Lama found himself joined onstage by people in academic robes—including Gast, Provost Mohamed El-Aasser, Smith, and Lehigh's college deans. Dignitaries attending the lecture included local government leaders such as U.S. Rep. Charles Dent, a Lehigh graduate school alumnus who represents Pennsylvania's 16th congressional district, current Bethlehem Mayor John Callahan, and former Bethlehem Mayor Gordon Mowrer.

The text the Dalai Lama taught from during the morning and afternoon teaching sessions clearly had great meaning for him personally. On the first day, he held up a well-worn copy of the book and told the rapt audience: "I brought with me my own personal book of *Lam Rim Chen Mo* because this text—on the 17th of March, 1959, when I left Norbulingka that night—this book, I brought with me."

The reference was to the night that the Dalai Lama, fearing for his own life and the lives of thousands of Tibetans from the Chinese government, left his native Tibet to go into exile in India.

As he concluded his teachings on the afternoon of July 15, the Dalai Lama told the thousands who attended daily that their journey had just begun.

"I, as a simple Buddhist monk, am extremely happy to have lectured on this book, on this text," the Dalai Lama said. "Of course, my own knowledge is still very limited."

He said he first developed "a genuine interest" in the book when he was just 16 years old. "So now, look at teacher," he said. "Since 16 years old, now 73. Still working on it."

During the morning and afternoon teaching sessions throughout the Dalai Lama's visit, Joshua W.C. Cutler and his wife, Diana, sat onstage near the base of the throne

from which His Holiness taught. Cutler supervised the translation of *The Great Treatise on the Stages of the Path to Enlightenment: Lam Rim Chen Mo*, which took 12 years and involved a team of a dozen scholars. "The book hasn't been translated in 600 years," Cutler said in an interview as the event drew to a close. The Dalai Lama agreed to come for the six days of teaching—the most extensive he has ever done in North America on the text—"as a way of honoring that and the importance the book has for the Tibetan people."

The Cutlers are co-directors of the Tibetan Buddhist Learning Center of New Jersey, and were instrumental in bringing the Dalai Lama to Lehigh.

"It's an amazing experience," Cutler said. "I've never been involved onstage, right nearby His Holiness."

The book, Cutler said, is "something very dear to him and to the Tibetan people. It's one of their treasures. In Tibetan culture, it's a highly regarded jewel."

As he walked off the stage for the last time on July 15, the Dalai Lama greeted the gathering of monks, nuns, and special guests who sat on mats all day throughout his teachings. As he left through a back exit, he briefly stopped to pose for photographs with seven groups of staff, contractors, and volunteers who worked behind the scenes to make the event such a success.

Then, at 4:17 p.m., with one final wave and bow, he climbed into his waiting black Cadillac and was whisked off.

In her closing remarks following the public lecture, Gast expressed hope that the Dalai Lama's visit would have a lasting effect on the Lehigh community.

"I hope that this event has brought us all to a deeper appreciation of the spiritual values central to all Buddhist teaching that all people of goodwill can, and should, honor," Gast said. "I'm equally hopeful that we can, in turn, give His Holiness a gift by translating his words today into action, buoyed by the sense of peace, compassion, and commitment that he conveys in all that he does."





“HUMANITY IS BECOMING MORE MATURE”

In an exclusive, 40-minute interview with the Lehigh Alumni Bulletin, the Dalai Lama talked about a wide range of topics, including specific methods to promote religious harmony, the future of Tibet, the root cause of so much anger and hatred in the world today, and his view of the U.S. presidential election.

By Jack Croft

Photos by Douglas Benedict

Just days before coming to Lehigh University for his historic week of teachings in July, the Dalai Lama made a pilgrimage to the Ajmer Shairf shrine in Rajasthan, India.

While there, the spiritual leader of Tibetan Buddhism donned a Muslim prayer cap as he offered prayers on the occasion of “Urs,” the 796th anniversary of the death of Sufi saint Khwaja Moin-ud-Din Chishti. The next day, the Dalai Lama recalled during an interview with the *Lehigh Alumni Bulletin*, he saw a newspaper photograph of himself wearing the “Muslim white hat.”

Laughing heartily at the memory, he said, “Picture looks nice.”

That story—and the warm laughter that accompanied it—vividly illustrates the Dalai Lama’s passionate commitment to the promotion of religious harmony at a time of increasing religious tensions. During an exclusive 40-minute interview conducted before his final teaching session at Stabler Arena on July 15, the Nobel Peace Prize winner and exiled leader of Tibet discussed subjects ranging from the best ways to promote religious harmony to the future of his beloved Tibet to the upcoming U.S. presidential election.

The interview was conducted in English, and the Dalai Lama, who turned 73 the weekend before

his Lehigh visit, would occasionally consult with his translators to find the right word or phrase. The playful sense of humor and humility that he exhibited throughout the five-and-a-half days of teachings and the sold-out public lecture on Sunday afternoon, July 13, were on display frequently during the interview.

When asked what makes him laugh, he quickly replied, “Some mistake”—and then immediately burst into laughter. “Other people make some mistake, then I laugh. Also, my own mistake sometimes causes me to laugh. I immediately admit this—my mistake, OK.”

Promoting Religious Harmony

The 14th Dalai Lama has been a state leader in exile since 1959, when he was forced to flee Tibet for India after China colonized his native land. Over the past five decades, he has taken a place beside such revered leaders as India’s Mahatma Gandhi, U.S. civil rights leader Martin Luther King Jr., and Nelson Mandela of South Africa as an advocate for and exemplar of world peace and nonviolence.

The promotion of religious harmony has long been one of his core convictions, and in the years since the Sept. 11, 2001, terrorist attacks in the U.S., the Dalai Lama has made a special effort to reach out to Muslims in particular.

He said the key to lessening religious tension in the world is “regular contact.” India, he said, has the second largest Muslim population in the world. Yet, for two centuries, Muslims have largely



lived in peace with Hindus, Buddhists, Zoroastrians, or Farsi, and Christians, largely because of India's long tradition of religious pluralism, the Dalai Lama said.

He offered four methods he has used to promote religious harmony:

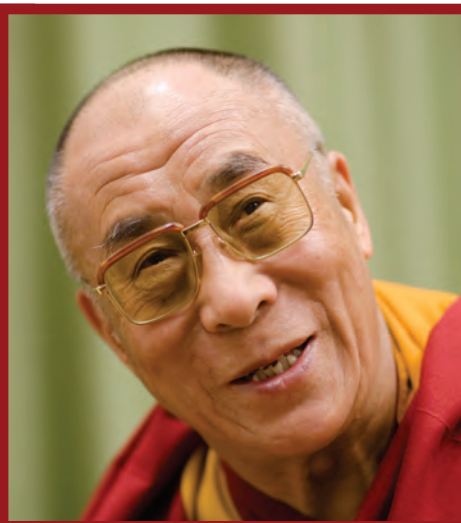
Meeting with scholars from different traditions. It's important to discuss similarities and differences between religious traditions. "When you find differences, then it's very important to research, to investi-

when he visited a mosque, church, Buddhist temple, and Hindu temple all in the same day. Since then, he has twice gone on pilgrimages to Jerusalem, as well as to such revered shrines as Lourdes in southern France and Fatima in Portugal. "I visit these areas not as a tourist, but as a pilgrimage," he said. "It's very, very helpful." The Dalai Lama also has hosted a group of Christians who came to visit the "most important Buddhist site in India."

amples that "humanity is becoming more mature."

"So now nonviolence is not only an idea, but also a political reality, the nonviolent method," he said.

In today's world, issues such as economics and the environment know no geographical or political boundaries, he said. "Circumstances compel you to live together. Cooperation is the interest for everybody. More division is in nobody's interest."



gate: What is the purpose of these differences?" One religion may be theistic, another non-theistic. But further exploration may find that they share "the same purpose"—to promote "love, compassion, forgiveness, tolerance."

Meeting with practitioners of different traditions. "For me, that is very, very helpful to develop respect of other traditions, as happened with my meeting with the late Thomas Merton, the Trappist monk," he said. "My understanding about Christianity was then much enriched."

Group pilgrimages. The Dalai Lama encourages people of one religious tradition to go together on a pilgrimage to the holy shrines of another tradition. He began this practice himself in India in 1975,

They engaged in "three days of dialogue," he said. "Each morning, we all together spent half an hour in silent meditation in Bodhi Gaya, under the Buddha tree."

Having leaders of different traditions come together to "speak the same word: peace, spirituality, like that." He cited his pilgrimage to Ajmer as an example.

"Real Hope" for Tibet

In the face of ongoing violence, oppression, war, and even genocide, the Dalai Lama maintains his faith in the basic goodness and gentleness of human beings. Popular, peaceful movements have helped change the world, he said, citing the fall of the Berlin Wall and the collapse of the Soviet Union as ex-

The issue of interdependence can be seen in his beloved Tibet, the Dalai Lama said. Most of Asia, including Pakistan, India, Bangladesh, Vietnam, Laos, and China, depends on the major rivers that flow from Tibet, so the number one priority for his exiled homeland is to protect its environment.

"Caring for the Tibetan environment is not only 6 million Tibetan people's concern, but also I think over a billion human beings surrounding Tibet," he said.

And politically, Tibet plays an important role in relations between neighboring China and India, two countries that, combined, account for "almost a quarter of all human beings."

"Tibetan normalcy is a very important factor for development of

trust between China and India,” he said. “So therefore I think eventually concerned people have to find more sort of normalcy in that region. I think the presence of a tense situation is nobody’s interest.”

And that, the Dalai Lama said, is cause for optimism.

“If we look at Tibet’s situation locally, then really you get a feeling of hopelessness. But if you look at Tibet’s situation from a wider perspective, there’s real hope.”

Relying on Common Sense—And Science

On an individual level, the key is to cultivate “a more open mind, a more compassionate mind.”

