
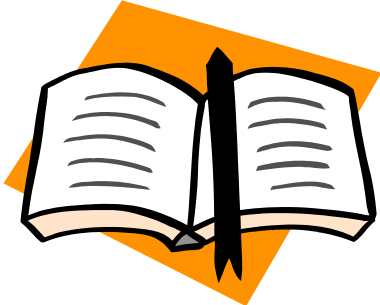
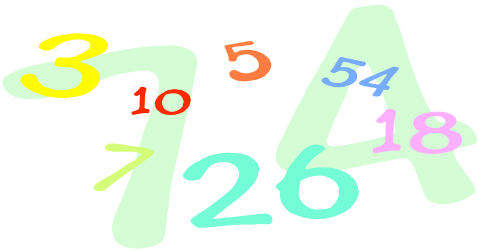




Examples
EXAMPLE 1:

Name:	
Date:	
Asking For Help Self-Monitoring Sheet	
	<p>I raised my hand to ask for help</p> 
<p>Today in Reading ...</p> 	<p>/ / / /</p> <p>Total: <u>4</u> times</p>
<p>Today in Math ...</p> 	<p>/ / / / /</p> <p>Total: <u>5</u> times</p>
<p>Total number of times I raised my hand = <u>9</u> times</p> <p>Goal = <u>6</u> times</p>	
<p>Reward for meeting my goal =</p>  	

EXAMPLE 2

Name:		
Date:		
On-Task Self-Monitoring Sheet		
Bell/Interval	On-Task	
Bell 1	YES	NO
Bell 2	YES	NO
Bell 3	YES	NO
Bell 4	YES	NO
Bell 5	YES	NO
Bell 6	YES	NO
Bell 7	YES	NO
Bell 8	YES	NO
Bell 9	YES	NO
Bell 10	YES	NO
Bell 11	YES	NO
Bell 12	YES	NO
Bell 13	YES	NO
Bell 14	YES	NO
Bell 15	YES	NO
Total number of intervals that were on task: _____		

EXAMPLE 3

Name:

Date:

Writing A Paragraph Self-Monitoring Sheet

1. I have an introductory sentence that introduces my main idea.

1. I have three sentences that support my main idea.

2. I have a conclusion sentence that summarizes my main idea.

3. All sentences are complete (subject, verb, capitalization, punctuation).

5. All words are spelled correctly.