



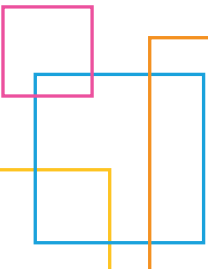
# prelusion

*Your guide to Lehigh's  
pre-orientation experiences*



CLASS *of* 2015

LEHIGH UNIVERSITY.





## WHAT IS PRELUSION?

Are you the type of person who wants to get the most out of college? Do you like experiencing new things and meeting new people? Do you want to create a connection with Lehigh before Orientation begins? Are you looking to challenge yourself with a new experience? If you answered yes to any of the above questions, then Prelusion is for you! Prelusion is a collection of optional pre-orientation programs designed to jump-start your college experience with students who have similar interests. Prelusion allows you to connect to Lehigh by engaging with a smaller community of students and staff before classes begin.

Prelusion begins on Monday, August 22, 2011, three days before the rest of the first-year class arrives and Orientation begins. You will move into your fall housing assignment in the morning and meet with the members of your program at lunch. While each of our programs is different, they do share some common elements. During the day, you will participate in a variety of activities based on your program theme. At night, all the on-campus\* program participants are invited to attend various social events to meet the students in the other Prelusion programs. Prelusion programs have been intentionally planned by Lehigh staff, faculty and students so participants will need to make arrangements to attend the entire program.

Each Prelusion program has a limited number of spaces, and sign-up is on a first-come, first-served basis. Students who register for a Prelusion program will receive a confirmation packet with specific program details and move-in information. Please don't make travel arrangements until you receive your confirmation. Limited scholarships are available for those who meet the requirements of the financial aid office. To learn more about Prelusion go to [www.lehigh.edu/~infys](http://www.lehigh.edu/~infys). Registration is available via the campus portal.

If your plans change over the summer, refund requests must be made in writing to [fye@lehigh.edu](mailto:fye@lehigh.edu) before June 30. No refund requests will be accepted after June 30, 2011

*\* OAP and SustainabLEHIGH will spend at least one night off campus.*

## ArtsAlive

ArtsAlive gives students the opportunities to discover and experience the exciting world of the visual, performing, and literary and design arts at Lehigh University as well as in the surrounding community. Students will get hands-on experiences in all aspects of the arts as they engage in various workshops and network with upperclassmen. The 2011 schedule includes: a trip to the Philadelphia Museum of Art; a hot-glass workshop; sessions on music, theatre, dance and more!



This program helps you connect your creative interests. ArtsAlive is not just for arts majors, but for any students with an interest in the arts. Students who have participated in the past years have majored in Computer Engineering, Chemical Engineering, Mathematics, Journalism, Sociology and Social Psychology.

**Cost: \$265 Capacity: 20**

## GlobaLehigh

GlobaLehigh takes you on a virtual three-day trip around the world as you immerse yourself in culture, cuisine and all things global. As you experience your first taste of campus, your activities will extend far and wide. Here are just a few of the activities awaiting you:

- Take a behind the scenes tour of the United Nations headquarters and meet with a diplomat
- Eat your way around the world
- Network with Lehigh alumni working in international careers
- Participate in a Globalization Simulation



This journey will be led by current students highly involved with all things Global at Lehigh. See for yourself why Lehigh University is truly a Global community!

**Cost: \$265 Capacity: 20**

*"GlobaLehigh expands students' horizons by encouraging them to think and live with a global attitude, and it challenged me to branch out and try new things and meet new people."*

## Outdoor Adventure Program (OAP)

Do you enjoy being adventurous, meeting new people, and being outdoors? If so, then OAP is for you! This program takes first-year students to the Pocono Mountains where they spend their time rafting down the Delaware River, playing paintball, taking day and night hikes and developing new friendships. Students will arrive on campus and drop off their belongings in their residence hall rooms before heading to the Pocono Environmental Education Center (PEEC) with their student trip leaders. While at the PEEC, the students will be housed duplex- style guest lodges. All trips are led by experienced student leader coordinators. This year students will participate in Paddle and Battle!



