

Lehigh Lifestyles Week is HERE!!

Have you ever wondered if your lifestyle was healthy? Do you often have questions concerning healthy eating, safe drinking, and safe sex? If so, now is your chance to have some of the burning questions about your lifestyle answered. Come join your fellow peers for Lehigh Lifestyles Week from February 23rd until February 27th. It is an entire week devoted to improving your health and safety. Lehigh Lifestyles Week is a series fun and informative events such as panels, discussions, and giveaways. The list of events includes:

Monday

- 11-1pm Lamberton "Healthy Eats: Brunch Edition" + FREE FOOD & FREE 10 MINUTE MASSAGES!!!
- 7pm Rauch "Sexpert" Panel (+ free "Safe Play" give away pouches) [Partner with Sexperts]

Tuesday

- Lunch @ Upper UC Safe Drinking Jeopardy [Partner with Buzzed]
- Dinner @ Rathbone Rate Your Plate! Dietitian Meal Advice [Partner with Healthy Hawks]

Wednesday

- 4.10pm, Rauch Rm 271 - Documentary [Women's Center]
Generation M: Misogyny in Media and Culture

Thursday

- Dinner @ Lower UC: Rate Your Plate! Dietitian Meal Advice [Partner with Healthy Hawks]

Friday

- Lunch @ Upper UC: Spring Break Make 'n' Take

You definitely don't want to miss out on Lehigh Lifestyles Week sponsored by Lehigh's Student Senate.

Ask the Sexpert!

Come to the Sexperts Q&A with Free Give Aways! Opportunity to have all of your anonymous questions answered... Don't miss this opportunity to stay informed and get free "Safe Play" give away pouches! Panel members will be a variety of faculty and administrators from the Health & Wellness Center, Break the Silence, LGBTQA, and Sexperts.

Where: Perella Aud., Rauch 184
When: Monday, February 23, 2009
Time: 7pm

Any questions or comments, contact Nicole Albano (naa210)

Generation M

The Healthy Living committee of Student Senate and the Women's Center are showing a documentary as a part of Lehigh Lifestyle's. The documentary being showed is produced by Thomas Keith and is titled *Generation M: Misogyny in Media and Culture*. It shows how there is still remaining misogyny and sexism in American Culture. The documentary features interviews with gender violence prevention educators Byron Hurt, Jackston Katz, and Jaen Kilbourne.

Where: Rauch Rm 271
When: Wednes., February 25, 2009
Time: 4:10pm

Any questions or comments, contact Nicole Albano (naa210)

Upcoming Events for Clubs & Leaders:

Club Affairs Forum:

How to Motivate Your Organization

When: Mon., February 23rd

Where: Perella Aud, Rauch 184

Time: 5pm

**Mandatory for all Senate recognized Clubs

Any questions, contact Hana Harakova (hah211)

Spring Budget Club Meetings

When: Wed, Feb 25th & Thurs, Feb 26th

Where: Perella Aud, Rauch 184

Time: 4:15 – 5:15pm

**Mandatory for all Senate recognized Clubs

Any questions, contact Chris Basilico (cdb210)

Interested in becoming a Senate recognized club next year?? Feel free to come to these events or contact Hana Harakova (hah211)

Contact Student Senate:

Email us: insen@lehigh.edu

Visit us: www.lehigh.edu/senate

Join us on our Facebook Group: THE VOICE!

Questions about this publication, contact Munisha Mahtani (mum206)

Campus Life Improvement Promotions (CLIPs):

Facilities & Student Spaces

Arriel Rubinstein ([ajr312](#))

Community Relations

Claude Esposito ([cae211](#))

Student Advocacy & Safety

Jeff Boyarsky ([jab209](#))

Healthy Living

Nicole Albano ([naa210](#))

Transportation

Hilary Lewis ([hjl211](#))

"Through forward thinking, effective communication, and active representation, the Student Senate will develop an integrated community that is empowered to build a greater Lehigh."

SENATOR OF THE WEEK:

JEFF BOYARSKY

Chair of Student Advocacy & Safety