

Role of phase separation on the biological performance of 45S5 ${\bf Bioglass}^{\tiny \circledR}$

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Abstract We analyzed the biological performance of spinodally and droplet-type phase-separated 45S5 Bioglass® generated by quenching the melt from different equilibrium temperatures. MC3T3-E1 pre-osteoblast cells attached more efficiently to 45S5 Bioglass® with spinodal than to the one with droplet morphology, providing the first demonstration of the role of micro-/nano-scale on the bioactivity of Bioglass®. Upon exposure to biological solutions, phosphate buffered saline (PBS) and cell culture medium (α -MEM), a layer of hydroxyapatite (HA) formed on both glass morphologies. Although both Bioglass® varieties were incubated under identical conditions, and physico-chemical characteristics of the HA layers were similar, the adsorption

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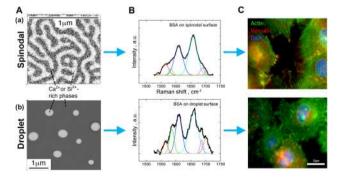
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magnitude of a model protein, bovine serum albumin (BSA, an abundant blood serum component) and its β-sheet/β-turn ratio and α-helix content were significantly higher on spinodal than droplet type Bioglass®. These results indicate that: (i) a protein layer quickly adsorbs on the surface of 45S5 Bioglass® varieties (with or without HA layer), (ii) the amount and the conformation of adsorbed proteins are guided by the glass micro-/nano-structure, and (iii) cell attachment and proliferation are influenced by the concentration and the conformation of attached proteins with a significantly better cell adhesion to spinodal type 45S5 Bioglass® substrate. Taken together, our results indicate that the biological performance of 45S5 Bioglass® can be improved further with a relatively simple, inexpensive fabrication procedure that provides a superior glass micro-/ nano-structure.

Graphical abstract A simple modification to the fabrication procedure of classic 45S5 Bioglass® generates spinodal (A(a)) and droplet (A(b)) varieties and has a significant impact on protein adsorption (B) and cell adhesion (C).





1 Introduction

A bioactive glass with the composition 24.4 mol% Na₂O-26.9 mol%CaO-2.6 mol%P₂O₅-46.1 mol%SiO₂, and called 45S5 Bioglass®, was first developed by Larry Hench in the 1960's [1]. He discovered that when placed into simulated body fluid (SBF), the 45S5 Bioglass® formed a robust hydroxyapatite (Ca₅(PO₄)₃OH) layer on its surface. which is the main inorganic component of bone [2-4]. Analysis of 45S5 Bioglass® implanted into femurs and tibias of rats, canines and monkeys showed that bone cells efficiently bonded to the glass and accepted it as a bioactive material [1, 5]. Since then, many variations of bioactive glasses have been produced, all with the purpose of engineering improved materials for tissue regeneration [1-3, 6-10]. Some bioactive glasses were, for example, designed with a specific dissolution rate, with macro-pores to allow for cells to migrate into the material, or with anti-microbial properties [6, 7, 10, 11]. Along this line, we have reported on improved bioactive glass scaffolds with TAMP (Tailored Amorphous Multi Porous) structure, which contain both interconnected nano- and macropores [11–15].

The importance of nanotopography on the ability of cells to attach to biomaterials is now well established [16, 17], and also has been demonstrated for bioactive glasses [12]. Remarkably, these studies showed that cells are able to 'sense' the nanostructure of the substrate at a scale that is approximately 1000 times smaller than the cells themselves and in the size-range of individual integrin cell-adhesion receptors (11–19 nm depending on the state of activity) [18-20]. Later, it was reported that even traditional 45S5 Bioglass® can be prepared with different morphologies related to phase separation, as determined by the melt quenching during glass fabrication procedure [21]. However, influence of the type of phase separation on the bioactivity of these materials has not been investigated. Here we report on the influence of phase separated microstructure of these differently melt-quenched 45S5 Bioglass® varieties on their ability to adsorb proteins and adhere cells, in a first attempt toward establishing the role of different morphologies of Bioglass® at the micro- and nanometer scale on cell response. To understand the difference in the response of cells, we have focused on the growth of hydroxyapatide (HA) layer and adsorption of proteins, since these processes influence the surface that is exposed to cells during attachment. In the past, the HA layer has been credited for the superior bioactive properties of 45S5 Bioglass® [22], however there is little published information about what role, if any, adsorbed proteins abundantly present in biological solutions may play toward cell attachment. Since adhered cells remain in contact with culture medium, potential changes in its chemistry have been monitored as well.



2 Materials and methods

2.1 Glass fabrication

45S5 Bioglass® (45SiO₂—24.5Na₂O—24.5CaO—6P₂O₅ by wt. %) was synthesized using melt quenching and casting in stainless steel molds. High purity (99.99 % or better: Alfa Aesar, MA, USA) carbonates (CaCO₃, Na₂CO₃), silicon dioxide (SiO₂) and calcium phosphate tribasic (Ca₅OH(PO₄)₃) powders (Alfa Aesar, MA, USA) were used as raw precursors, and melted in a platinum crucible. To induce spinodal phase decomposition, the melt was quenched from ≥ 1380 °C into preheated molds (termed "spinodal" glass). Quenching from ≤ 1370 °C produced 45S5 Bioglass® with pronounced droplet type phase separation (termed "droplet" glass) [21]. Post-cooling, cylindrical casts were cut into approximately 2 mm thin disks using a low-speed diamond-plate circular saw (Iso-Met, Buehler, IL, USA), polished to optical quality using a series of silicon carbide abrasive papers with decreasing particle size (d) (paper #120 with $d = 125 \mu m$; #240 with d $= 58 \mu \text{m}$; #800 with $d = 8 \mu \text{m}$; #1200 with $d = 3 \mu \text{m}$) and finally with 1 µm size CeO₂ powder on an automatic polishing machine (ATA, Sapphir500, Germany). Polished glass samples were cleaned in acetone prior to use.