“I stress the importance of secular ethics,” the Dalai Lama

which is “very much related to an extreme self-centered attitude,” he said. Recognizing that those who surround you each day are “human brothers and sisters” and that your future largely depends on them is simply “common sense,” he said.

Even science has found that having a “compassionate mind” can make you “mentally happier, physically healthier,” he added.

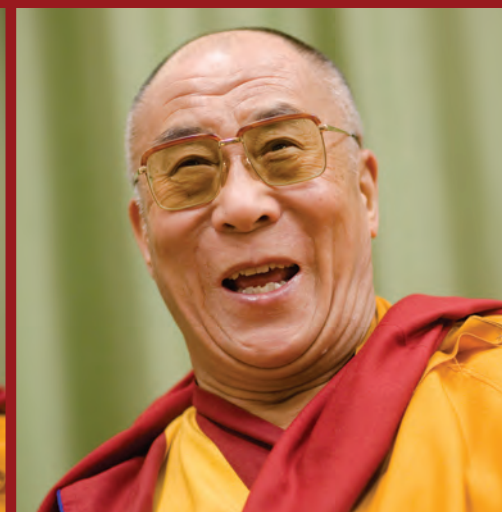
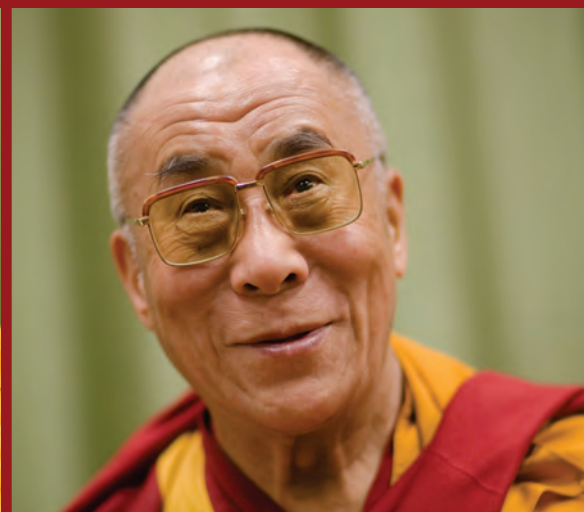
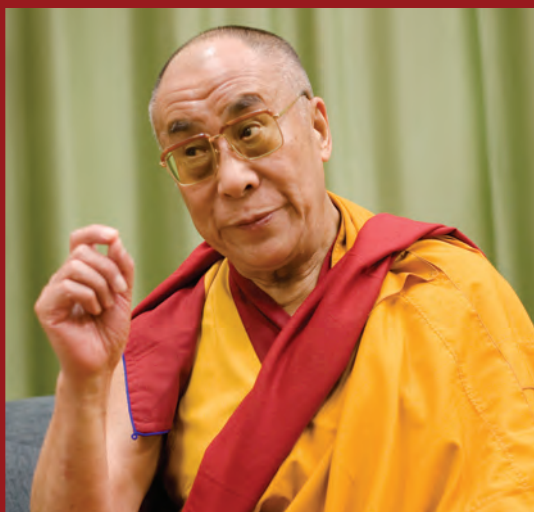
Studies have shown that a “calm mind” improves brain function, while an “agitated mind” can impede brain function, he said.

“Some scientists even say that anger and hatred are actually eating our immune system,” he said. “On the other hand, a compassionate mind, a calm mind, a peaceful mind, is very good for sustaining our immune system.

presidential election, the Dalai Lama artfully deflected the question. After saying that he admires the United States as “the greatest democratic country and a superpower,” and conceding that “certainly everybody has some interest” in the outcome of the November election, he concluded, “But then, choice is up to you. Not my business.”

However, he noted that he knows both Republican John McCain and Democrat Barack Obama. “So anyone wins, one of my friends win,” he said, laughing ebulliently.

But his demeanor turned decidedly somber when he was asked whether he was concerned that the Tibetan people will grow impatient and at some point abandon the nonviolent method he has es-



said. “I’m not talking about next life or heaven or these things. Secular ethics ... means using common sense, common experience.”

For example, most people understand that anger and hatred grow primarily from fear. “Of course, there’s certain fear with reasons,” he said. “That’s good. That’s realistic.”

But much of the time, fear can be traced to “mental exaggeration or mental projection,”

“So I think that’s what we really need is to educate people from kindergarten up to university level,” the Dalai Lama said. “All over the world, everyone knows the importance of education. But I think, still, many people may not recognize the importance of warm-heartedness. I think many people consider compassion or warm-heartedness is a religious matter. I think that’s a mistake.”

Asked about the upcoming

poused throughout his life.

“So far, generally, they really carry a nonviolent spirit, even under difficult circumstances. Now, how long it will remain, I don’t know. As a human being, too much stress, too much sort of feeling of desperation, hopefully, never, never happens. Violence never happens,” he said. Then, after a pause, his voice quiet and reflective, he added a single word:

“Hopefully.”



TAKING HIS MESSAGE TO HEART

They came by the thousands, from Lehigh and from around the world, to hear the Dalai Lama's universal message of love and compassion. And when they returned home, many took with them the words they heard, written on their hearts—and in their lives.

a fantastic adventure

John Brzostoski's interest in Tibet can be traced to his childhood.

"I actually saw Tibetan paintings when I was 9 years old at the Newark Museum, and they stuck in my head," says the artist, teacher, and trustee of the Tibetan Buddhist Learning Center (TBLC) of New Jersey, which sponsored the Dalai Lama's teachings at Stabler Arena.

Brzostoski first met TBLC founder Geshe Ngawang Wangyal in 1961, and through much of that decade, he taught college courses on Tibetan art and culture at night at the New School for Social Research, New York University, and Cooper Union while teaching high school art by day in New Jersey.

"When anybody said Tibet, they also said my name in the next breath," Brzostoski says. "But things have changed since then."

In his spare time, he also wrote articles for art magazines. It was while covering an exhibition at the Riverside Museum in New York that he made the connection that led to him being named curator of the museum's Tibetan art collection and writing the catalog for it.

His artistic talents were on display at Lehigh, as Brzostoski spent the morning and afternoon teaching sessions sketching the Dalai Lama, as well as the monks and nuns on stage, in pencil and pen.

"I'm an artist. I study things so I can share it with students in New York," he says.

Brzostoski first met the Dalai Lama during a trip to India in 1965. But that's not why he went.

"I was off on a one-man mission to save all the Tibetan refugees. Which meant I was slightly crazy," he recalls. "But it was also a fantastic adventure, going up in the mountains all by myself and getting lost, you name it. I think about it as if I wrote it. You get face to face with the culture when you're in the mud."

—Jack Croft



PHOTO BY DOUGLAS BENEDICT

honoring our mothers

The wedding ring was found in the rubble 11 months after the Twin Towers collapsed. Rescue workers discovered it when they unearthed the left hand of Sonia Mercedes Morales Puopolo, who was a passenger on American Airlines Flight 11 when terrorists hijacked the plane and crashed it into the World Trade Center on Sept. 11, 2001.

The ring was returned to her daughter, Sonia Tita Puopolo, who now wears it as a reminder of the woman she calls “my best friend, my life.”

It is, she says, “a symbol of hope. She’s with me.”

Even in the darkest hours after 9-11, Puopolo says, there was no place in her heart for hatred or revenge.

“I never thought like that. I never would,” she says. “That’s not what I learned from my mother.”

It was her desire to “replace hate with hope” that led Puopolo to take the extraordinary step of being the first 9-11 family member to go to Saudi Arabia in 2006, where she spoke on “Building a Bridge of Peace” during a session on terrorism at the Jeddah Economic Forum.

“For me, there was no other option but to turn a negative into a positive,” she says.

Puopolo’s mother was a former ballet dancer and a prominent philanthropist who was eulogized by U.S. Sen. Hillary Rodham Clinton during the memorial service in Boston following her death.

“The last words my mother said to me on Sept. 11 were, ‘Tita ... remember one thing about your mother. I am a survivor—and I will always be a survivor,’” Puopolo recalled during her speech in Saudi Arabia. “Her hopes and dreams for peace survive in each and every one of us.”

It was the Dalai Lama’s lifelong commitment to love, compassion, peace, and nonviolence that brought Puopolo from her home in Miami, Fla., to Lehig for the six days of teachings.

During his opening teaching session on July 10, the Dalai Lama talked about how important religious harmony and understanding are “since the September 11th event.” Hearing the Nobel Peace Prize winner talk about the need for healing and reconciliation in the wake of 9-11 “was very special,” Puopolo says.

Over the course of his teachings and the Sunday afternoon public lecture, the Dalai Lama also spoke of the important role that mothers play in instilling love and compassion in their children. It is a message that Puopolo clearly has taken to heart.

“We really have to honor our mothers,” she says.

During her speech in Saudi Arabia, Puopolo talked about what she learned from her mother.

“She taught us that we needed to leave the world better than we found it,” Puopolo said. “She did that every day of her life. She continues—through me—to work toward making the world a better place, in what I remember as her ‘dance of life.’ Her dance of life continues with me today.” —*Jack Croft*



up close and personal

When Elaine Brophy, the catering director for Lehigh University, learned more than a year ago that the Dalai Lama was coming, it took her a millisecond to decide that Martha Reber would serve the Nobel Peace Prize winner all of his meals.

“I knew that Martha was the right person right away,” says Brophy. “She’s so professional, so calm, and everyone just loves her.”

Add the Dalai Lama to Martha Reber’s list of admirers—and vice versa.

“At one point during his visit, His Holiness said that Martha reminded him of his mother,” recalls Brophy with a smile. “Some people thought it was because she is around the same height and has dark hair, like his mother did.”

Reber has a different theory.

