

Textbook Reading Tips: The SQ3R Method of Reading

- **SURVEY**
 - a. Read the introduction to and the final paragraph of the chapter
 - b. Look over major section headings and subtitles
 - c. Look at any pictures, figure, maps, or charts
 - d. Skim questions, key words, and summaries at the end of the chapter
 - e. Create a context for remembering information and get a sense of what is important

- **QUESTION**
 - a. Look at any study questions presented at the end of the material because they will help you pick out important information as you read
 - b. Create your own questions by turning titles and headings into questions
 - c. For each section in the chapter, ask these 4 basic questions:
 - i. What is the main point?
 - ii. What evidence supports the main point?
 - iii. What are the applications or examples?
 - iv. How is this related to the rest of the chapter, the book, and the subject matter?

- **READ**
 - a. Read the section actively and identify the main idea in each section
 - b. Search for the answers to the study questions and your generated questions
 - c. Makes notes in the margins to create your own organization

- **RECITE**
 - a. After reading each section, recite in your own words the main points and your answers to the questions without looking at the textbook
 - b. Recite to remember

- **REVIEW**
 - a. Go back and highlight or underline the main points in the section
 - b. Add more notes in the text and margin

Strategies to Modify the SQ3R Method of Textbook Reading

- You do not need to use this method for all reading assignments, but it is most helpful with difficult textbooks
- Select steps you find helpful and omit others
- Modify steps as needed to make the method an efficient study tool for your needs
- ***Overall, the goal is to understand and remember the important points of the chapter so that you can answer questions and apply the information!***