2.2 X-ray photoelectron spectroscopy of uncoated and protein-coated glass samples

Polished and acetone-cleaned glass samples were rinsed with deionized (DI) water, dried, and characterized initially with high-resolution X-ray photoelectron spectroscopy (XPS). Then the samples were submerged into an aqueous bovine serum albumin (BSA) protein solution (2.5 mg/ml) for 2 h at room temperature. Additionally, a set of samples was sterilized by autoclaving and incubated in 1xPBS (phosphate buffered saline) at 37 °C for 3 days prior to incubation in BSA/PBS (2.5 mg/ml) solution for 2 h. All samples after immersion were washed with DI water to remove excess salts/protein and dried before XPS analyses. The high-resolution XPS measurements were performed with a Scienta ESCA-300 spectrometer using monochromatic Al K_{α} X-rays (1486.6 eV). XPS spectra were recorded in a normal emission mode, using a low energy (<10 eV) electron flood gun to neutralize surface charging from photoelectron emission. The XPS data consisted of survey scans over the entire binding energy (BE) range and selected scans over the core-level photoelectron peaks of interest. Data were collected from different locations of the same samples (at least 5/sample) as well as on different samples (n = 3/sample type) to confirm the reproducibility of results. This resulted in compositional data, calculated as a ratio between the areas of core level XPS peaks of constituent chemical elements and appropriate sensitivity factors, with maximum statistical uncertainty of $\pm 2\%$.

2.3 Raman spectroscopy of protein-coated glass samples

To characterize the structure of proteins adsorbed to glass surfaces, Raman spectroscopy measurements were performed in the $800\text{--}2000\,\text{cm}^{-1}$ range with a Horiba Xplora confocal microscope (Horiba, NJ, USA), using a 532 nm laser for excitation. Spectra collected from five different locations of each sample were averaged to increase confidence in the data. Peaks for BSA were assigned to known structural motifs (α -helix, β -sheet, and β -turn) according to published literature. To calculate β -sheet/ β -turn ratio, the β -sheet band area was divided by the average area of the two assigned β -turn bands as per Gaussian fit with all parameters freed.

2.4 SEM and ESEM surface analyses of uncoated and protein-coated glass samples

Scanning electron microscopy (SEM) images of the microstructure of the prepared glasses were acquired from freshly fractured surface of the glass samples using a Hitachi 4300 (USA) SEM in high-vacuum mode at 12,000x and 18,000x magnification. To examine the Bioglass® samples with adsorbed protein coat under physiological (wet) conditions, polished specimens were imaged as reference before protein-incubation with a FEI XL-30 environmental scanning electron microscope (ESEM) at $250\times$, $500\times$, $1000\times$, and $5000\times$ magnification using the gaseous secondary electron detector (GSE) at approximately 30% humidity. Then, samples were submerged in bovine serum albumin (BSA) (2.5 mg/ml)/DI water protein solution for 2 h at room temperature and re-imaged immediately (wet) under the same conditions. After drying of the samples, a third set of images was acquired (dry).

Additionally, to examine formation of hydroxyapatite (HA) and/or other alterations of the glass surface that may occur upon exposure to medium containing phosphate ions, images were collected using a Zeiss 1550 electron microscope. As described above, samples were pre-incubated in PBS before exposure to BSA solution, then dried overnight in a desiccator before imaging at $1000\times$, $6000\times$, and $18,000\times$ magnification.

2.5 pH, colorimetric calcium, and phosphate concentration measurements

Samples were autoclaved for sterilization followed by incubation in $1 \times$ PBS at 37 °C. After 3 days, PBS was replaced with cell culture medium (described below) and incubated for 2 and 24 hrs. The medium was collected and

pH measured immediately to prevent any potential changes due to environmental exposure. Calcium (Ca²⁺) and phosphate ion (PO₄³⁻) concentrations were measured in PBS solution and cell culture medium using Quantichrom bio kits (BioAssays Systems, Hayward, CA; Cat. # DICA-500 and DIPI-500, respectively). To measure calcium in solution a standard curve using the supplied reference solutions was generated. Five microliter of medium was incubated with 200 µl of working reagent. Reactions continued for 3 min at room temperature before absorbance was measured at 612 nm using a Tecan Infinite M200 PRO spectrophotometer. Each solution was measured in triplicate. To measure phosphate in solution, the Quantichrom Phosphate assay and a standard curve prepared using the supplied solutions was implemented. 50 µl of each sample were diluted 1:50 with DI water and incubated in a 96-well plate together with 100 µl of working reagent at room temperature for 30 min. Absorbance was measured for each solution in triplicate at 620 nm.

2.6 Cells and cell assays

MC3T3-E1 subclone 4 mouse pre-osteoblast cells (CRL-2593) were purchased from American Type Culture Collection (ATCC, Manassas, VA). Cells were maintained at standard culture conditions at 37 °C in a 5% CO₂ atmosphere and 100% humidity in complete culture medium as follows: Alpha-Modified Eagles Medium (α-MEM, Gibco/Invitrogen, Grand Island, NY, cat. # A10490-01) was supplemented with 10 % fetal bovine serum (Atlanta Biologicals, Flowery Branch, GA, Cat. # S11150), 1% L-glutamine (HyClone, Logan, UT, Cat. # 25-005-C1) and 1% penicillin/streptomycin (Corning, Corning, NY, Cat. # 30-001-Cl) according to vendor's instructions.

Before cell seeding, polished and acetone-cleaned glass samples were sterilized by autoclaving and pre-incubated in 1xPBS for 3 days at 37 °C. MC3T3-E1 cells were seeded at a density of 35,000 cells/cm² onto respective glass disks placed into 3.5 cm diameter polystyrene tissue culture dishes (Corning, Corning, NY, Cat. # 353001). Cells were processed for analysis by fluorescence detection of nuclei by incubating in DAPI solution (Molecular Probes, Eugene, OR, Cat. # D1306), actin by incubating in Alexa488phalloidin solution (Molecular Probes, Cat. # A-12379), and focal adhesions by immunofluorescence detection of the protein vinculin. In brief, cells were fixed using 3.7% formaldehyde followed by permeabilization with 0.2 % Triton X-100. Then, cells were blocked in 1 % BSA/1 \times PBS at room temperature for 1 h. The primary antibody, anti-vinculin (mouse monoclonal-Sigma, St. Louis, MO-Cat. #V9131; at 1:200), was diluted in blocking solution and incubated with cells overnight at 4 °C. A solution of 1xPBS containing DAPI (1 µg/ml:), Alexa488-phalloidin



(1:100), and secondary antibody, Alexa568-conjugated goat-anti-mouse (1:200) (Molecular Probes/Invitrogen, Grand Island, NY, Cat. # A11031) was incubated with the cells at room temperature for 1 h. Samples were placed with cells facing down in 1 x PBS into glass-bottom culture dishes (LabTek) for microscopic examination. Cells were imaged using a Nikon Eclipse TE2000-E inverted fluorescence microscope equipped with $10\times$, $40\times$, $60\times$ and $100\times$ objectives and a forced-air cooled Photometrics CoolSnap HQ CCD camera (Roper Scientific, Martinsried, Germany). Images were captured using MetaVue (Molecular Devices, Sunnyvale, CA) software version 6.1r5.