“I reminded him of his mom because I was serving him food that he liked and because I was taking good care of him,” Reber quips. “But seriously, it was a once-in-a-lifetime experience to meet the Dalai Lama. The thing that I’ll never forget about the Dalai Lama is his chuckle. He was always laughing, always made you feel comfortable to be in his presence, and always appreciative of anything that you did for him.”

For the majority of his historic visit to Stabler Arena, Brophy and Reber, along with John DePinto, regional executive catering chef, and Timothy Leger, executive chef, worked in a makeshift staging area—in the women’s basketball locker room—to prepare lunch for His Holiness and his small entourage. The lunch menu each day would include three soups, a salad, three different entrees (ranging from spaghetti bolognese to salmon to lamb curry to fish and chips), and a dessert option. The Dalai Lama would always drink hot water or room-temperature bottled water.

“He always appeared to enjoy what we served him,” says Brophy, who left for Emory University in September. “And he was always so grateful. We got to see a different side of him while he was here, not the teaching side. Instead, we saw his kind, human side—and up close at that.”

The Dalai Lama showed his gratitude by posing for pictures with Reber and Brophy—and later with the whole dining services group. The Dalai Lama squeezed Reber’s hand and smiled at her before the group photograph was snapped.

He also presented Reber, Brophy, and the two Lehigh chefs with blessed khatas as well as an autographed pamphlet explaining his beliefs and told the quartet that he’d never forget them.

“This is the coolest thing that I’ve ever worked on while at Lehigh,” Reber says. “I’m going to frame the khata—along with the autograph and the individual photograph that he took with me. It’s something that I can give to my grandkids someday, if I ever have them.”

—Bill Doherty



Elaine Brophy
and Martha Reber

PHOTO BY DOUGLAS BENEDEICT

a scholar and a friend

Hailed by *The New York Times* as the “leading American expert on Tibetan Buddhism,” Robert A.F. Thurman has enjoyed a 45-year friendship with the Dalai Lama.

During the Dalai Lama’s morning and afternoon teaching sessions at Stabler Arena, Thurman—who also delivered this year’s baccalaureate address at Lehigh—had an honored place on the stage. And during breaks, he could be found talking with people in the lobby and autographing copies of his latest book, *Why the Dalai Lama Matters*.

“The Dalai Lama matters in a global sense, because of what he represents among world leaders,” says Thurman, the Jey Tsong Khapa Professor of Indo-Tibetan Buddhist Studies at Columbia University. “He’s a leader without a country. He’s a Nobel Peace Prize Laureate, which you could say is his only official rank or status. And yet he moves the minds and hearts of millions of people in the world by standing for nonviolence in the 21st century.

“In this moment, here is a man who stands for nonviolence as a reasonable, argued, ethical position and even a sort of enlightened self-interest as a best choice of acts—even in the climate of terrorism,” he adds. “I think people feel that’s very important.” —*Becky Straw*

PHOTO BY THEO ANDERSON



PHOTO BY DOUGLAS BENEDICT

listen, learn, love


Lloyd Steffen, professor of religion studies and university chaplain, opened the Dalai Lama’s public lecture with a “moment of gathering,” in which he reflected on the theme for “this very special event in the life of Lehigh University.”

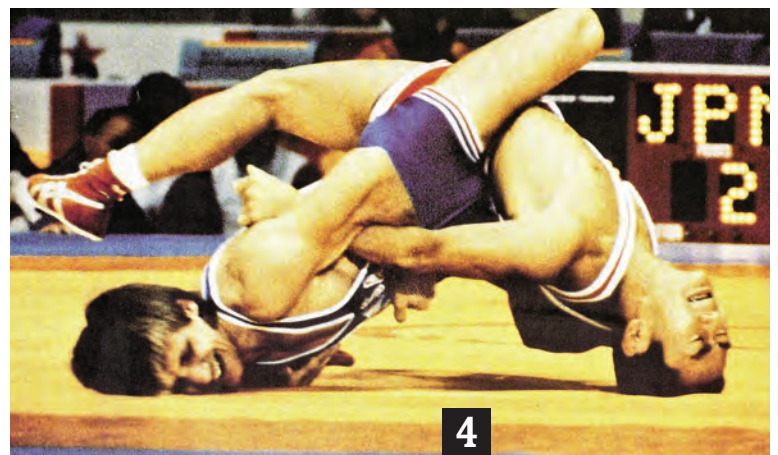
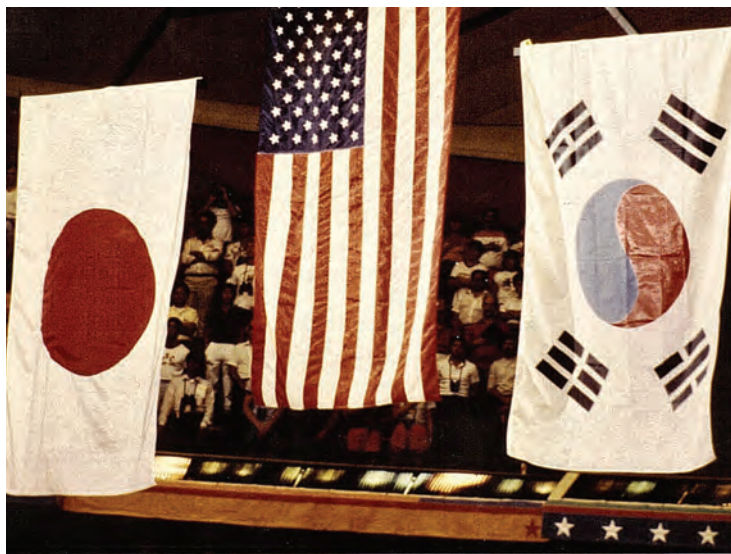
As we gather, listen ... learn ... love. These words have guided us in all we have done to prepare for this event. These words guide us today.

Listen. *Open your ears in attentiveness to the needs of others, to the suffering of a world in conflict. Listen to the cries for help. Listen to the voices of hope and laughter, the voices encouraging dialogue and negotiation, the voices calling for understanding and peace through nonviolence.*

Learn. *Open your minds to the wonder of the world and the mystery of the human heart. Learn through experience and engagement with others, with the teachers who can present themselves at any moment, even the unexpected one. Learn the simplicity of compassion and the complexity of life as you experience it—physically, intellectually, emotionally, ethically, spiritually.*

Love. *Open your hearts to love. Love—that energy in the universe that moves us in its creative throes for greater unities. To love is to find connection and interconnection and inner connection.*

Listen. Learn. Love. *Hold to these words today. Remember this day through these words.* 



HEART OF A CHAMPION

By Michael Bradley

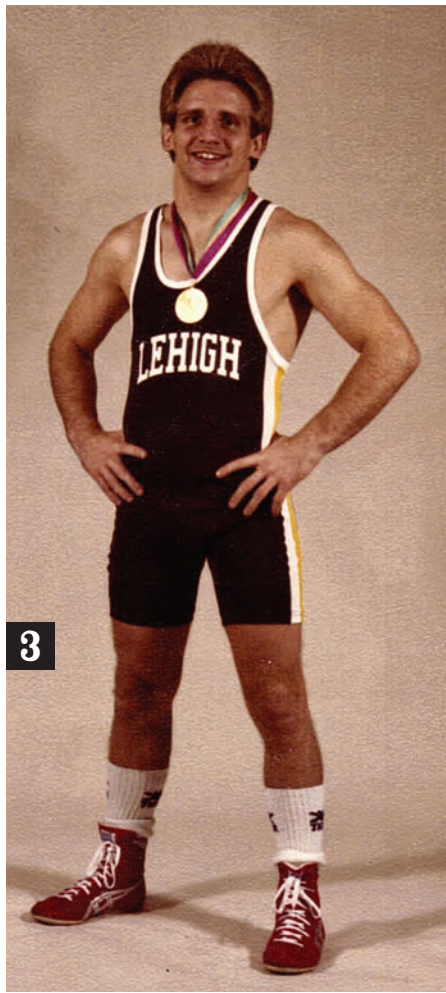
Lori Weaver looks forward to the gatherings. She reconnects with old coaches, wrestlers, and wives. Especially the wives. They speak almost in code, nodding about the life they have chosen—and some have abandoned—supporting and standing by their men for whom a dank, overheated room and a sweaty mat are everything. They never so much as attempted an arm drag or tried to put in a cradle, but they know the life as well as their caulifl wer-eared husbands. The reunions and awards dinners are chances to swap war stories—to be with people who understand their sacrifices

Lori was supposed to be in Oklahoma City in late May with her husband, Olympic gold medalist and Lehigh grappling legend Bobby Weaver '83, watching him be inducted into the National Wrestling Hall of Fame. It would be the pinnacle for an American wrestler, to be enshrined with such greats as

Dan Gable, Cliff Keen, and Mark Schultz.

And Bobby couldn't make it. Couldn't do much of anything, really, and it was killing him. Not that he couldn't be honored by his peers. He couldn't get on the mat. He couldn't teach the kids. He couldn't wrestle.

"He's very humble," Lori says. "I was more upset that we didn't go than he was."



100 YEARS OF LEHIGH WRESTLING

Lehigh celebrates its 100th season of wrestling this winter. During the first 99 years, this storied program has seen countless pins and landmark wins. Thanks to Denny Diehl '70, the communications director of the Lehigh Wrestling Club, here's a timeline of some of Lehigh's most memorable moments on the mat.

1. Weaver, Lehigh's only Olympic gold medal winner, standing atop the medal stand in 1984.
2. The former Lehigh great meets then-U.S. President Jimmy Carter and his wife Rosalynn.
3. Weaver, sporting his Lehigh singlet.
4. Wrestling against Japan's Takashi Irie in the 105.5-pound finals at the 1984 Olympics.

He has overcome disappointment and political roadblocks. So, he wouldn't be able to say a few words about how honored he was to join the Hall of Fame? So be it. When could he get back into the room? When could he get back to the kids he taught?

