



Lehigh University Health & Wellness Center  
36 University Drive  
Bethlehem, PA 18015  
610-758-3870 fax 610-758-5833  
[www.lehigh.edu/health](http://www.lehigh.edu/health)

On behalf of the entire Health & Wellness Center staff, welcome to Lehigh University.

Enclosed is our Health History & Physical Examination Form and our Immunization Record, both of which must be completed and returned to the Health & Wellness Center (June 30<sup>th</sup> for Fall Admission or January 1<sup>st</sup> for Spring Admission). This information enables our staff to provide the best possible care for you and is treated confidentially. A physical examination within the past year is recommended for all new students. A physical examination within six months prior to participation in any weight training or conditioning activity at Lehigh and a Sick Cell Trait (SCT) blood test are required by the NCAA for all students who plan to participate in varsity athletics.

The Health & Wellness Center **requires** incoming students to input their immunization dates into our secure student database. Students can access this site by going to [lehigh.edu/health](http://lehigh.edu/health) and selecting Online Student Health (OSH). Once registered simply select *Immunization* then *New* and input your dates. A hard copy of the Immunization Record signed by your health care provider is still required for verification purposes and is included in this mailing. We are sorry but we cannot accept other handwritten immunization records.

We require either immunization dates or evidence of immunity to the diseases listed below. Failure to comply with these requirements will result in a block on your second semester's registration. We suggest you bring this letter to your health care provider along with the Health Form and Immunization Record.

Tetanus-Diphtheria-Pertussis vaccine – a primary series *and* a Tdap booster

MMR (Measles, Mumps, Rubella) vaccine – a primary series of 2 doses

Hepatitis B vaccine – a primary series of 3 doses

Polio vaccine – a primary series

Varicella vaccine – a series of 2 doses *or* a documented case of chickenpox

Meningococcal vaccine – You must provide documentation of MCV4, meningococcal conjugate vaccine, at age 16 or later and no more than five years prior to matriculation, if you plan to live in campus housing. If you have not yet received your meningitis vaccine and wish to receive it on Move-In day, or if you choose to decline the vaccine, the Meningitis Information Form must be completed. The Meningitis Information Form can be found on the First Year Student Portal and our website. Please complete and return the printed form to the Health and Wellness Center.

In addition, we recommend:

HPV vaccine – a series of 3 doses (bivalent or quadrivalent) for females, quadrivalent for males

Hepatitis A vaccine – a series of 2 doses, especially those planning to travel or study abroad

Pneumococcal Polysaccharide vaccine – a single dose for members of high risk groups, including smokers and those who have asthma

We **require** all new students to answer a few simple questions regarding their risk for Tuberculosis (TB). Some students will be required to be tested once on campus. While on OSH, click *TB Screen* and answer the questions.

Students who wish to receive allergy injections at the Health and Wellness Center can find a link for this information on the First Year Student Portal. This includes detailed instructions for your allergist.

The bursar's office will send you information on the university-sponsored health insurance plan, University Health Plans, [www.universityhealthplans.com](http://www.universityhealthplans.com) designed to complement the services provided free to students by the Health Center. We strongly recommend consideration of the plan even if you have other health insurance. It is particularly important for you to understand the possible limitations of your health insurance while you are attending college, including simple services such as lab tests and x-rays. Please check if you must utilize a specific lab (Quest, LabCorp). We recommend consulting your physician or insurance carrier before waiving the university health insurance. Remember to bring your insurance card with you to campus.

Please review the Notice of Privacy Policies and Procedures at [www.lehigh.edu/health/mission.shtml](http://www.lehigh.edu/health/mission.shtml) before signing the bottom of your Health Form.



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Please note that all our forms can be found at [www.lehigh.edu/health](http://www.lehigh.edu/health) as well as on the First Year Student Portal.

In summary, all incoming students must supply hard copies of:

- Completed Health Form
- Completed Immunization Record
- Completed Meningitis Information Form only if you are waiving or receiving the vaccine upon arrival on campus.

Varsity athletes (recruited or planning to try out) must also provide either:

- Documentation proving Sickle Cell Trait testing **OR**
- Completed Sickle Cell Trait Testing Waiver form (available on First Year Student Portal, our website, and Athletics website)

All entering students must complete the online:

- TB screening questions
- Immunization* dates (same information as on the paper Immunization Record)

Best wishes for a successful and healthy experience at Lehigh.

Sincerely,

Susan C. Kitei, MD  
Medical Director