To quantify the number of cells attached to each sample, cell nuclei were counted for each of 6 images acquired with a $10\times$ objective (approximate imaging field = 1 mm^2) for each sample (2 h time point, n = 5; 24 h time point, n = 4). Statistical analyses were performed by ANOVA followed by a *Bonferroni* correction to reduce the chance of obtaining a false positive, which reduced the p-value from p = 0.05 to p = 0.0167, increasing the stringency of the statistical analyses. Average cell size was determined on images of Alexa488-phalloidin stained cells (i.e. actin) by outlining the periphery of individual cells and measuring the cell area

using ImageJ software (droplet samples, n = 44; spinodal samples, n = 23 cells). Abundance of peripheral actin (stress fibers) was analyzed by drawing $7.5 \times 7.5 \, \mu m$ squares (=55 μm^2) near the periphery of Alexa488-phalloidin stained cells. Fluorescence intensity within the square areas was measured using ImageJ (droplet-type samples, n = 40; spinodal samples, n = 27). Similarly, abundance and robustness of focal adhesions was analyzed by drawing $10 \times 10 \, \mu m$ squares (= $100 \, \mu m^2$) near the periphery of vinculin stained cells and measuring fluorescence intensity within the squares (droplet-type samples, n = 15; spinodal samples, n = 12).

3 Results

3.1 Bioglass® morphologies

By casting traditional 45S5 Bioglass® from different equilibration temperatures (≥ 1380 °C compared to ≤ 1370 °C), we produced Bioglass® samples with two types of phase separated morphologies: (i) spinodal type when the melt was quenched from temperature ≥ 1380 °C (Fig. 1a),

Fig. 1 45S5 Bioglass® varieties with different morphologies. 45S5 Bioglass® samples with spinodal and droplet type phaseseparation morphologies were prepared by quenching the melt from different equilibration temperatures following specific regimens. Representative SEM images of the two varieties are shown in a and b. Simplified schematics of the morphologies to the right illustrate that silicon enriched and depleted regions co-exist in the two 45S5 Bioglass® varieties

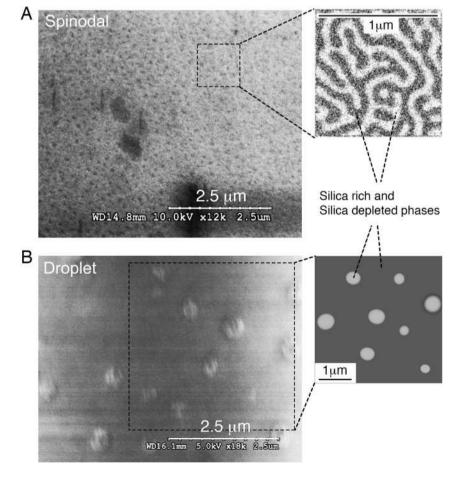




Table 1 Composition of as-polished spinodal and droplet type phase-separated 45S5 Bioglass® samples before and after exposure to 0.25% (w/v) aqueous BSA-protein solution as determined by XPS surface analyses

Sample	Composition in at%					
	O	Si	Ca	Na	P	N
Glass composition, theoretical	55.2	16.3	9.5	17.2	1.8	0
Spinodal, as polished	56.9 ± 1.2	13.9 ± 1.7	6.8 ± 1.5	20.6 ± 1.8	1.8 ± 1.0	0
Spinodal, exposed to PBS solution	61.2 ± 2.0	<1	20.9 ± 2.0	<1	16.3 ± 1.5	0
Spinodal, exposed to BSA solution	54.5 ± 1.7	14.5 ± 2.0	4.6 ± 1.7	4.3 ± 1.9	1.6 ± 1.3	20.5 ± 1.5
Spinodal, exposed to PBS then BSA solution	57.0 ± 2.0	<1	10.8 ± 2.0	<1	9.1 ± 1.5	22.0 ± 0.5
Droplet, as polished	57.0 ± 1.2	18.6 ± 1.9	6.9 ± 1.5	15.5 ± 1.8	1.9 ± 1.1	0
Droplet, exposed to PBS solution	60.6 ± 2.0	<1	22.2 ± 2.0	<1	15.8 ± 1.4	0
Droplet, exposed to BSA solution	56.3 ± 1.8	18.4 ± 2.0	4.3 ± 1.8	6.5 ± 2.0	1.7 ± 1.5	13.4 ± 1.6
Droplet, exposed to PBS then BSA solution	55.9 ± 2.0	<1	15.8 ± 2.0	<1	12.5 ± 1.5	14.7 ± 0.5
Hydroxyapatite (HA)	60.8		21.7		13.0	

and (ii) droplet type when quenched from temperatures <1380 °C (Fig. 1b) [21]. The scale of droplet type phase separation in the glass is on a submicron scale, whereas the scale of spinodal phase separation was found to be much smaller (Fig. 1) [21].

In order to evaluate their chemical characteristics, the surfaces of the two Bioglass® varieties were analyzed by XPS in their pristine and polished states. Analyses described earlier [21] demonstrated that the overall chemical composition of both pristine glass varieties were nearly identical. In addition, their compositions were very similar to the calculated theoretical composition (Table 1). Both findings confirm their chemical identity as 45S5 Bioglass®. After polishing, a slight difference in the surface concentration of sodium and silicon was detected between the two sample types (Si: $13.9 \pm 1.7\%$ in spinodal, and $18.6 \pm$ 1.9% in droplet; Na: $20.6 \pm 1.8\%$ in spinodal, and $15.5 \pm$ 1.8% in droplet, Table 1). This difference may be due to Na⁺ leaching out more efficiently from the droplet than the spinodal-type phase separated glass samples; or a more pronounced Na⁺ ion migration during polishing towards the surface in spinodal samples [23]. However, these changes were observed in a thin surface layer after polishing only. The underneath bulk composition was found to be comparable for both droplet and spinodal-type phase separated glass samples, and close to the theoretical value of 45S5 Bioglass® [21].