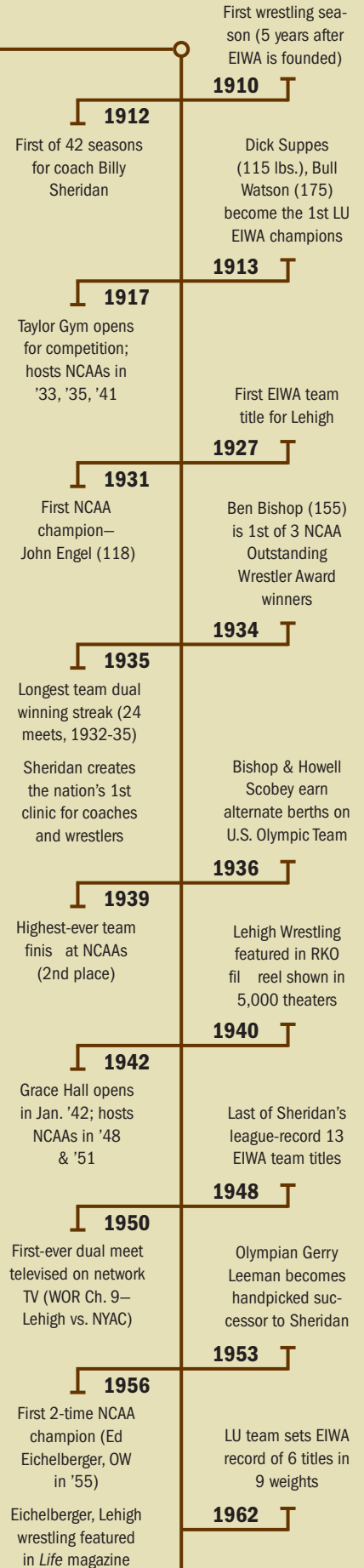
Lori Weaver wanted to be in Oklahoma City so her children (Bobby Jr., 24; Tiffany, 22; Jessica, 17) could be part of the wrestling life for a couple days, so they could see what drove their father. And, yes, what took him away from them at times.

"He'll be a wrestler until the day he passes," Lori says.

WRESTLING WITH TRAGEDY

He was the tagalong, the little brother dying to emulate the big kids. Kurt and Brad Weaver would head to wrestling practice, so Bobby went, too. He didn't do particularly well, but that didn't bother him. It was something that kept him close to his brothers. Bobby Weaver's father died when he was 9, drawing him closer to Kurt and Brad.

Two years later, that bond was severed, when Brad died in a car accident the summer before his senior year in high school. He had dreamed of wrestling at Lehigh. He had dreamed of being a champion. Now, those dreams became Bobby's. And that meant



The proceedings went on without Bobby, who stayed in his Easton home, hoping doctors had finally figured out exactly what was sapping his strength the way no opponent or workout ever could. He dispatched Lehigh coach and longtime friend Greg Strobel to accept the recognition on his behalf.

"I was honored," Strobel says. "I also got a little emotional. I saw Bobby win the Olympic gold medal. It was a long time coming."

Meanwhile, Weaver continued trying new moves on his most virulent opponent: iron drips, blood transfusions, steroids, endoscopes. Compared to this, those old Soviet Bloc scraps of iron he had to wrestle back in the '70s and '80s were sunshine and lollipops.

"I was starting to lose my fight," Weaver says.

But then came the ray of light, or at least an answer: celiac disease. It blocks the absorption of nutrients into the small intestines. The answer was a gluten-free diet.

"If that's all I have to do, I can handle that," Weaver says.

You bet he can. He has handled everything else during his 49 years, whether it was on the mat or off. He has subdued men and tragedy.

Largest-ever Grace Hall crowd—4,650 for Navy (2 floors)

LU vs. Iowa State earns record dual meet coverage in *SI*, *Newsweek*

1967

Lehigh's only 3-time NCAA champion, Mike Caruso (123)

Caruso gives Leeman 9 indiv. NCAA titles in 1st 15 seasons

1965

First time with 3 in NCAA final (Caruso, Peritore, Stuart) & 2 champions

Former Leeman wrestler, Thad Turner, succeeds him as head coach

1973

Mark Lieberman 1st LU champ in Jr. Nationals, Jr. World Trials, Univ. Nationals

1971

Tom Sculley becomes first NCAA winner for Turner

1975

New EIWA team records: 7 titles in 10 weights and 172.5 points

1974

Mike Frick '78 becomes the only wrestler in history to beat six NCAA champs—and does it in five weight classes, from 118 to 150

1978

Lieberman earns USWF award as nation's top freestyler (while still a junior)

1976

Lieberman, Weaver win U.S. National Freestyle Open (senior level)

Weaver places 2nd in World (highest LU finish ever at Worlds)

1980

Weaver joins Lieberman ('79) as World Cup champion

Stabler Arena opens; averages 3,540 for duals; draws EIWA final 5,800 (tops since '67)

1979

Darryl Burley (134, 142) becomes 1 of just 11 NCAA 4-time finalist

Lehigh record 10th straight NCAA Top 10 team; top streak in East from 1928-92

1984

Gold medalist Bobby Weaver become's Lehigh's only Olympic medalist

1983

wrestling had to become more than just a link to his brothers. It had to become his life.

Brad had finished second in the Pennsylvania state tournament during his junior year and probably would have won it as a senior. "Definitely," Bobby says.

At that time, anybody who saw Bobby wrestle might have had a hard time picturing him as a champion. But even though he was still in grade school, he understood the value of working and progressing. He talks with young wrestlers and their parents now about the evils of instant gratification. For him, going into that room every day made him a part of something, even as everything around him seemed to be crumbling.

"I was with guys who had common goals," Weaver says. "Even if I wasn't the best, I was part of something. If I put in the time, something would come out of it."

Weaver wrestled eight years at St. Anthony's Youth Center before winning his first grade-school championship. Eight years. "Some people wouldn't last that long," he says. Damn right they wouldn't. It wasn't about the winning. It was about getting better and working hard.

"There were other things feeding my need to be in there than winning a tournament," Weaver says. The competition and camarade-

sylvania prep circuit, he was spending his summers wrestling freestyle and earned an invitation to the 1976 Olympic trials, where he created a sensation by winning nine matches at 105.5 pounds, eight of them by pin.

"People wondered, 'Who is this guy?'" Weaver says.

Bill Rosado eventually defeated Weaver and wrestled in the Montreal Games, but Weaver had made an impression on the national wrestling community. More importantly, he established himself as a force in freestyle wrestling, which eventually led to worldwide success.

When Weaver left Easton, he wanted to attend Lehigh, but his academic prowess wasn't on the same level as his mat expertise. In order to rectify that, he spent a post-graduate year at Blair Academy in New Jersey. There, he bulked up his classroom resume and earned a national prep title.

"As I went through high school, I was not very academically sound," Weaver says of his decision to attend Blair. "The route that I chose made me academically sound and allowed me to get into Lehigh."

Weaver encountered a particularly difficult situation at Lehigh. Though he had wrestled at 105 pounds in high school, the lowest collegiate weight class was 118. No matter how

"He had an unbelievable amount of drive and desire. To do what he did, as small as he was, was impressive."

rie were nice. Weaver enjoyed the hard work.

But winning started to become important, too.

When he was a sophomore at Easton High School, he was frustrated wrestling behind Henry Callie, who had been his nemesis since freshman year and had kept him out of the starting lineup by knocking him off in challenge matches during practice.

"I told my mom [Jackie] I was tired of being his backup," Weaver says. "The next time we wrestled, I beat him. Then, I did it again to take his spot and push him to a higher weight."

Once in the lineup, Weaver was unstoppable, winning three state titles from 1975-77. He posted an 87-3 record during his career at Easton, with 56 pins at 98 and 105 pounds.

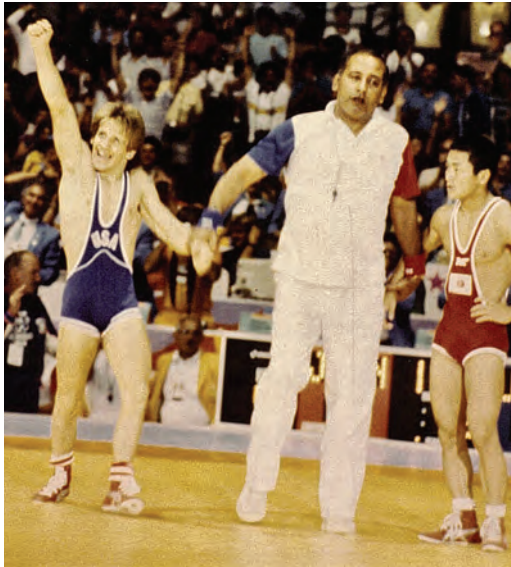
While Weaver was tearing up the Penn-

much he ate, Weaver couldn't come close to that level. While his buddies were dying for a leaf of lettuce, he chowed.

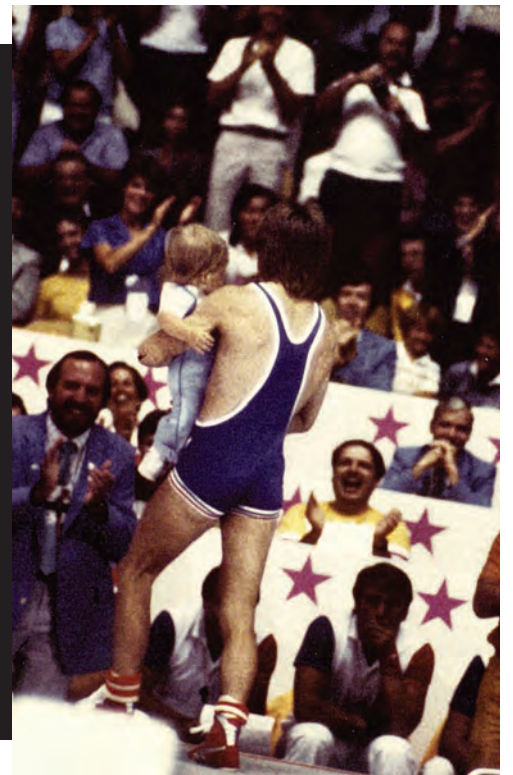
He and Lori had married at Lehigh and shared an apartment. He wrestled while she worked and took care of him.