### “Paddle”: Rafting

Rafting on the scenic Delaware River, sunbathing, swimming, and fun make this trip memorable. RAFTERS MUST BE ABLE TO SWIM.

### “Battle”: Paintball

Kittatinny Paintball features exceptional mountaintop playing fields overlooking the beautiful Delaware River. Kittatinny’s fields, featuring natural forests with huge boulders and bunkers are designed to make each game exciting and fun! Paintballs are water-soluble, biodegradable, and non-toxic. Everything you need is provided.

**Cost: \$407 Capacity: 100**



## Quest

College is a quest where you will learn more about who you are, what you like, and who you want to be in the future. It’s a journey that is as unique as you. Getting involved in college often shapes the journey of new students. Not only does joining a club or organization offer a great social connection but it also offers you a chance to build your leadership skills and set yourself apart from your peers. Whether you were involved in high school or not, college is a great time to explore your interests and try new things. Lehigh has over 150 clubs and organizations in which you can get involved. Each opportunity can play an integral role in shaping your Lehigh experience...but how will choose what organizations to join? Are you thinking about joining a fraternity or sorority? Are you interested in being part of Student Senate or a member of Colleges Against Cancer? Have you thought about joining the ski team?

Understanding your values is an essential component to selecting an organization that best fits you. Quest will allow you to connect with involved upper-class students as well as staff, alumni and community leaders whom engaged this transformational process during their undergraduate experience. During Quest you will have the chance to identify organizations that match your values and interests, map out your personalized involvement experience as an aspiring student leader, and learn how to maximize your leadership potential within an organization. This experience will also take you to Philadelphia to explore leadership in a new light!

QUESTion your actions  
QUESTion your experience  
Get involved!

**Cost: \$265 Capacity:25**





## REAL WORLD-LU

Meeting new people and experiencing new cultures is what college life is all about! It all begins with keeping it REAL, understanding and sharing who you are while being exposed to the realities of college life at Lehigh! Join us in a three-day self-exploration of reflecting on your past, preparing for your present college life at Lehigh and thinking of ways to navigate your new home in Bethlehem, Pa.



REAL WORLD-LU will give you an opportunity to share with others what you bring to the table; allow you to push yourself out of your comfort zone and develop a stronger sense of self as you navigate this new land called Lehigh University; and to be paired with an upperclassmen mentor who will assist you along the way. Throughout this adventure, you will:

- experience a tour of the Lehigh community
- take a road trip
- participate in interactive activities
- enjoy great cultural food
- complete a ropes course
- Design a group presentation with your peers

**Cost: \$265 Capacity: 16**



*"I am more comfortable being myself and understanding myself. I feel like what I have to offer is special and unique."*

**"I GAINED A GREAT GROUP OF FRIENDS, RESPECT FOR MYSELF AND OTHERS, AND ALSO TRUST."**

*"I am a lot more excited for college & Freshmen year because of Real LU."*

## SustainabLEHIGH

Be part of the growing Lehigh University community that is focused on sustainability through various environmental, social and economic initiatives. In SustainabLEHIGH you will not only meet students, faculty and staff engaged in sustainability efforts but also explore the Lehigh Valley through biking, canoeing, eating organic meals and camping on our very own island!

As part of the exciting 3-day adventure you will:

- Learn about sustainability-related student clubs, courses and co-curricular opportunities
- Take a Green tour of the campus and visit our gardens, compost, LEED Building, Green House to learn about how Lehigh is becoming sustainable
- Learn about the complex environmental history of the region and the role of Lehigh University in shaping the valley
- Eat delicious organic meals from local farms
- Explore the surrounding community by biking and canoeing to our very own island for a night of camping under the stars

**Cost: \$325 Capacity: 25**



*"We do not inherit the earth from our ancestors, we borrow it from our children."*  
— Native American Proverb

*"When one tugs at a single thing surrounded by nature, he finds it attached to the rest of the world."*  
— John Muir

## Urban Ops

Your supplies: a map, a video camera and some cash to spend.