3.2 Attachment and morphology of cells seeded on Bioglass® varieties

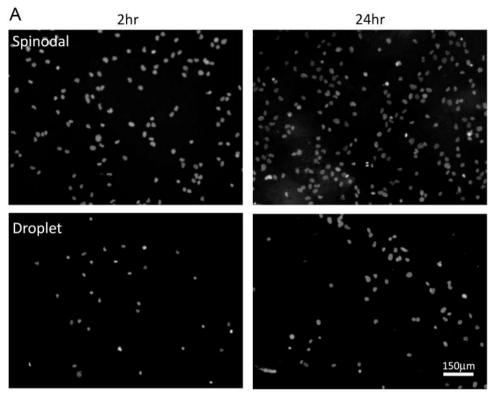
MC3T3-E1 pre-osteoblast cells, frequently used in studies investigating the osteo-inductive properties of bioactive glasses [24, 25], were seeded onto the surface of spinodal and droplet type Bioglass® samples. Attached cells were

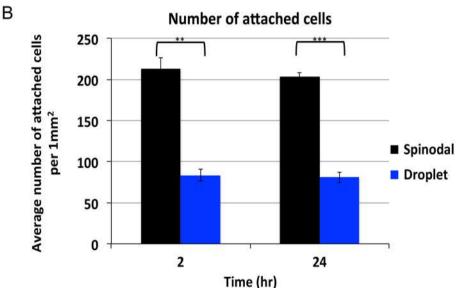
fixed after 2 and 24 h and processed for the detection of cell nuclei using fluorescent chromatin (DAPI, blue) staining (Fig. 2a). Cell nuclei were counted to determine the number of cells that had attached to the surface of the glasses. After merely 2 h, based on the number of attached cells a clear preference of the cells for the glass samples with spinodal morphology compared to the droplet morphology (n = 5)was observed. On average more than double the number of cells (spinodal: 203 ± 4.4 cells vs. droplet: 80.8 ± 6.5 cells) attached to the surface of spinodal phase-separated glass samples compared to droplet type phase-separated glass samples (Fig. 2b). A similar result was observed after 24 h (spinodal: 213 ± 13.2 cells vs. droplet: 84 ± 7.5 cells, n = 4), with more than 2 times the number of cells attached to the spinodal glass than the droplet glass (Fig. 2a, b). Together, these results indicate that MC3T3-E1 cells attached more efficiently to spinodal than to droplet type phase-separated Bioglass® samples.

To determine whether the preference of cells for spinodal glass was also supported by morphological features that typically are associated with cell attachment, we stained the actin cytoskeleton and focal adhesions in cells on both glass varieties after 2 h of exposure. Cellular actin organization was detected by decorating actin with Alexa488-labelled phalloidin (green). The presence, number and robustness of assembled focal adhesions were assessed by fluorescence labeling using an antibody targeting vinculin (red), a protein localizing to focal cell adhesion complexes. We observed that cells growing on the spinodally phase separated Bioglass® samples assembled robust actin stress fibers that preferentially ended in pronounced focal adhesions as is typical of cells growing on stiff substrates. By comparison, cells growing on droplet type phase-separated glass samples assembled an array of much thinner, disoriented actin fibers and only a few, not well-developed vinculin-based focal



Fig. 2 MC3T3-E1 preosteoblast cells attach more efficiently to spinodally phase separated Bioglass®. a Equal numbers of MC3T3-E1 pre-osteoblast cells were seeded onto polished. spinodal and droplet-type Bioglass® varieties. Cells were fixed 2 and 24 h post seeding and cell nuclei stained with DAPI. Representative images are shown. b Quantitative analyses based on counting nuclei of five samples and of five areas for each glass type revealed that on average more than two times the number of cells attached to Bioglass® samples with spinodal compared to droplet type morphology





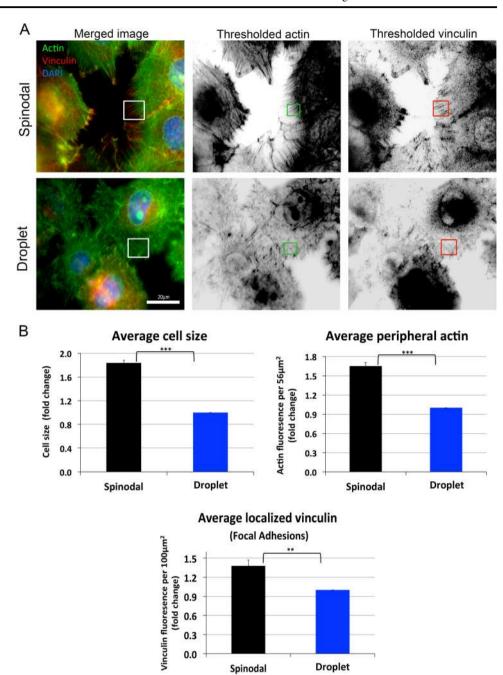
adhesions (Fig. 3a, images in column 1). This significant difference in morphological organization was further exemplified when monochromatic images representing the actin and vinculin channels were black/white inverted and thresholded to enhance the appearance of stress fibers and of focal adhesion complexes (Fig. 3a, images in columns 2 and 3).

To quantify actin and vinculin signal strength, fluorescence intensity of both was measured inside defined squares that were placed in comparable peripheral cytoplasma

regions of cells (green and red example squares shown in Fig. 3a). Quantitative analyses (Fig. 3b) showed that cells growing on spinodal glass, on average assembled 65% more stress fibers than cells growing on the droplet glass as indicated by increased peripheral actin fluorescence intensity (Fig. 3b, top right). In addition, we detected 38% more focal adhesion-localized vinculin in cells growing on spinodal samples, indicating that cells growing on spinodal type glass attached more readily to their substrate (Fig. 3b, bottom). Lastly, we observed that the cells growing on



Fig. 3 MC3T3-E1 preosteoblast cells attach more robustly to spinodally phase separated Bioglass®. a MC3T3-E1 preosteoblasts were seeded onto spinodal and droplet-type Bioglass® samples, fixed and stained 2 h post seeding for actin (phalloidin, green), integrinbased focal adhesions (vinculin. red) and cell nuclei (DAPI, blue). Representative merged images are shown. Monochrome images of actin and vinculin fluorescence channels were black/white converted and thresholded for quantitative analyses. **b** Fluorescence intensities inside defined squares placed in cytoplasmic, plasma membrane-adjacent regions (example squares are shown in a) were quantified, averaged and graphed. Note that cells on spinodal-type samples assemble robust, well-organized stress fibers that often end in pronounced integrin-based focal adhesions. In contrast, cells growing on droplet-type samples assembled much less pronounced, less organized actin filaments and only a few, not well-developed focal adhesions (color figure online)



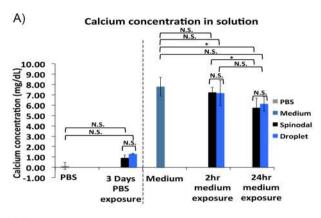
spinodal type samples on average occupied approximately 84% more surface/cell area compared to cells that attached to droplet type glass (Fig. 3b, top left), indicating that they spread out much faster. Together, these data demonstrate that the cells were able to recognize, differentiate and react to the underlying glass surface.