"I was cooking him steak and potatoes, and other guys were sucking on ice cubes," Lori says. "He didn't weigh 118 pounds with all his clothes on."

In fact, he usually topped out at 113. Trouble was, he was facing opponents who had cut down from 130-135, and whenever he took part in a two-day tournament, he would be giving away as many as 20 pounds on the second day. (Most tournaments allow wrestlers to weigh in for the next day after their first match; they then eat and drink before wrestling again to bulk up.) His solution was



Bobby Weaver's pin of Japan's Takashi Irie in the 1984 Olympics gold medal match set off a celebration nearly as memorable as the victory itself. After making his Olympic dream come true, Weaver performed a back flip, jumped into the arms of his coach Dan Gable, ran over to the stands, kissed his wife Lori, and grabbed their then-infant son Bobby Jr. and carried him on a victory lap around the Anaheim Convention Center. Like so many great sports moments, Weaver's gold medal win and exuberant celebration live on—thanks to YouTube. Visit YouTube.com and search for "Bobby Weaver gold medal 1984" to view the full clip.





Bobby Weaver's 1984 Olympic gold medal opened doors for him to meet pop culture icons and even presidents. But it all started at Lehigh.

1. *With Mickey Mouse*
2. *The 1982 Lehigh wrestling team (Weaver is on the bottom right)*
3. *With the Dallas Cowboys cheerleaders*
4. *With Nancy and President Ronald Reagan*
5. *A Weaver family portrait, at daughter Tiffany's wedding: from left, Jessica, Bobby, Tiffany, Lori, and Bobby Jr.*

to take his ability and maximize it.

"He had an unbelievable amount of drive and desire," then-Lehigh coach Thad Turner says. "To do what he did, as small as he was, was impressive."

At Lehigh, Weaver won a pair of Eastern championships and advanced to the NCAA tourney three times. As a junior in 1981, he finished third in the country, dropping a decision to Randy Willingham of Oklahoma State in the national quarterfinals, but fighting back to win the consolation bracket.

Weaver's collegiate success was impressive, but it paled next to what he accomplished on the international scene. In 1979, he made his first U.S. national team, and a year later, he earned a spot on the U.S. Olympic squad. Weaver was thrilled and looked forward to wrestling in Moscow.

Unfortunately, the government had other ideas. The United States boycotted the Summer Games in protest of the USSR's invasion of Afghanistan the previous December. It was a crushing blow for every athlete scheduled to compete, although Weaver looked at it differently than some of his teammates.

"I was still fairly young, and I didn't understand the impact that someone who was closer to 30 felt," he says. "I knew I would get another chance. It was disappointing, yes, but if I had been older, I would have been very

"I was not surprised about the emotion.

It just built up over all the years of wrestling."

disappointed. Still, I lost an opportunity when I was wrestling very well."

Weaver did get another chance, in 1984, and he capitalized. After failing to make the 1983 U.S. World Cup team because he cut down to 105 pounds too quickly and lost strength, Weaver prepared properly for the '84 Olympic trials and made the team that would compete in Los Angeles. The Soviet Bloc returned the U.S. favor from 1980 and sat out the L.A. Games, diluting the field somewhat, but it wouldn't have mattered much. Weaver had finished third earlier in the year in Tbilisi, USSR, against the top Soviet wrestlers—"I could have been better," he says—and would have been one of the favorites to win Olympic gold, no matter who was there.

The Olympic field was no match for

Weaver, who tore through his first three opponents, dispatching each in the first period. In the final, he pinned Japan's Takashi Irie in 2:58 and then staged a jubilant, cathartic celebration.

Weaver ran laps around the venue by himself and then grabbed his infant son, Bobby Jr., and ran some more. The crowd loved it, and it became a highlight-reel staple.

"I was not surprised about the emotion," Lori says. "It just built up over all the years of wrestling."

TEACHING FUTURE CHAMPIONS

When Strobel returned from Oklahoma City, he brought Weaver's Hall of Fame plaque and ring to a practice session for Weaver Elite, the wrestler's club team that attracts kids from the Lehigh Valley. He presented the hardware to Weaver in a small ceremony and stepped back to listen as Weaver explained what it all meant to him.


"He has an infectious personality, and he takes control of the area when he speaks," Strobel says. "The kids listen to him, and he does a great job of teaching."

Watching him with the kids, Strobel couldn't help but shake his head. Though Weaver teaches sixth-grade math at Phillipsburg Middle School and has been there

15 years, he worked in banking for 10 years after ending his wrestling career. He didn't realize that being around children was his true calling.

"I was teaching some kids to wrestle, and their parents watched me instruct them and told me I was in the wrong business [banking]," Weaver says. "They said I should be teaching."

So, he teaches. Math. Double-arm bars. Life. The kid who couldn't beat anybody on the mats has become a champion, a Hall of Famer, and an example to all who doubt that hard work, determination, and time can combine to produce a pretty impressive product. He's back at Lehigh, too, helping out Strobel at camps. It's just part of the wrestling life, part of Bobby Weaver.

And it always will be. 

Thad Turner joins Leeman with 9th NCAA individual title coached (Pete Yozzo)

1987

1987

Turner celebrates fina season with surprise EIWA team title (8th in 18 yrs)

Tom Hutchinson is 2nd of 3 LU coaches of Pan Am Games (Sheridan, Strobel)

1990

1996

Greg Strobel hired as head coach; also Head Coach, U.S. Olympic Team

Strobel again named Olympic Head Coach

2000

2001

USA Today honors Grace Hall as 1 of 5 greatest college indoor venues

Rob Rohn scores greatest-ever NCAA final comeback win with 4th tourney fall

2002

2003

Jon Trence becomes LU's 10th 2-time NCAA finalist 1st 2x ugrad Midlands champ

All-time Lehigh record home dual meet crowd of 5,823
LU season record three dual meet wins vs. Top 4 NCAA teams

2005

2006

Strobel is fastest EIWA coach to earn 6 team titles (in 1st 11 seasons)

N.Y. Times features Lehigh fans and wrestling tradition

5th straight EIWA team title matches LU best of '31-'35 as league's best since 1917

Greg Strobel moves into administrative leadership role with Athletics Department and Pat Santoro is named head coach.

2008

SAVE THE DATE

Lehigh Wrestling Gala celebrating LU's 100th season of wrestling

January 24, 2009 at Saucon Valley Country Club

For more information, contact Denny Diehl at dennydiehl@aol.com or Greg Strobel at gos2@lehigh.edu.






AROUND the world in 80 YEARS

There was no farewell banner, no gold watch, no retirement dinner—not even a whisper of a warning. But after more than three decades of inspired leadership, Arthur Tauck, founder and president of Tauck Tours, walked into the office one morning, handed his keys to his stunned 27-year-old son, and retired with the words: “I’m going fishing.” He never looked back, never set foot in that building again. For his son, there was only one thing to do: pick up the ball and run with it. And run he did.

written By e.A. tremBlAy
photogr Aph By niCK rUeChel



Tauck created a leading global company from the tour business his father ran out of their house.



Tauck's tourism business has taken him from white castles on the Rhine River to the White House. Second photo from top, Tauck and his daughter Robin accept the Preserve America Presidential Award from President George W. Bush and First Lady Laura Bush.

Arthur C. Tauck Jr. '53 had been with the company full time for only a couple of years on that morning in 1958, but he'd already shown the same knack for inventive thinking that had inspired his father to create the world's very first motor coach tour 33 years earlier. In fact, just a few months before, young Tauck had come up with the idea of chartering a tourist flight to Nova Scotia every Sunday—also a world's first. The only other way to get there was by car, so a plane ride would save a week's travel time. His father, however, had been less than enthusiastic about the idea.

"He said I was going to put us out of business," Tauck remembers, "because at that point only 5 percent of the American public had ever been on a plane."

To make matters worse, the company had to fight for special dispensation from the Civil Aeronautics Board to run the charters, because it wasn't a regular passenger carrier. Fortunately, Tauck has since seen some vindication for his efforts. Today, a half-century later, the Nova Scotia tours are still running and profitable. Only now the company is called Tauck World Discovery, and Tauck has transformed it into one of the largest and most prestigious tour operations in the United States.

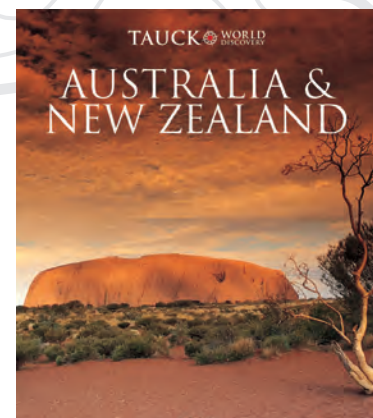
TO THE TOUR BUSINESS BORN

Although Tauck had been working full time for only a few years when he took over the company, he wasn't exactly a newcomer to the travel business. In fact, it had been an ever-present part of his childhood in South Orange, N.J. By the year of his birth, 1931, his father had already launched a number of motor coach tours that took travelers from New York City to New England and back, mostly over hundreds of miles of back-country dirt roads. He had established the routes while selling the first aluminum coin trays (which he had invented) to banks all over the Northeast.

He ran the tour business out of their home.

