

18th Annual Centennial School 5K Run/2 Mile Walk



DATE/TIME: Saturday, May 2, 2009 Rain or Shine
Registration: 8 a.m.-9:30 a.m.
Race: 10 a.m.

LOCATION: The Centennial School 5K is held on the scenic cross country trail of Lehigh University's Goodman Campus, Bethlehem, PA. The profits from the race benefit Centennial School. For more information, visit our website at www.lehigh.edu/centennial/ or call 610-266-6500 x224. **Dogs permitted on course.**

AWARDS: Prizes for the top three Male and Female runners in each age group will be awarded. The age groups consist of 13 & under, 14-19, 20-29, 30-39, 40-49, and 50 & over. There will also be a random drawing after the race for prizes. Refreshments during and after the race will be provided.

DIRECTIONS: **From the North RT. 22** Take RT. 378 South over South Mountain following signs for Goodman Campus Stadium/Arena: at the light halfway down the south side of the hill, turn left onto Seidersville Rd. Follow Seidersville Rd. to Mountain Drive South. Bear right to next road, College Dr. Turn right on College Dr. toward back of stadium to the start line.

From South of RT. 22 Take RT. 378 North to Black River Rd: turn right and follow to end at Bingen: Bear left/straight on Mountain Drive South to College Dr. Turn right on College Dr. toward back of the stadium and the start line.

From I-78 Take Hellertown exit, Go on Silvex Dr. (At the Wendy's) Follow Silvex Dr. to College Dr. to starting line behind stadium.

FEE: **\$20 for 5K Run/2 Mile Walk**
\$25 for 5K Run/2 Mile Walk, which includes Race T-Shirt
Make checks payable to Centennial School.
Return your completed registration form, payment, and waiver to:

Carly Graber
Centennial School
2196 AVE C, LVIP I
Bethlehem, PA 18017

Name: _____ **DOB:** _____

Street: _____ **T-Shirt:** M L XL
(\$25 Registration Fee for T-Shirt)

City: _____ **Sex:** MALE FEMALE

State/Zip Code: _____ **Participation:** RUNNER WALKER

In consideration of the use of premises or facilities owned or operated by Lehigh University and/or in consideration of permitting me to participate in the Centennial School 5K Run/2 Mile Walk on May 2, 2009 on behalf of myself, my heirs, executors, administrators, successors, or assigns, hereby release and forever discharge Lehigh University, its agents, servants, and employees of and from any and all manner of actions, cause of action, suits, damages, claims, and demands, on account of personal injury, including death, or any other cause whatsoever, which I may have against them by reason of or arising out of my participation in the above listed activity.

I understand and accept the risks involved in this activity. I certify that I am physically fit to compete in this event.

Signature of Participant or Guardian

Date