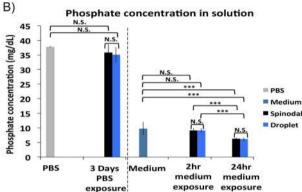
3.3 Chemical behavior of Bioglass® varieties exposed to biological solutions

To better understand cell behavior in respect to Bioglass® substrate we next investigated Bioglass® performance upon

exposure to biological solutions. As ions dissolving from Bioglass® may influence the formation of HA by increasing the local concentration of calcium and phosphate ions in solution [2, 26], or by changing the pH of the solution [27–29], and this may influence cellular activity [27, 28], we analyzed the concentration of calcium (Ca²⁺) and phosphate (PO₄⁻³) ions and the pH in the solutions before and after exposure to the differently phase separated Bioglass® samples. We chose to use PBS (phosphate buffered saline) and cell culture medium for these analyses, as both are physiological solutions that are used routinely when culturing cells as opposed to simulated body fluid (SBF)







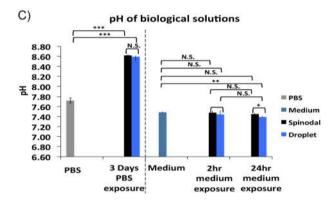
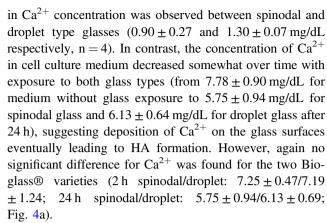


Fig. 4 Effects exposing spinodal and droplet phase-separated Bioglass® samples to biological solutions: calcium, phosphate, and pH. The concentration of Ca ($\bf a$) and P_i ($\bf b$) and the pH ($\bf c$) was measured in phosphate buffered saline (PBS) and cell culture medium before and after exposure to either spinodal or droplet-type phase separated bioactive glass. Ca, P_i, and pH decreased slightly overtime, however no significant differences were detected between the two Bioglass® varieties

which is not appropriately formulated for the culture of mammalian cells [29].

As expected, since PBS does not contain Ca²⁺ ions, no calcium was detected in PBS solution before exposure to glass samples, and only a small amount of Ca²⁺ was detected in the PBS solution after incubation with either glass type (Fig. 4a), suggesting some leaching and/or dissolution of the samples. However, no significant difference



A similar result was obtained for $PO_4^{\ 3}$ –(Fig. 4b), with an overall decrease of $PO_4^{\ 3}$ - in solution over time, but no significant difference in the concentration of $PO_4^{\ 3}$ - between spinodal and droplet samples at any time point. The concentration of $PO_4^{\ 3}$ – in PBS solution decreased from 37.8 \pm 0.2 mg/dL (n = 4) before glass exposure to 35.8 \pm 2.8 mg/dL for spinodal glass and 35.0 \pm 2.6 mg/dL for droplet glass. Additionally, the concentration of $PO_4^{\ 3}$ - in culture medium decreased from 9.7 \pm 2.3 mg/dL (before exposure) to 9.1 \pm 0.8 and 9.1 \pm 0.7 mg/dL after 2 h and 6.3 \pm 0.6 and 6.2 \pm 0.8 mg/dL after 24 h for spinodal and droplet glasses, respectively (Fig. 4b), again correlating with the formation of HA on the glass sample surfaces.

A comparable result was also obtained when pH of Bioglass®-exposed biological solutions was determined. On average, the pH of PBS solution before exposure to glass was 7.72 ± 0.05 and increased to 8.62 ± 0.02 (spinodal) and 8.59 ± 0.02 (droplet) after a 3-day incubation period. The pH of cell culture medium before exposure to glass was very similar to the pH of PBS $(7.48 \pm 0.02, n = 4)$ (Fig. 4c), however in contrast to PBS remained almost unchanged during Bioglass® exposure. After 2-h the pH measured 7.48 ± 0.03 for spinodal and 7.44 ± 0.08 for droplet glass exposed medium samples. After 24 h, the pH dropped slightly to 7.45 ± 0.03 for spinodal, and $7.39 \pm$ 0.02 for droplet glass exposed medium samples (Fig. 4c). Together these data indicate that droplet and spinodal type Bioglass® varieties exhibit very similar dissolution characteristics in biological fluids.

3.4 Formation of hydroxyapatite on Bioglass® varieties

Generally, good biological performance of bioactive glasses is attributed to the formation of a layer of hydroxyapatite (HA) on its surface, which is credited with providing the material with bioactivity [22]. As can be inferred from the comparison of the samples' surface composition obtained through XPS analysis and theoretical composition of HA (Table 1), a HA layer had indeed formed after a 3 day incubation period in PBS solution. As indicated by our



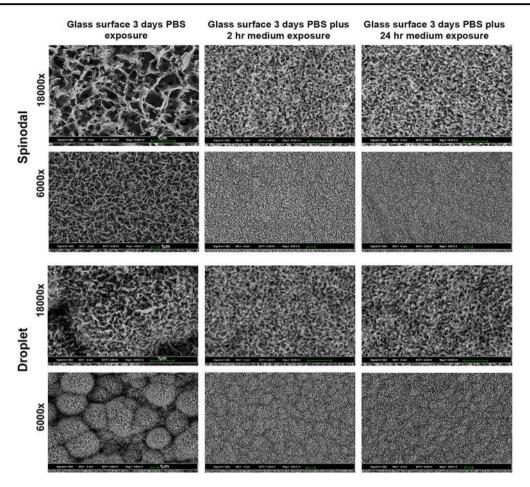


Fig. 5 Surfaces of Bioglass® varieties after incubation in PBS and cell culture medium. Spinodal (top panel) and droplet type (bottom panel) phase-separated Bioglass® samples were investigated by scanning electron microscopy (SEM) after incubation in PBS for 3 days (left columns) and after an additional 2 or 24 h incubation in cell culture

medium (middle and right columns respectively). A pronounced HA coat developed on both Bioglass® varieties that appeared more comparable when samples were incubated in PBS followed by cell culture medium as was done in cell culture experiments described in Figs. 1 and 2

measurements summarized in Table 1, there is little observable difference in the concentration of calcium and phosphate on the two Bioglass® varieties, suggesting that the composition of the HA layers was essentially the same. Notwithstanding, to assess the physical structure of the respective HA layers, samples were imaged by SEM after exposure to PBS for 3 days at 37 °C. SEM analyses confirmed the formation of HA layers on both glass varieties (Fig. 5). Both samples were found to be covered with dense, intertwined long lamella- or plate-like HA crystals. However, on the fine structure (18,000× magnification), the HA crystals on the spinodal type Bioglass® appeared larger in size and less densely packed compared to the crystals that formed on the droplet type Bioglass®. In addition, lower magnification analyses (6000× magnification) indicated that on spinodal type Bioglass®, HA deposited as a more or less homogenous smooth layer of lamella-like crystals, whereas on droplet type Bioglass®, HA formed 'boulders'

reminiscent of the underlying phase separation. In fact, the center-to-center distance between HA boulders correlated well with the phase-separation features of the droplet type Bioglass® samples (compare Figs. 1 and 5).