"My mother used to answer the phone and took the bookings," Tauck recalls. "My father drove the tour bus. He'd stop in a town—say Portland, Maine—and he'd tell people where to go for lunch and what sights to see. While they were out doing these things, he'd run around to the local banks and sell his coin boxes, which he'd stowed on the roof of the bus along with the guests' luggage. By the time I came along, the business had grown, and he was doing very well."

Unfortunately, the good times didn't last. Like many businesses, Tauck Tours struggled during the years of the Great Depression, and by the time it began earning



significant profits again, World War II put two new barriers in the way—gas and rubber rationing. As a result, the Interstate Commerce Commission issued a cease and desist order to the tour company, putting it out of business until more peaceful times.

Some families might not have survived a sudden and total loss of income, but not Tauck's. His father, with characteristic ingenuity, came up with an idea. Commercially produced vegetables were needed to feed American troops overseas, so the government had been urging civilians to grow their own food in "Victory Gardens." Because wood was rationed, however, people had no stakes for their tomato plants.

Tauck Sr. seized the opportunity.

"My dad got these lumbermen from way up north in New Jersey to cut lumber into sticks, and they'd deliver them into our driveway," Tauck recalls. "My sisters and I would quickly stack them, carve one end to a point, paint them green, and wrap them in packages of a dozen. I'm always amazed that I still have five fingers on my left hand because we used to point the sticks with a circular saw with no guards on it. We'd do maybe a thousand in an afternoon that way."

They would then transport them into the center of town on a casket-hauling truck and sell them to passers-by.

It wasn't a formula for wealth, but it put vittles on the table until 1947, when the travel business began operating tours again, now to New England, Florida, and Niagara-Ontario. By the following year, Tauck Tours was also taking people to New Orleans, Canada's Gaspé Peninsula, and Williamsburg, Va.

OUT OF THE NEST

After high school, young Tauck decided it was time to take a couple of tours of his own—to college and the military. He left home that September to study marketing at Lehigh University, where he also found time to play lacrosse, serve as a member of

the sophomore and junior class cabinets, and hold the positions of vice president, treasurer, and house manager of the Delta Upsilon fraternity. Even as a student, however, the travel business was never far from his mind.

"I remember that I took a transportation course," he says, "and I was supposed to write a paper on railroad loading tariffs. Instead, I went to the professor and told him that my family was involved in a transportation case before the Interstate Commerce Commission. I asked if I could research and write on that case instead. The point is, my head was with

the company all the time. During the summer months, I escorted tours to Boston, Cambridge, Lexington, and Concord."

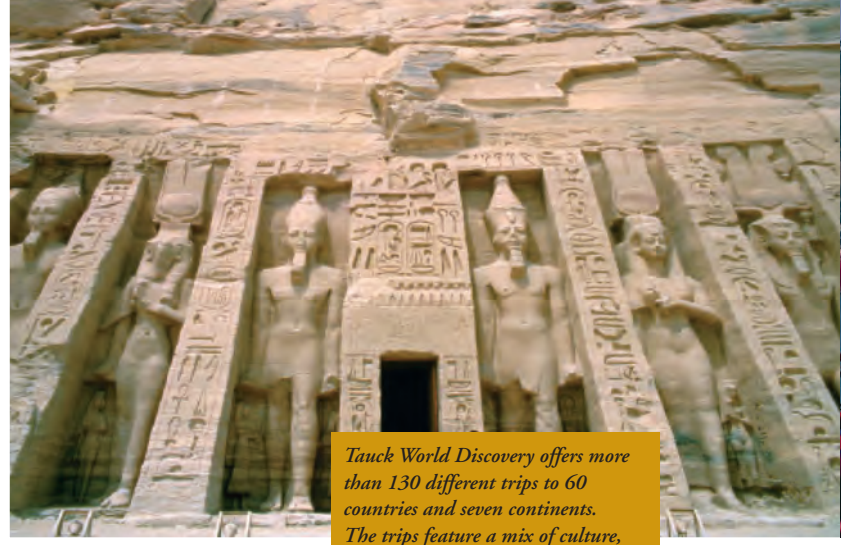
His preoccupation with the family business, however, had its biggest payoff when he enlisted in the Air Force after graduation and ended up stationed in Germany for two-and-a-half years. He noticed that European road maps of the day offered an interesting feature: Roads less traveled, with their undiscovered tourist sites, were drawn in yellow. That piece of information, which he tucked away in his memory, surfaced again many years later when he created the Yellow Roads of Europe Tour Packages. Those tours eventually came to represent more than half of the company's business.

SEEING THE WORLD, FROM BUSES TO BALLOONS

With his discharge from the service came the opportunity Tauck had always been waiting for: He went to work for the company as a tour operator. The rest, as they say, is history. After his father's surprise retirement in 1958, Tauck went on to create a series of innovations that transformed the face of the travel industry.

He first took aim at the Canadian Rockies, which held a special attraction for him.





Tauck World Discovery offers more than 130 different trips to 60 countries and seven continents. The trips feature a mix of culture, leisure, and adventure.

“Banff, Lake Louise, and Jasper is probably the most beautiful area in all of North America,” he says. “But in those days, it was a frontier land, and the only way you could get there was on either the Canadian Pacific or Canadian National railroad.”

To Tauck, that offered both a challenge and an opportunity—two things he couldn’t resist.

As with Nova Scotia, his idea was to link air travel with the West. Perhaps predictably, however, the hotel managers didn’t take him seriously.

“They would laugh at me,” he recalls, “and they would say, ‘What audacity you have to come here and ask for rooms and bring people by airline. Don’t you realize that this hotel was built to serve a railroad?’ Every year they would tell me the same thing, and I’d say, ‘Well, air travel is coming, so I’ll see you next year, and I’ll ask the same question.’”

Eventually, his persistence paid off. Starting with the Banff Springs Hotel, managers began setting aside rooms for Tauck, and before long, he was filling them. He also went to work on linking America’s great canyons and national parks by air.

One, Monument Valley Navajo Tribal Park, site of the sandstone buttes, mesas, and spires that make an appearance in many television commercials and Hollywood Westerns, posed a particular problem, as there was no airport of any size nearby. There was, however, a dirt landing strip accessible by small, single-engine planes.

To this day, tourists land on that strip to transfer to a waiting Jeep with a local Navajo guide.

Tauck is particularly proud that his company was the first to introduce helicopter sightseeing in the Hawaiian Islands. Later, the company pioneered the use of helicopters to carry older people—often in their 70s and 80s—to mountain sites in the Canadian

Rockies they might never otherwise be able to visit.

“This was not flight-seeing,” he explains. “This was not going up and everybody’s looking out of windows. We’d pick up 10 people and leave them on a glacier with a very experienced Alpine guide for maybe an hour and a half. In the meantime, we’d pick up the next group and put them in a meadow somewhere, then pick up the next group and put them someplace else. Then we’d hopscotch the groups around.

“We made less profit on that program than on almost anything else we ever did, but the beauty of it was that it gave people such a strong emotional response. In fact, afterward you’d see them with tears in their eyes because they’d done something they never thought they could do.”

The “heli-hiking” program, started in 1978, is still in operation.

Tauck Tours officially changed its name to Tauck World Discovery in 2000 and now, more than 80 years after its founding, goes around the world, offering 130 unique trips

visiting 60 countries and all seven continents (yes, including Antarctica) via every mode of travel from buses to balloons. It has won every award in the industry.

Arthur Tauck Jr. has done more than pick up his father’s ball and run with it: He has scored touchdown after touchdown.

TAUCK IS PARTICULARLY PROUD THAT HIS COMPANY WAS THE FIRST to introduce helicopter sightseeing in the Hawaiian Islands.

THE JOURNEY CONTINUES

Tauck still retains the title of Chairman of the Board, but he’s left the day-to-day operations of the company to his daughter Robin Tauck, company president, and his son-in-law Dan Mahar, CEO.

Still, he keeps his hand in.

“I’m not in the office. But in my study at home, I tune right into all the systems over there, so I can find out what’s going on,” he says.



SPARKS PROGRAM TIES FAMILY PASSION TO PHILANTHROPY

The philanthropic program that is perhaps closest to the heart of Arthur Tauck Jr. and his family is Sparks, founded in 2006.

The program's mission is encapsulated in a line from the Irish poet William Butler Yeats:

*Education is not the fillin' of a pail,
but the lighting of a fire*

As Bruce Springsteen almost said years later, you can't light a fire without a Sparks. The program engages disadvantaged middle-school students in four to six weeks of preparation, culminating in a six-day tour of U.S. sites away from home.

The first Sparks outing was to the Washington, D.C., and Annapolis, Md., areas and included sightseeing, learning, college and career exploration, and recreation.

Participants, under the care of four chaperones and a tour director, traveled by motor coach, stayed at hotels, dined in local restaurants, and listened to expert guides—including midshipmen at the U.S. Naval Academy in Annapolis.

"What excites the family is that, with this program, we're giving more than just dollars," says Tauck's daughter, Elizabeth Walters, managing director of the Tauck Foundation. "We're using our knowledge, our background, our expertise, our contacts, and our passion for travel."

Tauck also learned from the experience.

"The interesting thing is that the kids are very easy to handle, but the parents are very concerned," Tauck says. "I see a few trips off each year and talk to the parents more than to the kids. They're worried about the kids because they've never left home before."

"I remember the very first one, we realized what it meant to the parents when this young guy, who you would think was in complete control of everything, stood up almost with tears in his eyes, and said, 'I'm scared. My child has never been away, and I don't know who you are.' So we grasped that immediately and tried to put together programs that would keep the parents at ease."

He has also found ways, beyond the travel business, to make a contribution to others' lives: He has remained a dynamic supporter of Lehigh University, and he has become an active philanthropist.


