WORK VALUES CHECKLIST

Begin by reading the entire list, and then rate each item using the scale that follows:

1 = Not Important At All
2 = Not Very Important
3 = Somewhat Important
4 = Very Important

_____      Help Society: Contribute to the betterment of the world I live in.
_____      Help Others: Help others directly, either individually or in small groups.
_____      Public Contact: Have lots of daily contact with people.
_____      Work with Others: Have close working relationships with a group. Work as a team toward common goals.
_____      Affiliation: Be recognized as a member of an organization whose type of work or status is important to me.
_____      Friendship: Develop close personal relationships with co-workers.
_____      Competition: Compare my abilities against others. There are clear outcomes.
_____      Make Decisions: Have the power to set policy and determine a course of action.
_____      Work Under Pressure: Work in a situation where deadlines and high quality work are required by my supervisor.
_____      Power and Authority: Control other people’s work activities.
_____      Influence People: Be in a position to change people’s attitudes and opinions.
Work Alone: Do things by myself, without much contact with others.

Knowledge: Seek knowledge, truth, and understanding.

Intellectual Status: Be regarded by others as an expert or a person of intellectual achievement.

Artistic Creativity: Do creative work in any of several art forms.

Creativity (general): Create new ideas, programs, organizational structures, or anything else that has not been developed by others.

Aesthetics: Have a job that involves sensitivity to beauty.

Supervision: Have a job in which I guide other people in their work.

Change and Variety: Have job duties that often change or are done in different settings.

Precision Work: Do work that allows little tolerance for error.

Stability: Have job duties that are largely predictable and not likely to change over long periods of time.

Fast Pace: Work quickly; keep up with a fast pace.

Recognition: Be recognized for the quality of my work in some visible or public way.

Excitement: Do work that is very exciting or that often is exciting.

Adventure: Do work that requires me to take risks.

Profit, Gain: Expect to earn large amounts of money or other material possessions.

Independence: Decide for myself what kind of work I’ll do and how I’ll go about it, not have to do what others tell me to do.
**Moral Fulfillment:** Feel that my work is contributing to a set of moral standards that I feel is very important.

**Location:** Find a place to live (town, geographic area) that matches my lifestyle and allows me to do the things I enjoy most.

**Community:** Live in a town or city where I can get involved in community affairs.

**Physical Challenge:** Have a job with physical demands that are challenging and rewarding.

**Time Freedom:** Handle my job according to my own time schedule; no specific working hours.

**My Top Five Values Are:**

1.

2.

3.

4.

5.