Since Bioglass® samples were pre-incubated for 3 days in PBS followed by incubation in medium when cells were seeded on the glass samples, analyses of the structure of the HA coat that formed under these conditions was performed as well. The resulting SEM images convincingly show little variation in the structure of the HA crystals once the glass samples were submerged in cell culture medium after either 2 or 24 h (Fig. 5, middle and right panels). Moreover, pronounced HA 'boulders' that were detected on droplet-type Bioglass® samples after incubation in PBS solution partially disappeared, making the overall morphology of HA coats that formed on both Bioglass® varieties much more similar (Fig. 5, middle and right panels).



3.5 Adsorption of protein to Bioglass® variety surfaces —ESEM and XPS analyses

To investigate whether spinodal and droplet type Bioglass® varieties would absorb a coat of proteins to their surface when exposed to bodily fluids, we incubated the samples in a model protein solution, bovine serum albumin (BSA), that is abundantly present in blood serum as well as in the serum component of cell culture medium [30]. We first applied environmental scanning electron microscopic (ESEM) analyses of wet and dry Bioglass® samples that were incubated in BSA-solution or not. All samples appeared similarly un-contoured, both at lower [$500\times$] and higher ($5000\times$) magnifications, suggesting that if a protein coat had formed, it must be thin and overall of homogenous appearance (Fig. S1). Note these samples were not preincubated in PBS solution; hence no HA coat is present on the samples.

Next, we used XPS to better determine whether a coat of protein had adsorbed to the sample surfaces. A pronounced nitrogen (N) signal was detected by XPS analyses on all samples that were submersed in BSA-solution (Fig. S2) but not on the bulk glass, indicating that indeed a protein coat had formed on the surfaces of the BSA-incubated samples. Moreover, the percentage of nitrogen detected in the BSAcoated spinodal type Bioglass® samples was significantly higher compared to droplet type samples $(20.5 \pm 1.5\%)$, compared to $13.4 \pm 1.6\%$, Table 1), suggesting that more protein adsorbed to spinodal compared to droplet-type Bioglass® samples. Additionally, the amount of Ca and particularly the amount of Na detected by XPS on the glass samples immersed in BSA solution was significantly reduced (Ca on spinodal: $6.8 \pm 1.5\%$ before, $4.6 \pm 1.7\%$ after immersion; Ca on droplet: $6.9 \pm 1.5\%$ before, $4.3 \pm$ 1.8% after immersion; Na on spinodal: $20.6 \pm 1.8\%$ before, $4.3 \pm 1.9\%$ after immersion; Na on droplet: $15.5 \pm 1.8\%$ before, $6.5 \pm 2.0\%$ after immersion, Table 1), further suggesting that a thin layer of protein had coated the Bioglass® surface.

Additionally, XPS analyses of the surfaces of spinodal and droplet Bioglass® samples after 2 h pre-incubation in PBS (and hence with a layer of HA present on their surface) led to a significant difference in the detection of nitrogen (Table 1), indicating that BSA robustly adsorbed to both, HA and polished Bioglass® sample surfaces; and again, that more protein adsorbed to the HA layer on spinodal type Bioglass® compared to the amount adsorbed to HA-coated droplet-type Bioglass® surfaces (concentration of N ~ 22.0 \pm 0.5 vs. 14.7 \pm 0.5%, Table 1). Combined, our data indicate that indeed a thin protein film (still allowing detection of the underlying glass and HA chemistry) had formed on both Bioglass® surfaces (too thin for ESEM detection),

with significantly more protein adsorbing to spinodal Bioglass® samples.

3.6 Conformation of proteins adsorbed on Bioglass® samples—Raman spectroscopy

To investigate whether BSA adsorbed to spinodal and droplet phase separated Bioglass® varieties adopted different conformations we applied Raman spectroscopic analyses. Both, infrared (IR) and Raman vibrational spectroscopies have been used successfully in the past to analyze the conformational state of proteins such as BSA adsorbed on different glass surfaces [31-35]. The amide groups of proteins possess nine characteristic vibrational modes or group frequencies [35]. Of these, the most useful for vibrational spectroscopic analysis of the secondary structure of proteins in aqueous media is the so-called Amide I band located between ~1600 and 1700 cm⁻¹ [31–35]. This band represents primarily the C=O stretching vibrations of the amide groups coupled to the in-plane N-H bending and C-N stretching modes [32, 33, 35]. The exact frequency of this vibration is determined by the particular secondary structure adopted by the polypeptide chains. However, when conformations of proteins in solution are of interest, Raman spectroscopy is usually preferred over IR spectroscopy as the signal at 1645 cm⁻¹ from water is very weak in Raman spectra (corresponding vibrations have very low Raman activity) and thus does not interfere with the reliable detection of the critical Amide I band. The Raman Amide I band representing the contours of BSA protein and shown in Fig. 6 consists of a number of overlapping component bands, representing α -helices, β -sheets, β -turns and non-ordered structures comparable to previous analyses [31–35]. The exact assignments of the observed Raman peaks in the Amide I band (shown in Fig. 7a-c) were made on the basis of known data [32, 33, 35], and are summarized in Fig. 7d. Decomposition of the experimental Raman spectra of the Amide I band into Gaussians (Fig. 7d) allows for evaluating the β-sheet/β-turn ratio, which is known to indicate biocompatibility of the material under consideration [31, 34, 35]. We determined a 2–3 times higher β -sheet/ β-turn ratio and also an increased α-helix content for BSApolypeptides adsorbed to spinodally phase separated Bioglass® in comparison to droplet type phase separated glass (Fig. 7d). Interestingly, the α -helix content in BSApolypeptides adsorbed on both Bioglass® varieties was lower compared to lyophilized BSA, further indicating that the conformation of BSA-polypeptides adsorbed on the Bioglass® samples was modified (less ordered). This observation is in agreement with previous findings on proteins adsorbed to other biomaterials [16, 36].