At Lehigh, he has funded a chair in international marketing and a classroom in the Rauch Business Center, as well as the Arthur C. Tauck Scholarship and the Tauck Scholars Program, which provides opportunities for students during their junior and senior years to take international summer internships and other learning opportunities in foreign cultural settings.

He pursues his philanthropic interests through the Tauck Foundation (www.tauckfoundation.org), established in 1994. Although he originally used the fund as a vehicle for his own private giving, it has since expanded its mission under the stewardship of his daughter Elizabeth Walters, the foundation's managing director.

The Tauck Foundation helps others in many ways, including:

- Destination grants, which fund historical, cultural, and environmental preservation projects at sites where Tauck World Discovery currently takes visitors
- Youth funding, which supports after-school and summer programs for disadvantaged youths ages 12 to 18
- Community giving, which supports community organizations primarily in southwestern Connecticut
- Special community grants, which support one-time project needs of local organizations in Connecticut that have received past funding from the Tauck Foundation
- Discretionary giving, which matches the charitable donations of family members

With all of his philanthropic and alumni activities, as well as a current avocation of managing four investment portfolios, Tauck still has to deal with one old challenge that has hounded him all of his life.

"My waking hours at night—you know, we all wake sometimes in the middle of the night and can't get back to sleep as something roams through our head—they have something to do with the travel business all the time. I just can't get away from it." But that's what happens when you love something. It's always on your mind. 



KEEPERS *of the* Slame

Each spring, for 140 years, Lehigh University has celebrated as the latest class of students makes the formal transition to the ranks of alumni. As the Class of 2008 embarks on its quest to make a difference in the world, we look at three members—Victoria Berenholz, Dev Chanchani, and Ahmed Salim—who represent what makes a Lehigh education so cherished.

And to all of their classmates, we say:

Welcome to our alumni family.

good As gold

A junior-year internship with consumer health powerhouse Johnson & Johnson helped Victoria Berenholz '08 strike GOLD.

Berenholz, who graduated in May with an industrial engineering degree, saved Johnson & Johnson hundreds of

thousands of dollars during her 2006-07 internship, which she refers to as her “semester abroad across the Delaware River” in Skillman, N.J.

The company was so impressed that it brought Berenholz on board in July under its Global Operations Leadership Development (GOLD) program, designed to create future leaders.

Under the program, she will serve three eight-month rotations, working in at least two

of Johnson & Johnson’s three business sectors—pharmaceuticals, consumer products, and medical devices—as well as in at least two of three different business functions—operations, engineering, and quality.

“My goal from the GOLD program is to get some more breadth of exposure by learning about the various business functions and business sectors that I did not have exposure to during my co-op experience,” Berenholz says.

Working with the health-care company has other benefits, as well.

“I have cotton swabs to last a lifetime, as well as body wash and Band-Aids and a lot of other products,” she quips.

In addition to her Johnson & Johnson internship, Berenholz clearly made the most of her Lehigh years. She was named student of the year by the industrial engineering department three years in a row, and presided over the industrial



Victoria Berenholz '08

PHOTO BY ALISON CONKLIN

engineering honors society her senior year. Her independent research project, which was completed with Christopher Barrett '08, received third place in an undergraduate research symposium.

Her Lehigh experiences prepared her to take full advantage of the opportunities presented by the internship.

Berenholz spent the fall 2006 semester and the following summer—a total of almost eight months—at Johnson & Johnson as part of Lehigh's engineering cooperative education program. She started out working in the skin and wound care department, where she led a project team formed to create a distribution center on the West Coast.

By employing a model she learned in class, Berenholz reduced the lead time by 75 percent and cut costs by \$300,000.

The following summer, she worked in the company's baby supplies division, under Lehigh alumna Joanne Strout '99, a senior supply chain planner.

"She performed extremely well," Strout says. "I was sad to see her go. She took a lot of initiative and she excelled."

As a senior, Berenholz wanted to expand her knowledge of industrial engineering from health care to finance. So in the fall 2007 semester, she and Barrett conducted a research project for the financial services firm Morgan Stanley. Their work was advised by Aurelie Thiele, professor of industrial engineering.

The students compared two methods that portfolio managers use to minimize risk associated with different investment portfolios. The simpler method minimizes all variance from the expected return, even unexpected gains. The other, more complicated, method penalizes a portfolio only when it falls below the expected return.

Through their research, the students discovered that the investments made using the two methods were very similar—too similar to recommend using the more complicated one.

Berenholz and Barrett

presented their results to a senior vice president at Morgan Stanley, Wilson Yale '73, '75 M.S., '78 Ph.D., in January. This spring, their project won third prize at the David and Lorraine Freed Undergraduate Research Symposium of the P.C. Rossin College of Engineering and Applied Science.

"What has impressed me with Victoria is that she's learned very quickly about finance," Thiele says. "A key sign of students who are going to do well in the workforce is that, no matter what you throw at them, they will be able to understand it quickly."

Berenholz also seeks ways to give back to the community. At Lehigh, she volunteered with the Healthy Hawks, educating students about nutrition and exercise, and helped with community outreach programs, such as the annual Spring Fling, which welcomes neighborhood children to campus for games and food.

To give back to the industrial engineering department,

Berenholz presided over Lehigh's chapter of the national industrial engineering honors society, Alpha Pi Mu. As last year's president, she spearheaded a meet-and-greet for first-year engineers to encounter current industrial engineering (IE) faculty and students.

"It was important for us, because many people are unaware of IE," says Nicholas Odrey, professor of industrial engineering and the group's faculty adviser. "Many people are aware that mechanical engineers design and build various things, including cars; civil engineers design and build bridges; and electrical engineering has many things that go snap, crackle, pop. IE is more nebulous—we build integrated systems."

Both Odrey and Thiele predict that Berenholz will excel in the business world.

Thiele says, "She is someone who is apart from the crowd."

—Becky Straw

A promise Kept

Dev Chanchani '08 seemed to have it all: a successful career, a thriving business, and a loving family. But there was always one thing missing—a college degree.

In 1995, Chanchani and two of his Lehigh University classmates, Kenn Wagenheim and Scott Walters, created a Web development/hosting company based on a business plan Chanchani created for a business class at Lehigh.

"We knew that the Internet was going to explode. We knew that we loved computers and had some skills that businesses could use to get a jump start on

the Internet,” Chanchani says.

Before long, their big dreams of building a successful business were becoming a reality.

“Soon after starting the business, we dropped out of college because our time was spread too thin, as we were all students,” Chanchani says. “We were all working at Lehigh and we had the business. We soon realized if we were going to succeed, we needed to devote our full time to developing the business.”

His family, however, was not as convinced as the young and enthusiastic Chanchani that the three students were sitting on top of a gold mine.

“The were supportive, but definitel not happy,” Chanchani says. “Education was always very important to my family, and they were really concerned that if the business didn’t work and I didn’t complete my education, I would be a little stuck. The were wonderful and very helpful, but dropping out did cause a little contention.”

It wasn’t long before there was contention within the business, too. Chanchani soon realized that his vision for the business was not shared by his partners, and the trio split up.

“We parted ways mostly because we were young and didn’t know how to handle conflic very well,” Chanchani says. “We had some disagreements about the direction of the business and how to position ourselves. Unfortunately, this led to me leaving our partnership and starting a similar company, INetU.”

By 2002, with INetU stable and prospering, Chanchani decided to return to Lehigh to complete his education.

“I started to finis my education largely due to a serious promise I made to my



Dev Chanchani '08

PHOTO BY DOUGLAS BENEDICT

mother when I dropped out that I would return and finish as soon as the business was mature enough to allow me to do so,” Chanchani says.

It was more than that promise that kept Chanchani in the classroom.

“I quickly realized that there is incredible value in learning the business basics,” Chanchani says. “I had some great teachers at Lehigh and was able to apply what I was learning in class almost immediately to the business. As these lessons improved the business, my desire to finis my education grew.”

When he returned to Lehigh, Chanchani needed 55 credits to graduate. Over the next six years, he skillfully balanced his career and his education.

“It was difficul but not as hard as one might fear,” Chanchani says. “Several things helped. The business had reached a level of maturity where I had excellent managers and employees in place to keep things running while I was at

school. Everyone at INetU was very supportive. It was mentally tiring having to worry about both INetU and school, but only taking one or two classes at a time really helped me manage the things on my plate.”

Chanchani also found that his focus was much sharper as he studied to earn his marketing degree.

“It was a little strange, but mostly because my perspective changed,” Chanchani says. “When I was originally a full-time student, before dropping out, I was more concerned with getting out of class early and social activities. After returning, I was really concerned with learning.”

Meanwhile, INetU continued to flourish.

“We have an excellent and committed management team which all started in nonmanagement roles and have grown as

the business has grown,” Chanchani says. They have done an excellent job. INetU has also been very fortunate to have incredible employees. Every day, they impress me and make me very proud of their hard work, commitment, and creativity.”

In January, Chanchani’s dream of becoming a college graduate finally came true. Even though it took him longer than he originally planned, he says it was the smartest business plan he could have created.

“Business can be risky,” Chanchani says. “You never know how things will turn out in the end, and it was very comforting knowing I had my degree to not only assist me in my business, but fall back on should something not work out.”

—Madelyn King

ambassador of Hope

William Scott vividly remembers teaching the first year seminar on reparations for slavery four years ago. “It was probably the most diverse class I ever had,” the professor of history and director of Africana studies recalls.

Scott remembers listening “raptly” to the perspectives of several African and white Americans whose voices mingled with a student from England, a white South African, and an Australian.

“And there was Ahmed from East Africa,” Scott says. “We had all kinds of views regarding the pros and cons of the argument. The debates were intense and compelling.”

A text the students read mentioned one of Tanzania's foremost diplomats, Salim Ahmed Salim.

When Scott asked Ahmed Salim '08 if the diplomat was a distant relation, the student replied: "My father."