Your mission: to explore the hottest tourist destination in the United States with a group of your new friends.

Urban Ops gives you the opportunity to begin your Lehigh journey by exploring the university and New York City. Throughout this experience, you will participate in a ropes course, complete a jungle adventure simulation, meet young Lehigh alumni and learn concepts of group dynamics that will help you navigate the plethora of involvement opportunities at Lehigh.

Each group will be led by a highly trained squad leader to scout NYC where you will gather information using only the resources provided to you.

**Cost: \$290 Capacity: 30**



## Volunteer Experience (VE)

Volunteer Experience is a great way to begin your journey at Lehigh! Participants will immerse themselves in three days of service within the Lehigh Valley through which they will discover area agencies, take action to help alleviate issues facing their new community, and build lasting friendships. VE introduces incoming students to Lehigh's Community Service Office offering students a pathway to continue engaging in meaningful service throughout their four years at Lehigh if they so choose. This year Volunteer Experience is offering three service opportunities: a trip to Volunteers of America and Cityspace working with children, a trip to Jacobsburg Environmental Education Center helping address local environmental issues, and a trip to several local /human service agencies in Bethlehem to provide various forms of service.

**Jacobsburg Environmental Education Center:** Get your hands dirty while you help maintain the natural environment of this environmental education center. Various activities may include: deepening park waterways to promote healthy aquatic life, restoring trails, removing invasive plants, and creating habitats for indigenous amphibians.

**Volunteers of America/Cityspace:** It's more than just fun and games at VOA and Cityspace—local youth centers for children ages 6-13. You can make an impact by being a role model for this group of youngsters while having fun and enjoying students last few days of summer before school resumes!

**SouthSide Serve:** Get to know more about the Southside of Bethlehem while helping organizations in your new backyard. You will volunteer at various local neighborhood agencies including a senior center, a historical center, a food bank, and the South Bethlehem Library.

All trips are led by upper class students who are interested in community service and committed to providing you with the best first three days on campus you can have. Every evening after putting



"Going into my first year at Lehigh I couldn't wait to start that whole new chapter of my life, and I wanted it to start as soon as possible. The Urban-Ops PreLUision allowed me to get settled on campus early, start meeting new people earlier, and add my love of adventure into the mix, in other words, it was the perfect opportunity for me. Those few days I had with the other participants in the Urban Ops program allowed me to meet some of my best friends here on campus."

"Volunteer Experience was, for me, an opportunity to meet other like-minded students while having extra time to begin adjusting to life on campus before the chaotic first days of class. Looking back at my experience, VE was one of the best decisions I have ever made. In just a couple of days, I met new friends, learned the campus, and started to feel like Lehigh was my new home."

in a day of work at your project site, you will take part in activities with your fellow volunteers that help you become acquainted to your new home and new friends. Highlights include a BBQ with beach volleyball on campus one evening as well as dinners at off campus restaurants.

All meals will be included over the three days with the opportunity to check out the dining halls for breakfast, sample one of the most popular off-campus delis for lunch and socialize and relax for dinner time.

Check out our Facebook page by searching for "Lehigh University Volunteer Experience" on Facebook, or by visiting the following URL: [www.facebook.com/pages/Lehigh\\_University-Volunteer-Experience/105314616215411](http://www.facebook.com/pages/Lehigh_University-Volunteer-Experience/105314616215411)

Also, visit our website with leader biographies, photos, and more program information at: <http://www.lehigh.edu/service/vexperience/index.html>

**Cost: \$265 Capacity: 25**



## OFFICE OF THE FIRST-YEAR EXPERIENCE

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