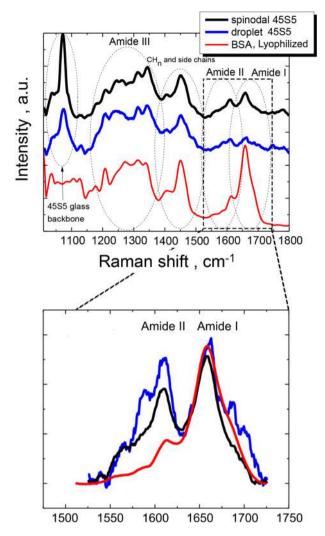


Fig. 6 Raman spectra of protein-coated Bioglass® varieties. Representative Raman spectra of lyophilized bovine serum albumin (BSA, red), and 45S5 Bioglass® varieties after incubation in aqueous BSA solution (spinodal, black; droplet, blue). Note the Amide I and II bands (enlarged and superimposed below) in all samples indicative of a protein layer that adsorbed on the glass sample surfaces (color figure online)

4 Discussion

Conventional 45S5 Bioglass® invented by Hench in the 1960s has mostly been considered to be a structurally homogeneous, single phase glass [1, 10, 37, 38]. However, this may not always be true [39–41], as the morphology of Bioglass can for example be modulated following a simple melt-quench procedure, resulting in spinodal vs. droplet-type phase separation [21]. In the Bioglass® samples investigated here, the two types of phase-separation arise from the difference in the melt temperature just prior to casting and the quench rate during solidification [21]. We show that the type of phase separation can have a pronounced effect on cellular response. Thus, better

understanding Bioglass®/cell interaction appears crucial for the future design of improved bioactive glass applications.

When seeding MC3T3-E1 pre-osteoblast cells on the two phase-separated Bioglass® varieties we found that, on average, more than double the number of cells attached to the surface of spinodal glass at 2 and 24 h post seeding as compared to droplet-type phase-separated Bioglass® samples. Increased cell adhesion correlated with significantly increased cell spreading (individual cells on average covered 84% more area on spinodal glass samples), the formation of significantly more, and more robust stress fibers (by 65%), and better-developed focal cell adhesions (by 38%). What then causes the difference in cellular behavior?

As adhered cells are surrounded by culture medium, it is feasible to post that spinodal and droplet Bioglass® varieties differently modify the culture medium (e.g. pH, and the ability to form a HA coat), which in turn would affect cell response. However, when we incubated spinodal and droplet-type phase-separated Bioglass® samples in biological solutions (PBS, cell culture medium), we only observed minimal changes in pH that remained well within the physiological range of biological systems [42, 43]; and both Bioglass® varieties exhibited very similar dissolution characteristics (concentration of Ca²⁺ and PO₄³— in solution over time).

SEM as well as XPS analyses showed that on both Bioglass® varieties a robust layer of HA formed within 3 days in PBS. The chemical composition and the fine structure of the HA crystals was similar on both Bioglass® varieties consisting of comparable dense, intertwined long lamella- or plate-like HA crystals (Fig. 5), yet composed of crystals exhibiting a somewhat different size (Fig. 5, left panels). However, resulting surface roughness differences on this scale are unlikely to produce a discernable difference to the attachment and performance of MC3T3-E1 cells [44]. Interestingly, the morphology of the formed HA layer corresponded to the underlying Bioglass® morphology, with spinodal phase separated samples accumulating an overall homogeneous layer of HA crystals, while droplettype phase-separated samples accumulated a layer of boulder-like HA clusters. As expected, the boulder center-tocenter spacing correlated well with the phase-separated pattern of this Bioglass® variety (compare Figs. 1 and 5). However, when samples were incubated in cell culture medium after exposure to PBS (as was done with Bioglass® samples examined for cell attachment), HA boulders partially disappeared and were much less pronounced, making both HA coats morphologically similar (Fig. 5, middle and right panels), suggesting that differences in HA coat formation also only has a minor impact on cell response.

Intriguingly, XPS analyses further indicted that both Bioglass® varieties absorbed a layer of proteins, either adsorbed directly to the polished glass surface (if samples



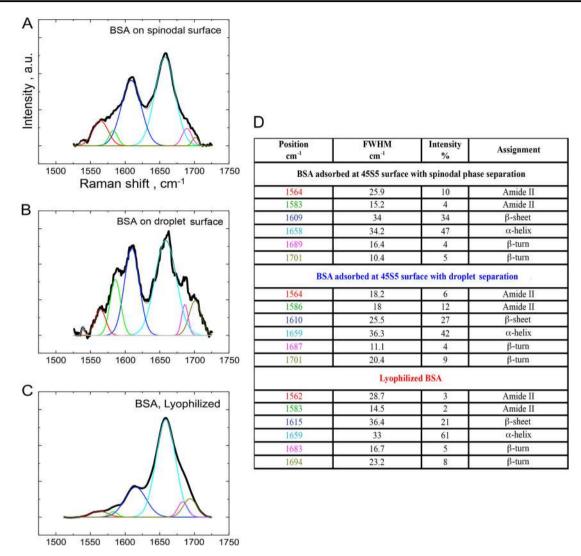


Fig. 7 Gaussian fittings of Raman spectra indicate a different conformation of BSA adsorbed to spinodal and droplet Bioglass® varieties. Gaussian fittings (colored lines in graphs **a** to **c**) of Raman spectra of dried, BSA-protein coated spinodal (**a**), and droplet type phase separated 45S5 Bioglass® samples (**b**); and **c** of lyophilized BSA. **d** Quantitative analyses of Gaussian fittings of Raman spectra

recorded for samples $\bf a$ to $\bf c$ and assignment of corresponding secondary protein structures according to previously published studies. Note the increased β -sheet and α -helix content of BSA adsorbed to spinodal compared to droplet type phase-separated Bioglass® samples (depicted in red). *FWHM* full width at half maximum of Gaussians

were not incubated in PBS solution or cell culture medium), or on top of the HA layer (see Table 1). As XPS only probes the top ~ 10 nm of a sample surface, and in all cases the glass or HA chemistry was detectable underneath the protein coat (as indicted by the signal for Si, Ca, and Na, none of which is present in proteins, see Table 1), our results indicate that the protein coat likely is thin, consisting of only 1–2 layers of protein molecules, consistent with reports on protein films that adsorb to the surfaces other biomaterials [16, 17, 45–50]. In its mature, soluble form BSA is a globular protein, which consists of 583 amino acid residues, has a molecular weight of 66.5 kDa, and measures $14 \times 4 \times 4$ nm in diameter [51, 52]. We chose bovine serum

albumin (BSA) as a model protein, although it likely is not the protein species that directly interacts with integrin cell adhesion receptors (it has no arginine-lysine-aspartic acid-based amino acid integrin binding sequences, commonly known as RGD signals). However, BSA is abundantly present in blood and the serum component of cell culture medium (61% of all protein present [30]), and thus has the potential to readily adsorb onto the surface of bioactive glasses when exposed to body fluids. Likely, BSA also mediates the adsorption of other, less abundant serum proteins (e.g. ECM proteins) [53], further supporting a critical role of BSA in mediating cellular response to biomaterials surfaces.