Ahmed's father, Salim Salim, has been the African Union Special Envoy to Darfur since 2004. While serving as Secretary General of the Organization of African Unity from 1989 to 2001, he oversaw its transformation into the African Union. Since the 1960s, he has worked as a diplomat for Tanzania to Egypt, India, China, the Caribbean countries including Cuba, and the United Nations. In his home country, he has also held high positions, including that of Prime Minister from 1984-1985.

Ahmed, who graduated in May with a degree in international relations, doesn't trade on his father's position, only discussing it when questioned.

"I'm never going to deny who my dad is. But if it's not a subject, I don't mention it," he says. "Plus, I didn't do anything. I wasn't an ambassador at 22. I didn't try to solve any problems, so I can't claim any credit."

Ahmed may not be an official member of Tanzania's foreign service, but during his four years as an undergraduate, he served as an ambassador to Lehigh University. Between classes, homework, and gigs working as a DJ, he spearheaded two campuswide events during his senior year that sought to educate the Lehigh community about Africa.

"Coming to Lehigh, I guess the only culture shock I had was that it was a pretty homogenous society," he says. "I had to represent Tanzania and even Africa sometimes. But my pride went up exponentially in my own

country and my own continent."

Ahmed and his friend, John Calvin Smiley '08, organized the Rock for Darfur concert that showcased some of Lehigh's most talented musicians and performers and also featured a performance by the Ghanaian rapper Blitz the Ambassador. The concert, held in November, sought to raise awareness of

reveal Africa's beauty and foster hope for the continent.

"Africa Week started as a way for students and professors to deviate from the usual discussions of Africa," he says. "We're not denying that there are problems. But if people know about a culture and a people, then they will do everything in their power to see that it is preserved."

27 lecture marked his first trip to Lehigh's campus. He returned again in May to see his son get his degree.

"When he comes out of Lehigh, he will know that it is not the end but the beginning. Education is a continual process," says Salim Salim, who is a postgraduate alumnus of Columbia University



PHOTO BY ALISON CONKLIN

Ahmed Salim '08 with his father, diplomat Salim Ahmed Salim, beside him.

the Sudanese conflict among the Lehigh community.

More than 250 people attended the event and donated more than \$2,000 for the Enough Project, a group that seeks to promote peace in Darfur, Northern Uganda, and Eastern Congo.

During the spring semester, Salim organized a six-day exploration of his home continent. Africa Week included a variety of lectures and cultural events designed to

In achieving this goal, Scott says, "Africa Week was tremendously successful."

One of the week's keynote speakers was Salim Salim, who presented a lecture titled "The Evolution of Africa" at no charge to the university.

"I'm proud of (Ahmed's) activities here," the diplomat says of his son. "It's important for people to know what is happening around the globe and in Africa."

The elder Salim's March

and has accrued seven honorary doctorates in disciplines such as humanities, international relations, and law.

This fall, Ahmed Salim is pursuing a master's degree in international affairs at Columbia University, after which he hopes to embark on a career in conflict resolution.

"You'll know when you feel like you've done something, and I don't think I've done anything. I have a long way to go," he says.

—Becky Straw LU

WOVEN INTO THE TAPESTRY OF LEHIGH TRADITION

I gave my first “50s” speech in late August to the Class of 2012 at their First-Year Student Rally.

Some of you will remember that speech from your own rally: In 50 minutes, you'll be done listening to this speech; in 50 hours, your first day of classes will be behind you; in 50 days, you'll be well into your first semester; in 50 months, you'll be a Lehigh graduate, working at your first job. And in 50 years, you'll be back, welcoming the Class of 2062 to your Lehigh family.

The “50s” speech is part of the 64-year tradition of the Rally—the initiation rite for our newest Lehigh family members. The evening offers two fundamental lessons: hate Lafayette, and be proud. Be proud to join the Lehigh family; it's an accomplishment just to get here. Be proud of Lehigh's heritage. Be proud to walk the storied halls, knowing you're someplace special.

I'm not a graduate of Lehigh—I don't know whether you knew that. I came to Lehigh because I was assigned here by the U.S. Army to run the ROTC program. My undergraduate days were well behind me the first time I looked up at this magnificent old building, and the first time I hollered for a Brown and White touchdown, and the first time I walked across a shady U.C. lawn on an early fall morning.

I remember each of those days—and countless others. In the 14 years I've spent here, as a coach, teacher, counselor, admissions officer, and staff member, this place has seeped into my blood in a way no other place—not even my own alma mater—ever has. I don't want to say I “bleed brown and white”—that's a tired cliché, and I worry that some of you might take it the wrong way. But I do know the passion you feel for your alma mater, because I feel it, too.

It's my job to make sure that Lehigh remains a part of your life—no matter when you graduated or what you've done since. Whether you're a captain of industry or the captain of a fishing boat off the coast of Maine, I want to keep you connected to Lehigh and to remind you—every day, if possible—that no matter where you are, a part of you is still right here on South Mountain, woven into the tapestry of Lehigh tradition. That's what makes us Lehigh, and that's why I'm here. I look forward to working with you.



During his 14 years at Lehigh, Wolfenden has come to understand the passion that Lehigh graduates feel for their alma mater.

Robert W. Wolfenden
Publisher
Assistant Vice President for Alumni Relations



PHOTO BY RYAN DONNELL

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the last word

EDUCATION IS A LIFELONG PROCESS

Earning a Ph.D. at Lehigh University was a very remote goal I never hoped to achieve when my husband, Coleman, and I decided that his career as a chemist hinged on his acquiring his Ph.D.

In 1968, he resigned as a process engineer at Merck Chemical Co. in Danville, Pa. (I was the assistant plant manager's secretary, and we met when he arrived as a new employee in 1966.) Subsequently, we moved from Danville to Bethlehem with two daughters (Lorraine, a 3-year-old, and Virginia, a newborn) so he could attend Lehigh.

This venture was the first step on my path to receiving a Ph.D. in 2007, at the age of 73. Raised in a Pennsylvania Dutch farm area where children rarely attended college, I had never even thought of a B.A., much less a Ph.D., although I was valedictorian of my high school class with a business major.

To supplement Cole's meager graduate student stipend, I invested in a new electric typewriter and used my spare time to type master's theses and Ph.D. dissertations for graduate students at Lehigh and other area colleges.

Working at home allowed me to manage my household and care for my children without any hired help. I also typed special assignments for the chemistry department at Lehigh and accepted a job as editorial assistant for two scientific journals (*Journal of Colloid and Interface Science* and *Advances*

Should I try for a Ph.D. and face failure rather than spend the rest of my life wondering if I could have reached my goal?

in Colloid and Interface Science) edited by a Lehigh chemistry professor, Albert Zettlemoyer—also work I could handle at home.

In addition, I honed my skills as a gourmet cook by preparing dinner for eight Lehigh graduate students twice a week. The fee for the students was two-fold: \$2 per meal and a critique of the food.

When daughter number three (Marianne) started first grade in 1980, I accepted a job working as a secretary in Lehigh's chem-

istry department while continuing my work as editorial assistant for the journals. When Al retired as editor in 1986, I became the editorial assistant for *Energy & Fuels*, with John Larsen—another Lehigh chemistry professor—as editor.

When I approached John about taking courses at Lehigh, he enthusiastically approved my request. Thus, with my children well into their educational programs, in 1987 I enrolled in my first undergraduate college course, electing Elementary German.

Although I chose to take two additional semesters of German, my first course in the English department, American Literature, was truly an inspiration. I enjoyed courses on the work of Chaucer, Shakespeare, the Brontes, and modern literature and found writing papers to be my niche. Winning two Williams Writing Prizes and attaining Phi Beta Kappa were the icing on the cake.

Struggling through physics and mathematics made me question the wisdom of obtaining a degree, but I was determined to finish. In 1999, I received my B.A. in English at the same time my daughter Marianne took her M.S. in molecular biology. In 2001, we again graduated together (M.A. in English for me and a Ph.D. in molecular biology for Marianne). In the meantime, Lorraine had completed her D.D.S. at Temple Dental School in 1988, and Virginia had acquired her J.D. at Dickinson School of Law in 1990.

When John Larsen relinquished his editorship in 2001, I accepted assistantships at Lehigh for three journals: *Acta Materialia* (Dave Williams), *Microscopy and Microanalysis* (Charles Lyman), and *Catalysis Reviews*



Elsie Hamel, left, receives her Ph.D. in English last year, as her faculty advisor, Elizabeth Fifer, professor of English, looks on proudly.

(Kamil Klier). Editing papers and working with talented editors continued to give me a lot of job satisfaction, but the completion of my education weighed heavily on my mind.

I spent the next 18 months deciding if I had the courage and brains to take this next step: Should I try for a Ph.D. and face failure rather than spend the rest of my life wondering if I could have reached my goal? With a confidence boost from my family and editors, I enrolled in my Ph.D. program in the summer of 2004.

Like all Ph.D. students, I found the work very challenging: mastering course work, longer and more difficult papers, language and qualifying examinations, Ph.D. dissertation, etc. Fortunately, my advisor, Elizabeth Fifer, was a huge source of inspiration, guidance, and encouragement. I owe her a huge debt for the wealth of knowledge and expertise she employed to keep me on track to the completion of my degree.

I am grateful for the tuition remission Lehigh offers employees and the vital role this program played in my degrees—I count my Ph.D. degree as a source of accomplishment equivalent to my success as a gourmet cook, wife, mother, and grandmother.

One additional incentive: I have “raised the bar” for my grandchildren in their educational achievements.

—Elsie Hamel

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An Auspicious Occasion

Daniel E. Smith Jr. '71, chairman of the Lehigh University board of trustees, addressed the standing-room-only crowd as Lehigh accepted a record \$34.2 million gift from the estate of alumnus Donald B. Stabler '30, '32G back in May. For more on the single largest gift in Lehigh history, [see page 4 >](#)