Interestingly, we found that significantly more protein adsorbed to spinodal Bioglass® samples compared to droplet-type samples (20.5 \pm 1.5%, compared to 13.4 \pm 1.6%, Table 1), suggesting that the adsorbed protein potentially formed a thicker, or more homogenously distributed film that may contribute to the better biological performance of the spinodal phase separated Bioglass® samples. Remarkably, Raman spectroscopy further indicated a 2-3 times higher β-sheet/β-turn ratio of BSApolypeptides adsorbed to spinodally phase separated Bioglass® samples in comparison to BSA polypeptides adsorbed to droplet type phase separated samples. Higher βsheet/β-turn ratios of adsorbed proteins have been correlated with an increased biocompatibility of protein-coated surfaces [31, 34, 35]. Furthermore, the α -helix content in BSApolypeptides adsorbed to both Bioglass® varieties was lower compared to the α -helix content of solubilized BSA. As BSA in solution is a well-ordered protein, exhibiting approximately 60% α -helicity [54–56], the observed decrease in α -helicity indicates that BSA polypeptides are less folded when adsorbed to Bioglass®. These observations correlate well with conformational alterations seen generally in proteins that adsorb to other surfaces [16, 36].

As it is now well accepted that proteins in solution (e.g. blood, lymph, or cell culture medium) are readily and robustly adsorbed on the surface of bioactive materials [16, 17, 45–50], we expect that cells did not attach directly to the native Bioglass® surface or to the HA layer, but through a protein film that adsorbed onto the surface of the scaffolds (or the HA layer). The adsorption of proteins on a surface is based on several characteristics of both the material and the protein [16, 17, 47, 49, 50]. Characteristics of the protein include size, charge, and structural stability. For example, larger proteins or structurally unstable proteins that may unfold on contact to a surface are likely to cover a greater surface area on the material compared to smaller, more stable proteins [49, 57]. Additionally, the charge or surface potential, heterogeneity, hydrophilicity/ hydrophobicity, composition, and topography of the surface of the material, as well as the pH of the environment can affect how proteins are adsorbed and ultimately affect the material's biological performance [49, 58]. Since HA has been used in protein chromatography for years [59], there is some understanding of how proteins interact with this material. Like the interaction of proteins with other substrates, the main form of interaction is ionic, for example negatively charged carboxyl and phosphate groups of proteins will interact with positively charged calcium of HA [60, 61]. In addition, it has been suggested by Luo and Andrade 1998 [62] that there is cooperativity of adsorption. Cooperativity may be dependent on several factors, including protein conformation. Indeed, one can imagine that as proteins unfold upon adsorption to a substrate (as observed above by the change in α -helical content), their interactions with other proteins may change since new amino acid side chains may be exposed, allowing additional or different proteins to adsorb to the substrate surface.

Whether the glass surface was activated by HA or not apparently did not significantly influence the amount of BSA that adsorbed to the surface of Bioglass®, as the amount of nitrogen detected by XPS analyses was comparable on both, HA-coated and as-polished, uncoated samples. Similarly, Garcia et al. found no difference in the amount of fibronectin (an extracellular matrix protein) that adsorbed to the surface of bioactive glass either unreacted or reacted for 1 day and 7 days in simulated body fluid (SBF) [63]. Furthermore, they found that cells attached more strongly to the glass that had been reacted to form HA and attributed it to the morphology of the adsorbed proteins. In this context, our results suggest that HA formation per se is not required for a glass to be considered bioactive, as proteins present in biological solutions will—upon exposurelikely absorb immediately to the glass surface. However, nanoscale structure of HA, when present, will likely modulate the level of bioactivity by influencing the amount and conformation of proteins that adsorb. We believe that the results described here for BSA will likely extend to other proteins commonly found in cell culture medium, such as fibronectin, since similar results have been reported in literature for the adsorption of other proteins on HA [60–63]. Taken together, our results provide evidence that cell attachment to 45S5 Bioglass® is mediated by a protein layer whose conformational state on spinodally phaseseparated glass samples evidently represents a more favorable attachment surface for MC3T3-E1 pre-osteoblast cells. This type of surface makes spinodal Bioglass® varieties biologically favorable over droplet-type phase separated varieties. Apparently, these characteristics are more conducive for cell attachment and proliferation on spinodal than droplet type phase separated Bioglass®.

Although there are potential applications of bulk glasses as prepared here, some bioscaffolds for bone regeneration are prepared by sintering Bioglass® powder. The process of sintering has its own advantages and disadvantages. As a rule, sintering means heating to higher than glass transition (T_{o}) temperatures, which can result in phase separation and partial crystallization of the Bioglass® leading to the formation of glass-ceramics of complex microstructure. Moreover, phase separation initially present in the parent glass used for sintering has a profound impact on the crystallization of powder particles [21, 64], which, in turn, would have an impact on bioactivity of the scaffold. Therefore, the bioactivity of scaffolds prepared using a sintering method would also depend on nanoscale phase separation of parent glass, which depends on quenching temperature and rate investigated here. Therefore, for



applications using bioactive glass like 45S5 Bioglass® or glass-ceramic as bulk or as sintered powder, its biological performance can be improved further by implementing a relatively simple, inexpensive fabrication procedure that provides a superior nanostructure of the glass.

5 Conclusions

Several important conclusions can be drawn regarding the influence of nano/microstructure of bioactive glass on cell response. The present results demonstrate that firstly a thin film of protein is adsorbed on both spinodal and droplet varieties of 45S5 Bioglass whether or not an HA layer is present. Thus, the cells do not interact with glass directly. Secondly, BSA protein attaches more efficiently on spinodally phase separated 45S5 Bioglass than on droplet type phase separated 45S5 Bioglass of the same composition. Thirdly, MC3T3-E1 pre-osteoblast cells show a significantly stronger preference for attaching to the spinodal morphology compared to the droplet morphology.

Further, the cell-attachment to 45S5 Bioglass is mediated by a protein layer whose amount and conformational state depend on the local chemistry and nanoscale structure of underlying Bioglass/HA surface. These characteristics are more conducive for cell attachment and proliferation on spinodal than droplet type phase separated glass. Evidently, the biological performance of 45S5 bioglass and very likely of other bioactive glass and glass-ceramics can be improved further with a relatively simple, inexpensive fabrication procedure that provides optimized micro-nano structure of glass. Overall, the present results provide new insight into the interactions of proteins and cells with Bioglass scaffolds that should be considered for the future development and use of bioactive glass scaffolds.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no competing interests.

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